

Chisapani Nagarkot Hike - 3 Days

URL: <https://nepalalternativetreks.com/trip/chisapani-nagarkot-hike/>

Chisapani Nagarkot Hike Quick Information

Weather

-2°C to 22°C

Duration

3 Days

Difficulty

Easy

Accommodation

Hotels/Resorts

Meals Included

Breakfast, Lunch, Dinner

Transportation

Private Overland

Daily Activity

Approx. 5-6 hours

Religion

Buddhist, Hindu

Ethnic People

Tamang, Newar

Region of Nepal

Shivapuri National Park,
Kathmandu

Max Altitude

2175m./7177ft.

Per Person Cost

USD 200

Best Season

Sept, Oct, Nov, Mar, Apr, May

Geographic Terrain

Mountain, Forest, Hill

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 4	USD \$200.00
Group Of 5 - 8	USD \$180.00
Group Of 9 - 12	USD \$160.00
Group Of 13 - 18	USD \$140.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Chisapani Nagarkot Hike Overview

The 3-Day Chisapani Nagarkot Hike is a short and rewarding hike around Kathmandu. Its trail starts in Sundarimal and goes through green forests and peaceful villages in **Shivapuri National Park**. With easy to moderate paths, it's perfect for those new to hiking or just looking for a relaxed outdoor experience. You'll pass through terraced farmlands, traditional Tamang villages, and peaceful ridges that offer breathtaking views of the **Langtang and Ganesh Himal ranges**.

One of the most unforgettable moments on this hike is watching the sunrise from Nagarkot. Here, the snow-capped peaks glow in the golden light of the morning. You might even glimpse Mount Everest on clear days, standing proudly in the distance. On the final day, you'll hike down to the historic **Changunarayan Temple**, the oldest Hindu temple in Nepal. Hence, this hike offers adventure, retreat, and cultural exploration all within just three days.

Chisapani Nagarkot hiking is a combination of the Himalaya range, Shivapuri National Park, culture, and rural villages, though it is located near Kathmandu. It is also popular to see green forests, wild animals, and domestic life along the trail. The view from Chisapani can be seen of Annapurna, Manaslu, Ganesh himal, Lantang ri, Dorje Lakpa, and many more. You will never forget the best sunsets and sunrises from Nagarkot with a panoramic view of the Himalayas, including Mount Everest.

Things to experience during Chisapani Nagarkot Hike

- A pleasant walk through Shivapuri National Park and remote villages.
- Stunning views of Annapurna, Manaslu, and Dhaulagiri ranges.
- Beautiful sunrise from Nagarkot, with wide mountain views and occasional glimpses of Mount Everest on clear days.
- Visit the historical Changunarayan Temple, a sacred Hindu and UNESCO World Heritage Site.
- Rich biodiversity, peaceful forest trails, and the soothing sounds of nature along the way.
- Explore local Tamang communities and their traditional hill lifestyle.

Weather

January

-2°C to 8°C

February

0°C to 10°C

March

3°C to 14°C

April

7°C to 18°C

May

11°C to 20°C

June

15°C to 22°C

July

16°C to 22°C

August

18°C to 27°C

September

17°C to 27°C

October

14°C to 24°C

November

9°C to 21°C

December

6°C to 18°C

3 Days Chisapani Nagarkot Hiking Itinerary

Day 1: Drive to Sundarijal - Hike to Chisapani

Be prepared for your Chisapani Nagarkot hiking journey with an early breakfast at your hotel in Kathmandu. Your guide will meet you at your hotel and take you to Sundarijal in a private vehicle. A **12-13 km** drive from your hotel in Thamel takes you to the starting point of your journey, Sundarijal. The drive takes you through the Prithvi Highway, up past Ratna Park. After getting to Sundarijal, you'll begin your hiking journey.

The route ascends through lush forests, offering scenic views of the surrounding hills and valleys. You'll be walking through Shivapuri National Park, so expect to get glimpses of some wildlife species. As you ascend, you will reach Mulkharka, a settlement where you will stop for lunch or some refreshments. After about five hours of hiking, you'll arrive at **Chisapani**, a charming village known for its cool climate and panoramic mountain views, where you'll rest for the night.

Destination:

10km Uphill hike
(Avg 4hrs)

Accommodation

Dorje Lakpa Hotel or Similar
category

Altitude:

1750m./5775ft.

Meals

Lunch, Dinner

Day 2: Trek to Nagarkot

Day two marks another beautiful section on the Chisapani and Nagarkot hiking route. After breakfast at your hotel, where you spent the night, you'll pack your backpack to continue your walk. Nagarkot is your destination for the day from **Chisapani**. The route continues through **Shivapuri National Park**, offering a view of diverse flora and fauna. Similarly, the initial phase of the trek follows a forested section towards Jhule Village.

After a while of trekking, you'll get to Chauki Bhanjyang, a great spot for lunch while enjoying the view of Ganesh Himal, Manaslu, and Langtang Lirung. After breakfast, the trek continues through terraced farms, local villages, and occasional forest patches before reaching **Nagarkot**. The overall trek from Chisapani to Nagarkot takes 6 hours, covering a distance of approximately **15 km**. You'll check into your hotel and enjoy the sunset before having lunch and going to bed.

Destination:

15km Uphill hike
(Avg 6hrs)

Accommodation

Nagarkot View Point or Similar
category

Altitude:

1950m./6435ft.

Meals

Breakfast, Lunch, Dinner

Day 3: Hike to Changunarayan Temple - Drive to Kathmandu

Your day starts with eye-popping sights of the rising sun over majestic mountain peaks. You can either

witness the view from your hotel's balcony or go for a hike to **Nagarkot View Tower** for a better view, including **Mount Everest**. After admiring the sunrise view, you'll have breakfast and continue your **3 days Chisapani Nagarkot Trek**. You'll begin your hike from Nagarkot to **Changunarayan** through forest paths, local villages, and terraced fields.

As you continue your trek from Nagarkot, you'll see mountain views of Langtang Dorje Lakpa and Ganesh Himal, especially on clear days. Likewise, you'll pass through traditional Tamang and Newar villages like *Ranikot*, *Tanchok*, and *Telkot*. The route is lined with green hills, terraced farmland, and flowering plants. If you are trekking in spring, you might spot rhododendron, the national flower of Nepal. The final section of the trek features a stone-paved route leading to the historic Changunarayan Temple site.

You'll take some time to explore the Changunarayan temple, one of Nepal's oldest temple that date back to the **4th century**. It showcases the **Licchavi-era architecture** and Nepal's rich history and religious significance. After the visit to the temple, you'll have lunch at a restaurant near the temple. Then, our driver will meet you there and drive you to Kathmandu, marking the conclusion of the **Chisapani Nagarkot 3 days trek**.

Destination:

3hrs Hike to Changunarayan
- 18km drive to Kathmandu (
Avg 1hr)

Altitude:

1290m./4273ft.

Meals

Breakfast, Lunch

What's Included

- Pick Up and Drop Off at Hotel in Kathmandu before/after Hiking.
- Private transport as per mentioned in itinerary.
- All meals during the hiking (Breakfast, Lunch, Dinner with tea/coffee) three times a day.
- Hotel accommodation (Twin share basis) during hiking.
- One experienced, educated, well-trained, fluent English-speaking, friendly, government-authorized, and professional hiking guide.
- Guide and porter's food, accommodation, salary, insurance, and transportation.
- Shivapuri National Park Fee.
- Water purification, seasonal fruits, etc.
- Government tax and service charge.
- Public Liability Insurance

What's Not Included

- Hotel accommodation and meals in Kathmandu.
- Hard and soft drinks, such as Coke, Fanta, mineral water, beer, desserts, phone bills, laundry, etc., during hiking.
- Personal Travel Insurance.
- Entrance fees for sightseeing.
- International Flight Tickets.

- Nepal Tourist Visa Fee
- Tips for the guide. (Highly suggested)

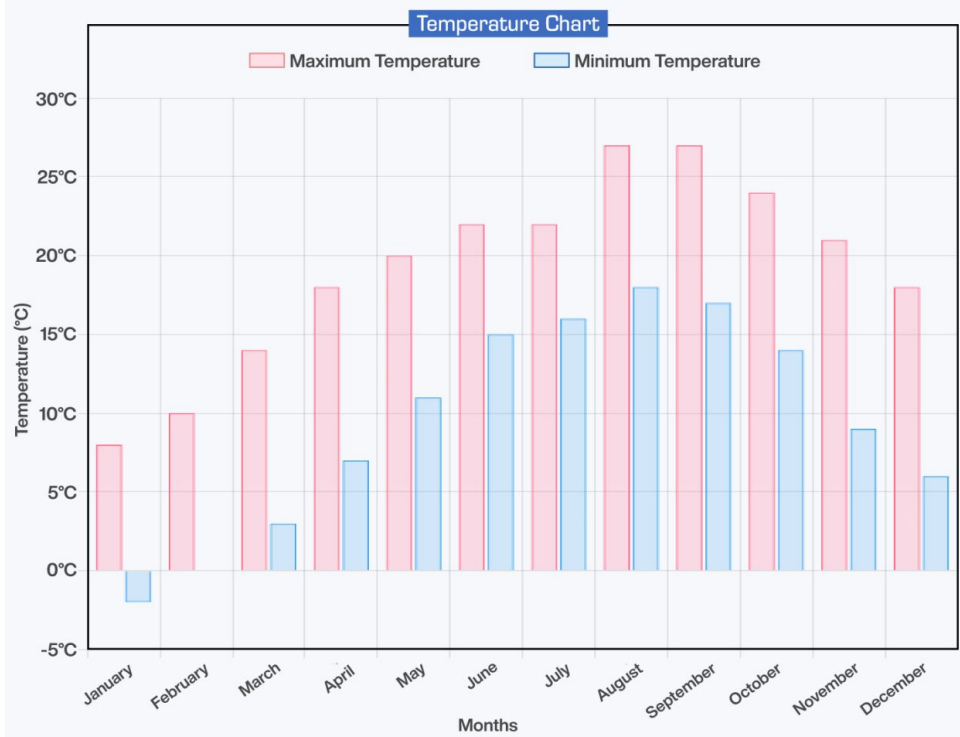
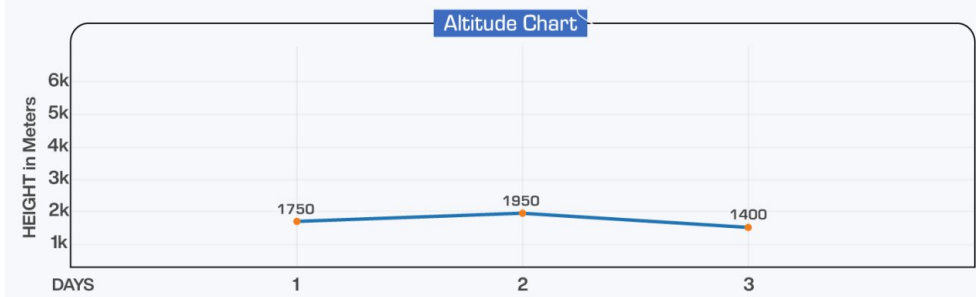
Trekking Gear List

Clothing gears checklist to Chisapani Nagarkot Hike

When you select your personal items, keep in mind the number of days you will be hiking, the time of year and the altitude. We advise our clients to bring these items:

- Lightweight hiking boots or sport shoes “walked” them in prior to arrival in Nepal to avoid blisters or sport shoes.
- Lightweight pants, shirts
- T-shirts.
- Long sleeve shirt, if susceptible to sunburn.
- Sun hat – sunburn is severe at rarefied altitudes.
- Vaseline for feet and crutches.
- Water bottle – 2 liters.
- Sunglasses and strap
- Sunscreen, sunblock, sun-tan lotion.
- Small daypack – 25 liters.
- Rain jacket – poncho style to cover backpack during monsoon.
- Warm jacket during winter.

Chisapani Nagarkot Trek Route Map



Traveler Reviews

Chisapani Nagarkot hike was a peaceful break from my busy life

"I went to Nepal 3 times and all use Tej's service. Tej and Kumar were very good and helpful. We would use the service again."

Rating: 5/5

Jun Tuntivivat

Bangkok, Thailand

This short hike from Chisapani to Nagarkot reset my mind and body

I really enjoyed during this short trekking to Chisapani- Nagarkot. The guide "Thal" is very kind and experienced. This is very good because most important thing is to share the silence of nature for me!!! The most beautiful part of this trip has been the Jungle part after Chisapani. Nobody was there, only me, the guide and the nature. The hotels were very simple in Chisapani but food was really good. Thanks a lot for your cooperation.

Rating: 5/5

Christiano Botti

Italy

Additional Trip Information

Sunrise and sunset from Nagarkot

Nagarkot is a tranquil hill station in Bhaktapur renowned for its sunrise and sunset vistas. The sun gradually rises over the Annapurna, Everest, and Langtang Himalayan ranges on clear mornings. The snow-covered mountains shimmer in soft golden and orange colors. You can walk at your own pace, take photographs, or sit and watch the mountains glitter in the morning sun.

It is also as spectacular at sunset. Once the sun sets behind the hills, the sky changes into orange, red, and purple shades. The lights slowly dim, creating a calming mood, a good moment to pause and reflect on your day. Most people like to sit quietly or take photos as they soak in the peaceful ambiance.

Can I combine Chisapani Nagarkot Hiking with other adventures?

Yes, you can easily combine the Chisapani Nagarkot Hiking with other adventures in Nepal. Since the trek is relatively short and accessible, it's a great starting point for treks. You could continue your journey to other famous trekking destinations like Langtang Valley, Gosaikunda Lake, or the Annapurna region, all of which are easily reachable from Kathmandu.

Cultural enthusiasts can also enjoy immersive tours of ancient temples and UNESCO World Heritage

Sites in Kathmandu, Patan, and Bhaktapur either before or after the hike. Beyond trekking and heritage exploration, Nepal offers countless thrilling adventures. You can extend your journey with wildlife safaris in **Chitwan or Bardia National Parks**, or indulge in outdoor sports like bungee jumping, paragliding, canyoning, and zip-lining in Pokhara.

Those seeking peace can join yoga or wellness retreats in serene spots like Nagarkot or Pharping. You can also try mountain biking around the Kathmandu Valley, taking short hikes to places like **Namobuddha or Champadevi**, or even going on scenic helicopter tours to Everest Base Camp or Annapurna Base Camp.

Major Stops Along the Way

Shivapuri Nagarjun National Park

Established in 2002, Shivapuri Nagarjun National Park is Nepal's ninth national park. It lies in the country's mid-hills on the northern periphery of the Kathmandu Valley. The park covers an area of 159 km² (61 sq mi) in the districts of Kathmandu, Sindupalchowk, Nuwakot, and Dhading, with elevations ranging from **960 m (Narsingh Ghat) to 2,732 m (Shivapuri Peak)**. In addition, the park features several historical sites, is home to numerous species of wildlife, and is a popular hiking destination.

Chisapani

Chisapani is one of the picturesque locations near Kathmandu and a key destination on the hike to Chisapani Nagrakot. The village lies within the Shivapuri National Park and offers a mesmerizing view of mountain peaks and green hills. Similarly, the village is also known as the gateway to **Nuwakot** and a popular **starting point for the Langtang Gosaikunda Trek**. Furthermore, the sunrises and sunsets in the Langtang, Everest, Annapurna, and Manaslu mountain ranges are breathtaking from Chisapani village.

Nagarkot

At an elevation of 2,195 meters, Nagrakot is a renowned destination in Kathmandu, known for its exceptional beauty and stunning sunrise views. For nature lovers and outdoor enthusiasts, Nagarkot is the ideal destination, offering its lush greenery and spectacular views of mountain peaks. One of the best aspects of Nagarkot is that it is the perfect blend of nature with modern life, as travelers can find numerous hotels ranging from budget-friendly to star-rated. Moreover, the destination was a strategic fort, known as a 'kot' in Nepali, for the rulers of the Kathmandu Valley.

Is Chisapani Nagarkot Hiking Suitable For You?

If you enjoy nature walks, cultural experiences, and panoramic mountain views without the challenging altitude of higher treks, this hike is perfect for you. It is also good for families, solo travelers, and groups looking for a peaceful getaway with the comfort of accessible accommodations and well-marked trails. Additionally, this easy-to-moderate hike suits trekkers of varying fitness levels, whether beginners or experienced trekkers looking for a short but rewarding adventure.

However, some uphill stretches and varying terrain require basic fitness, so you should prepare for the

hike by engaging in light aerobic exercises beforehand. But if you have specific health concerns, limited physical fitness, or seek a high-altitude adventure, Chisapani Nagarkot Hiking may not suit you.

Which Time is best for Chisapani Nagarkot Hiking?

Autumn (September to November) and **spring (March to May)** are the best times for Chisapani Nagarkot Hiking. During these months, the weather is generally clear and pleasant, providing optimal conditions for trekking. Autumn offers crisp air, clear skies, and incredible views of the surrounding Himalayas, including peaks like **Everest**, **Langtang**, and **Ganesh Himal**. Spring is also a fantastic time as wildflowers are in bloom, and the temperature is mild, making the hiking experience comfortable.

It's best to avoid the monsoon season (June to August) when trails are slippery, and there is a higher chance of rain. Winter (December to February) can also be cold and might make the hike challenging, particularly in higher altitudes like Nagarkot, where temperatures drop significantly.

What are the accommodation and food options during the hike?

During the Chisapani Nagarkot hike, accommodation options vary from basic lodges and comfortable guesthouses to luxury hotels. In Chisapani, you'll stay in simple lodges that offer basic amenities such as warm beds and shared bathrooms. In contrast, Nagarkot is a popular tourist spot with more upscale options. There are well-maintained resorts and hotels with private bathrooms and warm water. The accommodation is clean and cozy, offering a great retreat after a day of hiking.

Food options along the route are mostly traditional Nepali cuisine, with **Dal Bhat** (steamed rice with lentil soup and seasonal vegetables) being the staple. In addition, you can enjoy **Momo**(dumplings), **thukpa** (Tibetan noodle soup), and **chapati** with curry. Most guesthouses and tea houses also serve a range of international dishes, including fried rice, noodles, pasta, omelets, pancakes, toast with jam or honey, and even pizza or burgers in Nagarkot.

You'll also find hot beverages such as milk tea, black tea, ginger lemon honey, coffee, and hot chocolate, which may be found in Chisapani but are common in Nagarkot. Snacks like biscuits, instant noodles, boiled eggs, and seasonal fruits are also available. Vegetarian options are widely offered, and some places may accommodate basic dietary preferences if informed in advance. The meals are freshly prepared, nutritious, and ideal for replenishing energy during your hike.

Frequently Asked Questions

Is this Nagarkot Chisapani Hike safe for tourists?

Yes, this Nagarkot Chisapani Hike is safe for tourists. The destination lies within the Kathmandu valley and is not far from the city area. Modern facilities are also available in the destination, and crime or any violent rate is generally zero.

What are the physical fitness and other criteria required for this hike ?

Although it is not a strenuous hike, the trails pass through the woods with ascents that can be demanding and tiresome, so it is beneficial for all hikers to exercise daily for a month before their trip. This helps the body become accustomed to the physical demands of the journey.

When is not favourable season for this hiking ?

Winter and Monsoon are not favorable times for the Chisapani Nagarkot Hike Trek. Winter, from December to February, is the coldest time of the year, characterized by harsh weather. From June to August, the region experiences the summer season, accompanied by increased humidity and rising temperatures.

Do you have other dates available that match my timing?

Even though our hiking packages have pre-fixed group departure dates, we can tailor them to accommodate your specific requests and schedule. Please review our designated departure dates, and if they do not suit your timeframe, let us know your preferred timing so that we can manage your itinerary accordingly. We organize this hike as per your wishes and convenience.

As a single trekker, may I join fixed departure group ? Will it be possible to get a separate room?

Our group packages are designed to suit single travelers as well. It's a great way to meet new people with similar interests, and most people find that group dynamics are very friendly and comforting. If you are a single traveler seeking a private room, we can accommodate that as well; however, please inform us of your preference during the booking process.

How long is the hike from Chisapani to Nagarkot?

The trek from Chisapani to Nagarkot is approximately 26 kilometers (16 miles) long. Depending on individual pace and trail conditions, this segment typically requires about 7 to 8 hours of hiking. This route passes through dense forests and traditional villages, offering panoramic views of the Himalayas. Hence, the hike provides a rich and immersive experience for trekkers.

How long does it take to hike from Sundarijal to Chisapani?

The hike from Sundarijal to Chisapani covers roughly 18 kilometers and generally takes 5 to 6 hours to complete. You'll walk through Shivapuri National Park, which features lush forests, waterfalls, and diverse wildlife. It is a refreshing escape from the bustle of Kathmandu city.

How high is Chisapani? What is the risk of altitude sickness on the Chisapani Nagarkot hike?

Chisapani is situated at an altitude of approximately 2,165 meters (7,103 feet) above sea level. The highest point on the Chisapani Nagarkot hike is Nagarkot, at 2,175 meters (7,136 feet), so the risk of

altitude sickness is minimal. Altitude sickness typically becomes a concern at elevations above 2,500 meters; therefore, this hike is generally considered safe from such risks.

Is Chisapani Nagarkot the best hiking trail in Kathmandu?

Among the many hikes around Kathmandu, the **Chisapani-Nagarkot-Dhulikhel** hike is the best one. This trail combines the best of nature, local culture, and jaw-dropping mountain views. You'll walk through peaceful forest paths inside Shivapuri National Park, catch incredible Himalayan panoramas along the way, and pass through charming traditional villages.

Are there any age restrictions for the Chisapani Nagarkot hike?

There are no specific age restrictions for the Chisapani Nagarkot hike. It is considered easy to moderate in difficulty, making it accessible to individuals of varying ages and fitness levels. Families with children and older adults who are in good health and have a reasonable fitness level can undertake this trek comfortably.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals, transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable.*** You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action, wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer's request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred.

Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements, but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the authority to make any amendments.

Address

Nepal Alternative Treks & Expedition

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