Annapurna Circuit and ABC Trek – 20 Days: Equipment checklist

Gear List

It is always best for trekkers to pack light but smart. Trekking with a heavy backpack is physically draining and can result in injuries. You can hire a porter to carry your belongings, but the maximum weight limit per person is 9 to 10 kg. Nepal Alternative Treks provides a porter for our customers, i.e., one porter for every two trekkers. Therefore, remember the weight limit while packing.

While shopping for trek equipment and gear, we suggest you invest in high-quality ones. But if you have a limited budget, you can rent gear. There are plenty of rental shops around Thamel, Kathmandu.

Gears required for the trek vary depending on destination and season. A comprehensive list of gear for all activities is listed on our dedicated page of Trekking Gear List

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