

## Baglungpani Ghanpokhara Trek -7 Days

URL: <https://nepalalternativetreks.com/trip/baglungpani-ghanpokhara-trek/>

<b>Duration</b> 7	<b>Per Person Cost</b> USD 450	<b>Difficulty</b> Easy
<b>Weather</b> 4°C to 20°C	<b>Accommodation</b> Lodge/Homestay	<b>Meals</b> Breakfast, Lunch, Dinner
<b>Religion</b> Buddhist and Hindu	<b>Transportation</b> Public Bus/ Jeep	<b>Max Altitude</b> 2250m./7425ft.
<b>Region of Nepal</b> Annapurna Region	<b>Ethnic People</b> Gurung, Ghale	<b>Daily Activity</b> 06 hours Hiking
<b>Best Seasons</b> Sept, Oct, Nov, March, April & May	<b>Geographic Terrain</b> Village, Hills, Mountain, Terrace, Rivers	

## Highlight of Baglungpani and Ghanpokhara Trekking

- A stimulating walk along the trail through the terraced fields, farmland, and stunning waterfalls.
- Views of mountains, including Lamjung Himal, Fishtail, and Annapurna.
- Appreciate the Gurung ethnic group's cultural dance.
- Enjoy the Gurung people's gracious welcome.

## Weather

### The weather of Baglungpani Ghanpokhara Trekking

The weather of Baglungpani Ghanpokhara Trekking is based on the season you want to trek. During the peak seasons of Spring and Autumn, the weather remains warm, sunny, and chilly, whereas in winter, it remains cold and gets closer to freezing. Sometimes, there is a high chance of snowfall in the winter season in January and February.

The least ideal season for trekking this trek is Summer/ Monsoon season. Initially, the weather gets scorching and humid, which might irritate some trekkers. As the days progress, the relentless rainfall starts, making the trail slippery and wet. Many insects, leeches, and mosquitoes fester in the trails as most of the route is forests and jungles. Although the weather gets chilly, it is still unsuitable for trekking in monsoon season.

## Trip Overview

### Baglungpani Ghanpokhara Trekking Overview

Baglungpani and Ghanpokhara Trekking is one of the fascinating short treks in Nepal's [Annapurna region](#). It is also known as the Lamjung Himal Trek. Trekkers have the fantastic opportunity to experience the usual way of life and culture of the Gurung people on this less-traveled trail. You can enjoy mesmerizing views of the Annapurna (8091m), Annapurna II, Annapurna IV, Lamjung Himal, Himalchuli, Machhapuchhre, and many more snow-capped peaks, in addition to cultural exploration.

The Gurung people live in the lovely village of **Ghanpokhara**, which is situated north of the Lamjung district. With the idea of **eco-tourism**, these villages are moving in the right direction. Trekkers can take in a variety of ethnic dances performed by the local dancers while strolling through the Gurung villages of Ghalegaun and Ghanpokhara.

These dancers perform while dressed in their native attire. The trekkers are given the option of staying at a home in these settlements. Trekkers can consequently interact and communicate with such residents. By doing this, they can satisfy their interest in the way of life and culture of those who live in rural locations. The locals' positive attitudes and friendly hospitality add to the enchantment and nostalgia of the Baglungpani and Ghanpokhari trekking.

## 7 Days Baglungpani and Ghanpokhara Trekking Day-to-day-Itinerary

### Day 1: Drive to Besisahar by bus

For the first day of your Baglung and Ghanpokhara Trekking the journey begins from Kathamandu to Besisahar.

You'll embark on a scenic full-day bus journey to Besi Sahar in Lamjung District. The journey begins with a drive along the beautiful Trishuli River from Kathmandu. You will drive on the Prithvi Highway, passing green hills and forests, and detours north alongside the Budi Gandaki River. Similarly, you will also pass by rural Nepali countryside. A 5-6 hour drive on the winding roads will bring you to Besi Sahar Town. You will stay overnight in Besisahar.

<b>Destination:</b>	<b>Accommodation</b>	<b>Altitude:</b>
160km. drive to Besisahar (Hotel Yumpu Or Similar( 820m./2706ft.) Avg. 5 hrs.)	Category	

### Meals

Lunch, Dinner

## Day 2: Trek to Baglungpani

After briefly following the Marshandi River's bank, the trail ascends to Banglungpani through terraced fields, forests, and an old Gurung settlement. Manasulu and Annapurna ranges may be seen from any angle on a clear day.

<b>Destination:</b>	<b>Accommodation</b>	<b>Altitude:</b>
13km. hike to Baglungpani (Lodge in Baglungpani Avg. 5 hrs.)		( 1676m./5530ft.)

### Meals

Breakfast, Lunch, Dinner

## Day 3: Trek to Ghanpokhara

The trail continues into the ridge's woodland. The valley may be seen well from both sides. Ghanpokhara is reached after passing through the picturesque village of Ghalegaun, which is located at a height of 2250 meters.

<b>Destination:</b>	<b>Accommodation</b>	<b>Altitude:</b>
12km. walk to Ghale Gaun (Lodge in Ghalegaun Avg. 05 hrs.)		(2250m./7425ft.)

### Meals

Breakfast, Lunch, Dinner

## Day 4: Trek to Tamagaun

The river is reached by descending the trail through Bhujung village. Trek to Tamagaun over terraced fields and mixed forest after crossing the bridge.

<b>Destination:</b>	<b>Accommodation</b>	<b>Altitude:</b>
12km. walk to Tamagaun ( Avg.Home stay in Tama Gaun 5 hrs.)		(2400m./7920ft.)

## Meals

Breakfast, Lunch, Dinner

## Day 5: Trek to Taksar

Taksar can be reached after a delightful walk through guring villages and terraced fields.

### Destination:

12km. walk to Taksar ( Avg. 05 hrs.)

### Accommodation

Home stay in Taksar

### Altitude:

( 2300m./7590ft.)

## Meals

Breakfast, Lunch, Dinner

## Day 6: Trek to Saklung

The route goes on through the village and then drops off to the Modi River. To reach Saklung, cross the suspension bridge and ascend steeply through the forest.

### Destination:

13km hike to Sakung ( Avg. 05 hrs.)

### Accommodation

Lodge in Saklung

### Altitude:

( 1730m./5709ft.)

## Meals

Breakfast, Lunch, Dinner

## Day 7: Trek to Begnas Taal - Drive to Pokhara

To get to Begnas tal, the trail descends via a settlement and a woodland. Take a one and a half hour bus travel to Pokhara from here. Journey concludes with a Nepal Alternative Treks.

### Destination:

10km. walk to Begnas Lake ((850m./2805ft.)  
avg. 03 hrs.) - 30km. drive to  
Pokhara ( 01:30 hrs.)

### Altitude:

### Meals

Breakfast

## What do you get in the Trip?

- Tribhuwan international airport transfer ( Airport + Hotel + Airport )in Kathmandu .
- Lodge /Home Stay ( Twin share basis) accommodation during the trekking.
- All meals ( Breakfast, Lunch, Dinner ) during trek.
- One experienced, first aid trained, fluent English speaking, local language speaking, friendly and government authorized trekking guide and required porters (one porter for two persons ).
- Guide/ Porter's food, accommodation, salary, insurance, transportation and equipments.
- Entire overland transportation as per mentioned in the itinerary.
- Annapurna conservation area project ( ACAP) and necessary permits .
- Assistance of emergency rescue.
- A trekking map, Duffel bag, Oxygen saturation check up everyday, water purification, first aid kit box, Company t-shirt and trekking completion certificate.
- Government tax and service charge.
- Public Liability Insurance.

## Not Included

- Hotel accommodation and meals in Kathmandu/ Pokhara.
- Hard and soft table drinks such as tea/coffee, coke, fanta, mineral water, beer, desert, hot shower, hot water, battery charge, laundry, phone bill, bar bill etc.
- Personal Travel insurance.
- Tips for guide and porters .( Highly suggested).

## Group Discounts Available

No. of Persons	Price per Person
Group Of 2 - 4	550 <del>PP</del> 450PP
Group Of 5 - 8	530 <del>PP</del> 430PP
Group Of 9 - 12	510 <del>PP</del> 410PP
Group Of 13 - 16	490 <del>PP</del> 390PP
Group Of 17 - 20	470 <del>PP</del> 370PP
Group Of 21 - 24	450 <del>PP</del> 350PP

## Additional Trip Information

## **Which is the most beautiful place in Pokhara?**

Pokhara is one of the best places in Nepal. But even in Pokhara there are many locations to visit, including Phewa Lake, Begnas Lake, Devi's Fall, Bindhyabasini Temple, Mahendra Cave, Tal Barahi, Rupa Taal, International Mountain Museum, Gupteshwor Mahadev Cave, Chamere Gufa, Seti River Gorge, Goroka Memorial Museum, Matepani Gumba, and other.

## **Where is the Annapurna conservation area situated?**

In 1992, the Annapurna Conservation Area (ACA) was created. Its 7629 square kilometers make it Nepal's largest conservation area. The protection area includes both the deepest valley in the world, the Kali Gandaki River Valley, and the Annapurna Himalayan range.

## **What is the famous thing about Pokhara?**

Pokhara is recognized worldwide for being one of the most amazing places to go paragliding, and it is undoubtedly one of the top locations. As you fly, you will see a stunning lake on one side and a massive mountain range on the other.

## **What is Annapurna famous for?**

The tenth-highest peak in the world is Annapurna I. Although climbers had reached the top of Mount Everest at 28,150 feet (8,580 meters) by 1924, Annapurna I gained notoriety in 1950 as the first peak higher than 26,000 feet (8,000 meters) to be scaled.

## **Which trees are found in the Annapurna Conservation Area?**

Trees. The banyan and pipal trees are two common tree species. They are frequently located close to temples, sacred sites, and rest stops along walking routes and are regarded as extremely holy. Banyan trees feature elliptical leaves and dangling roots.

## **Frequently Asked Questions**

### **How much does it take to complete the Baglungpani Ghanpokhari Trek?**

It takes, on average, seven to nine days to complete the Baglungpani Ghanpokhari Trek. It is among the shortest but beautiful trek in the Annapurna region.

### **Where is Bhujung located?**

Bhujung is a village in the Gandaki province located in the Gandaki district. In the 1991 census, over 1600 people were living, which might have increased considerably in the current time.

## **Do you visit Pokhara during the Baglungpani Ghanapokhara trek?**

Yes you will visit and explore Pokhara during the Baglungpani Ghanapokhara trek. On the seventh day of your trek, you will drive towards Pokhara, which will also be the final day of your trekking itinerary.

## **What is the famous thing about Pokhara?**

Pokhara is recognized worldwide for being one of the most amazing places to go paragliding, and it is, without a doubt, one of the top locations. As you fly, you will see a stunning lake on one side and a massive mountain range on the other.

## **Is Pokhara a beautiful city?**

Pokhara is a popular tourist destination since it is the starting point for many of Nepal's most well-known treks and features the lovely Phewa Tal Lake and stunning mountain views. It is one of Nepal's most breathtaking locations.

## **Can you see Mount Annapurna from Pokhara?**

Each viewpoint in a distinct location seems to tell a different story about Pokhara's incredible scenery. Most offer views of the Annapurna Range, and the calm, relaxed city shrouded in mist is a visual delight.

## **What is the unique feature of the Annapurna conservation area?**

The Annapurna region is distinctive in the world due to several factors. The 3 miles long and 1.5 miles-wide Kali Gandaki Canyon, which contains fossils from the Tethys Sea that date back 60 million years, is the deepest river gorge in the world.

## **What is the altitude of Begnas Lake?**

Begnas Lake is among the most majestic lakes in Nepal. It is located at an altitude of 650m. The Begnas Lake is also the major attraction of other treks in Baglungpani Ghanapokhara.

## **How deep is Begnas lake?**

Begnas Lake is one of the shallowest lakes in Nepal, with 10m in depth. Rara Lake is the deepest in Nepal, with 167m.

## **Do you need guides and porters during your Ghanapokhara trek?**

Baglungpani Ghanapokhara Trek is among Nepal's short and easy treks, so you may not require guides and porters unlike in other treks like Everest and Annapurna Base Camp Trek.

## **What is the best time to visit Pokhara?**

The ideal months to visit Pokhara are March, April, May, September, October, and November. Manang, Mustang, and the Annapurna region's tourist center is Pokhara. During these months, the city typically experiences cool temperatures.

# **Address**

## **Nepal Alternative Treks & Expedition**

Post Box No: 8169,

House, Raniban Marg

136/205, Nagarjun, 01, Kathmandu 44600, Nepal