NEPAL ALTERNATIVE
TREKS & EXPEDITION
An alternative way of touring...

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Australian Camp with Sarangkot Hiking – 3 Days

URL: https://nepalalternativetreks.com/trip/australian-camp-hiking/

3 Days Australian Camp with Sarangkot Hike Quick Information

Weather
5°C to 23°C

Duration
3 Days

Difficulty
Easy

Accommodation
Lodges/Hotels/Resorts

Meals Included
Breakfast, Lunch, Dinner

Transportation
Private overland

Daily Activity
Approx. 5 – 6 hours

Religion
Buddhist, Hindu

Ethnic People
Gurung

Region of Nepal
Annapurna Region, Kaski

Max Altitude
2400m./7920ft.

Per Person Cost
USD 170

Best Season
Sept, Oct, Nov, March, April, May

Geographic Terrain
Hills, Forest, Village

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 – 4	USD $170.00
Group Of 5 – 8	USD $150.00
Group Of 9 – 12	USD $130.00
Group Of 13 – 18	USD $110.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Overview Of 3 Days Australian Camp with Sarangkot Hiking

3 Days Australian Camp Hiking starts a hike from Dhampus and end in Phewa Lake. We drive passing beautiful Phedi and the typical village Dhampus along the way. It is a Gurung Village which is inhabited by a majority of Gurung and also living Brahman and Magar communities. We will start hiking from Pothana then a short ascend to Australian camp. It offers a spectacular view of the Himalayan ranges including the Anapurna and Machhapuchhare in the clear sky from Australian Camp.

We will see panoramic views of Annapurna (8091m/ 26,545ft), Dhaulagiri (8167m/ 26,795ft), Machhapuchare (the sacred mountain), Annapurna south(7240m./23892ft.) and Himchuli(6440m./21252ft.) including other 10 peaks over 6000 meter. We then head towards Sarangkot walking via Kande, Naudanda and Kaskikot. This area also offers you views of the Pokhara Valley with all its natural beauty. Sarangkot is another spot renowned for seeing the sunrise over the Himalayas.

About Us

At **Nepal Alternative Treks and Expedition**, we put our efforts to create and operate trips to various parts of Nepal. We have a great team of skilled guides and porters to assist travelers. Thus, we provide our finest people and services to cater to your needs. Also, we allow you to easily change the itineraries as per your liking.

Highlights Of 3 Days Australian Camp with Sarangkot Hiking

- Panoramic view of the Annapurna, Fishtail, Dhaulagiri, Himchuli and Manaslu from Australian camp.
- Experience the remote local culture, traditions, and heritage of Dhampus, Naudanda, Kaskikot and Sarangkot.
- Stunning view of Fewa Lake, Pokhara city and Annapurna ranges with amazing Sunrise from Sarangkot
- Natural and cultural exploration during hiking

Weather

January
5°C to 14°C

February
6°C to 16°C

March
8°C to 18°C

April
10°C to 20°C

May
12°C to 22°C

June
14°C to 23°C

July
14°C to 23°C

August
13°C to 22°C

September
12°C to 21°C

October	November	December
10°C to 19°C	8°C to 17°C	9°C to 18°C

3 Days Australian Camp Hiking Itinerary

Day 1: Drive to Dhampus – Hike to Australian camp

After breakfast, Jump on vehicle, it takes you to Dhampus along the way. Begin the hike with a short gentle climb. We will reach Australian camp after two hours walk . Stay in Australian Camp .

Destination:	Accommodation	Altitude:
20km./ 45 minutes drive – 8km. Uphill hike (Avg. 2hrs.)	Hotel Lali Gurans or similar category	(2400m./7920ft.)

Meals

Lunch, Dinner

Day 2: Hike to Sarangkot

It is a long but pleasant walk to Sarangkot. After breakfast, the day starts with a steep downhill to Kande. It’s a mesmerizing view of Fewa Lake, Pokhara city in distance, beautiful small settlements Naudanda and Kaskikot with snowcapped himalaya range while walk to Sarangkot. Overnight in Sarangkot.

Destination:	Accommodation	Altitude:
15km Uphill Hike (Avg 6hrs)	High Ground Inn or Similar category	(1750m./5775ft.)

Meals

Breakfast, Lunch, Dinner

Day 3: Morning hike to Sarangkot View Tower – Hike down to Pokhara

Early morning walk 5 minutes to the view tower for best sun rise with Panoramic Mountain view of Machapuchhre, Annapurna south, himchuli, Annapurna I , Dhaulagiri, Manaslu and Gangapurna including Pokhara valley view then hike down to Phewa lake .We will walk continue the edge of Phewa lake to Pokhara.

Destination:	Altitude:	Meals
8km Downhill hike to Pokhara (Avg 2hrs)	(820m./2707ft.)	Breakfast

What’s Included

- Pick Up and Drop Off at Hotel in Pokhara before/after Hiking.
- All meals during the hiking (Breakfast, Lunch, Dinner) .
- Lodge accommodation (twin share basis) during the hiking.
- One experienced educated, well-trained, fluent English speaking, friendly, government authorized professional hiking guide
- Guide’s food, accommodation, salary, insurance and transportation.
- Overland transportation as per mentioned in the itinerary.
- Entrance fees to enter Sarangkot view tower.
- A hiking map, company t-shirt, and seasonal fruits.
- Government tax and service charge.
- Public Liability Insurance.

What’s Not included

- Hotel accommodation and meals in Kathmandu and Pokhara.
- Hard and soft table drinks such as tea/coffee, coke, fanta, mineral water, beer, desert, laundry, phone bill etc.
- Personal Travel insurance.
- International Flight Tickets.
- Nepal Tourist Visa Fee
- Tips for guide.(Highly suggested).

Trekking Gear List

Clothing Gears Checklist That Will Make Your Australian Camp Journey Smooth

When you select your personal items, keep in mind the number of days you will be hiking, the time of year, and the altitude. We advise our clients to bring these items:

- Lightweight hiking boots or sports shoes.
- Lightweight pants, shirts
- T-shirts.
- Long sleeve shirt, if susceptible to sunburn.
- Sun hat – sunburn is severe at rarefied altitudes.
- Vaseline for feet and crutch.
- Water bottle – 2 liters.
- Sunglasses and strap
- Personal medical supplies – do not forget ban – aids, elastic bandage
- Sunscreen, sun bock, sun-tan lotion.
- Small daypack – 25 liters.
- Rain jacket – poncho style to cover backpack.

- Warm jacket during winter.

Australian Camp with Sarangkot Hike Route Map

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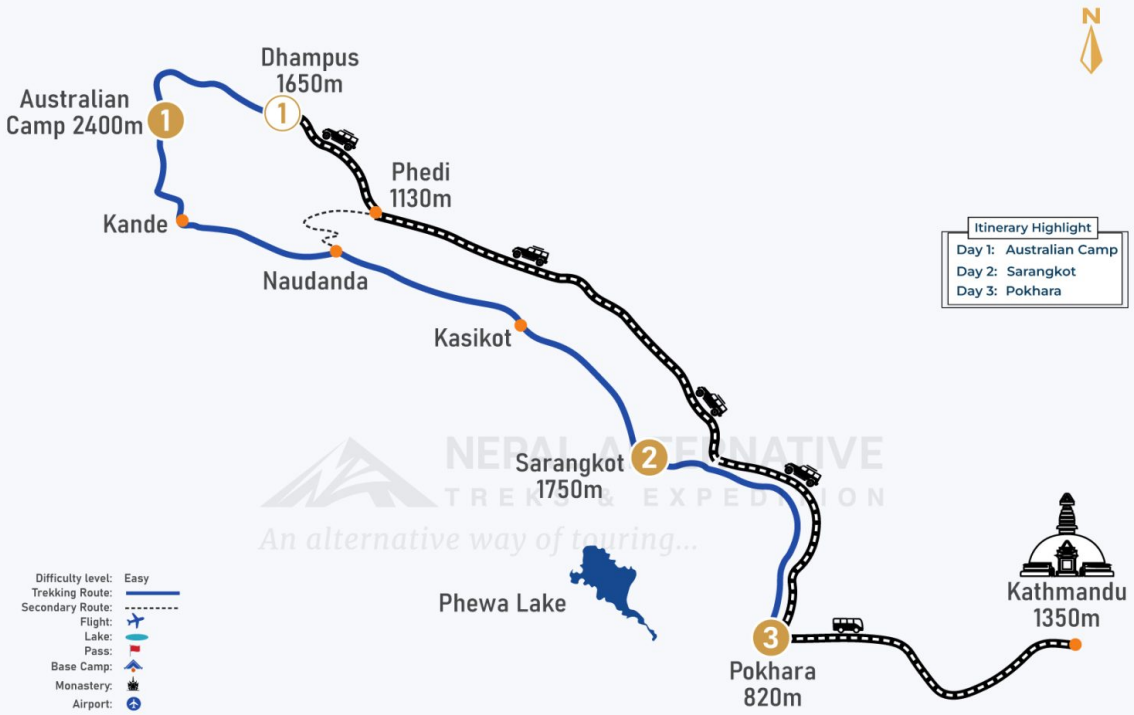
AUSTRALIAN CAMP WITH SARANGOT HIKING 3 DAYS



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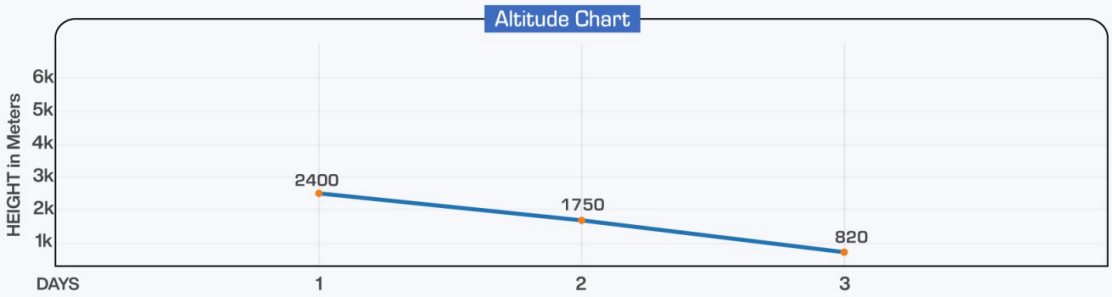

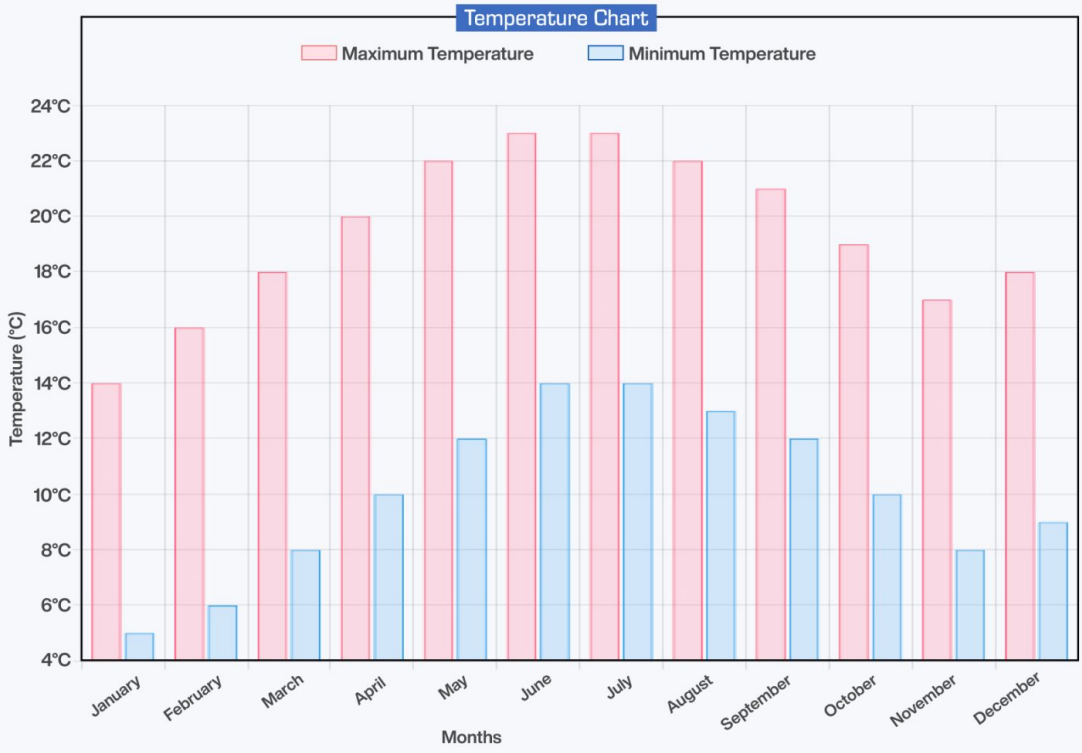

Traveler Reviews

What Made Australian Camp So Special

Mar 2023
Went to Australian Camp, Dhampus trail with family. It was a very good experience. Views of Fish Tail from both the places were so beautiful. Arrangements from Nepal Alternative Trek & Expeditions under Mr. Tej Bahadur was excellent. Hospitality and food was good. Also went to Nagarkot, Sarangkot and Pokhara. Enjoyed Nepal vey much; wish to come back again.

Rating: 5/5
Subhadip Dey
India

Nepal Tour Is Something I'll Always Recommend To First Time Nepal Visitors

"Nepal Alternative Trek addressed my needs according to my schedule and agenda. I stayed most of the time at his home-stay, shuttling between home and the places that I wanted to visit. Tej, the boss behind Nepal Alternative Trek, helped to make my stay in Kathmandu comfortable and productive. He walked me to the monasteries that I wanted to visit and even picked me up when I needed a ride back home.
The home-stay is hosted by his wife and I got to experience living with a Nepalese family, sharing their food, space and laughter.

For the home-stay:
1) Meals available upon request
2) Family get together and chats
3) Regular change of bed-sheets and towels
4) Free WIFI
5) Near Swayambhu and Thamel
6) Safe environment
7) Mountainous forest behind home
8) Walking distance to beautiful monasteries
9) Away from hustle and bustle of towns yet easy to get to town

I left the home-stay with a smile.

All the best,
Richard
Singapore"

Rating: 5/5
Richard O
Singapore River, Singapore

Additional Trip Information

Australian Camp With Sarangkot Hike Accommodation Facility

We will arrange a twin share basis room in the Australian camp, Dhampus, and Sarangkot at one of the most recommended hotels. There will be provided private bathroom in Sarangkot while only sharing toilets and showers are available at Dhampus.

Cuisines & Meals During Australian Camp with Sarangkot Hike

During hiking, we can enjoy authentic Nepalese food as well the more common international cuisine (Tibetan, Continental, Italian, Indian, etc.) at the hotel. There will be provided breakfast, lunch, and dinner three times along the route on your choice from MENU.

Physical Condition & Experience Requirements For 3 Days Australian Camp

Australian camp hiking is an easy level of hike, suitable for passionate walkers who have the ability to walk at least 4-5 hours a day with a light rucksack. As we will get the highest elevation of 2400 meters, you won't have to worry about acute mountain sickness (AMS) though you are preferred excellent health with average physical fitness then we can accomplish the trek successfully. Exercising and jogging regularly is a good idea to enhance our strength and stability. Past hiking experience would be an asset but no technical skill is required for this trip. Participants with pre-existing medical conditions such as heart, lung, and blood diseases should inform Nepal of alternative treks before booking the hike.

Climate and weather During Australian Camp with Sarangkot Hike

The climate of Nepal is different all across its territory. Somewhere it is hot, somewhere it is cold. It usually gets hot from May to August and this time is also good for hiking. Similarly, it gets cold and chilly from late November to February. This time is also good but it rains most of the time. So, completing this hike during the spring season is also good. It provides a suitable climate and weather. But, most of the time it is good all year. You may do this hike throughout the year.

Safety and security for Australian Camp with Sarangkot Hike

The safety and security of the consumer are of utmost importance for us. We provide you with full security for your belongings. We check every route for the destination and choose the best route to travel to the destination. So, you can fully enjoy yourself during the hike. Similarly, you can feel free and hike with us.

Frequently Asked Questions

Is this hike safe for tourists?

Yes, this hike is safe for tourists. This area has not been affected by the earthquake in 2015. Also, there is no burst of epidemics or viral diseases or covid-19. We also recommend you keep yourself updated with the local news.

The government and other respective bodies are continuously are trying to facilitate accessible communication, comfortable and safe internal travel, proper healthcare facility, and services of restaurants en route for tourists.

What are the physical fitness and other criteria required for this hike ?

Although it is an easy and short hike, the trails pass through the uphill and downhill that can be demanding and tiresome, so it is beneficial for all travelers to exercise daily from a month before their trip. This helps the body get accustomed to the physical work required during the journey.

Participants with pre-existing medical conditions such as heart, lung, and blood disease should inform us before booking the trek and are advised to seek medical advice or consent from their doctors before the hike.

When is the best season for this hiking ?

The best season to hike this route is during autumn (September to November) as the weather is stable, dry, and clear. Also, the atmosphere is merry during these seasons, as autumn is the major festive season of the country. Another favorable season for hiking is during spring (March to May) as the trails become more vibrant and pleasing with the blooming of different wildflowers and Rhododendrons. The days are clear and perfect for hiking.

December to February is the coldest time of the year. From June to August, the region experiences the summer season. Humidity increases along with the temperature though this hiking route is doable all around the year.

Do you have other dates available that match my timing?

Even though this package has pre-fixed group departure dates, we can tailor them to accommodate your specific requests and schedule. Please review our designated departure dates, and if they do not suit your timeframe, let us know your preferred timing so that we can manage your itinerary accordingly. We organize this hike as per your wishes and convenience.

As a single traveler, may I join fixed departure group ? Will it be possible to get a separate room?

This package is designed in such a way that they suit single travelers too. It is a great way to get to know new people with similar interests, and most people find that group dynamics are very friendly and comforting. Single travelers will share accommodation with other individual travelers of the same gender on our group journeys.

If you are a single traveler wishing for a private room, we can manage that as well, but you will have to inform us about it while booking the trip. Also, please note that you may have to pay some additional

charges for single rooms.

Can we change money along the route ? Can we pay by credit card or foreign currency ?

No, you won't be able to change money along the route. We recommend changing money at Thamel and Pokhara . Credit cards and foreign currency are not accepted along the route. You are better to take enough cash from Kathmandu/Pokhara.

What is the weight limit for porters ?

Usually, we arrange one porter for two trekkers, and one porter carries weights up to 20 kilograms. Hence, each trekker's luggage should weigh only up to 10 kilograms. However, if your essentials weigh more than that, we can provide you a personal porter with some additional costs.

What kind of food will be provided during this hike ?

Our package includes three meals per day, breakfast, lunch, and dinner. Dinner and lunch include the authentic Nepali Daal-Bhat (rice and lentils) along with seasonal vegetables, spinach, and pickle. If you do not like it, you can choose any item from the wide range of menu offered by the lodges.

Tea houses and lodges serve Nepalese, Asian, and Continental food, and even pizzas. The food is prepared hygienically, but the taste of western food might not meet your expectations as there are minimal resources available. We usually suggest eating vegetarian food to avoid falling ill.

How can drinking water be managed ?

Bottled plastic water is readily available along route at USD 1 per liter. However, we recommend you carry your own water bottles. You can fill them up with filtered water or boiled water wherever possible and purify them using chlorine or iodine. We shall provide water purification drops and tablets.

How long will we have to hike each day during the trek?

An average day of walking involves around 4 to 6 hours of hiking, including breaks for meals as needed. The average distance covered depends on the terrain and altitude, but ranges from 10 to 15 kilometers on average.

Along the way, you will have many chances for photography and other personal interests such as bird watching and discovering local areas of interest like natural springs, hot water ponds, and even exploring flora and fauna.

What are the documents that we need to bring for this hike ?

You need to submit the following documents that should be sent via email :

- A copy of passport,
- Flight details

What are the accommodation arrangements during the hike ?

In this hiking route, the accommodation options are hotels and resorts. Nepal Alternative Treks generally manages your accommodation in the best hotel/resort that provides single or double rooms. The bed has a mattress, pillow, and blanket. Hotels offer a room with a heater, and a blanket so, you don't need to carry sleeping bags.

What kind of toilet facilities are there? Will we be able to take a shower ?

Hotel/Resorts in this hiking route have excellent infrastructure and are likely to have western-style toilets, and sometimes even attached toilets.

If you need to use the toilet while hiking, we will try to find the nearest lodge, if possible; otherwise, you will have to manage it somewhere in the forests. Please respect the environment by placing the used toilet paper in a plastic bag so that you can dispose of it later.

Nepal Alternative Treks arranges accommodation with proper hot shower facilities.

Can we hire hiking gears in Kathmandu?

Yes, there are plenty of shops around Thamel or Pokhara that sell as well as rent all the necessary gear for hiking. These shops have great varieties of goods ranging based on their brand as well as price. We will help you with buying or hiring all the necessary equipment. We recommend hiring in Pokhara as you won't need for traveling period between Kathmandu and Pokhara.

Are alcoholic beverages available in hiking ?

You can easily find different types of alcoholic beverages of international as well as Nepalese brands. In villages, however, you can either find local (home-made) drinks like Chyang, Raksi, and Tongba or other packaged drinks of Nepalese brands.

Is it possible to recharge batteries and electronics during the hike ?

Nowadays, all kinds of facilities, including recharging batteries and electronics, are available in this hiking route and also have electricity and recharging facilities available for a minimal service charge.

Also, note that the Nepalese plugs are of Type D, and the voltage is about 220-240 V. So, make sure that your devices are chargeable. Otherwise, you shall require adapters and voltage stabilizers.

Is it possible to communicate with friends and family back home while on hike ?

There are mobile networks, internet data, and Wi-Fi available in this hiking route, and you can connect to your friends and family back home.

For mobile network and internet data, you will require a Nepalese SIM-Card. If you wish to buy a Nepalese SIM-Card, we will assist you in getting it. You can buy a SIM-Card from local distributors easily with some fees. We recommend **Namaste** SIM to have better network coverage and 4G data uses.

What if the guide/porter leaves alone on the trail?

Guides and porters will always walk together with you, but, sometimes in case if there is no communication available to reserve lodge in advance, your porter may have to go ahead to book a room in an excellent lodge for the night. Our guides /porters will not leave you behind otherwise.

If by any chance such a circumstance occurs, you have to contact us immediately. We will then connect to our guides/porters and get back to you. We assure you.

What is the weather and temperature like we can expect during the hike ?

The temperature could range around and above 25 degrees Celsius in summers and decrease below 0 degrees Celsius in winters. During autumn and spring, the temperature ranges around 10 to 20 degrees Celsius, making it suitable for hiking purposes.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals, transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable.*** You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action, wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or

refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer's request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred. Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements, but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the

Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the authority to make any amendments.

Address

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