

Everest Base Camp Trek Via Ramechhap - 12 Days

URL: <https://nepalalternativetreks.com/trip/everest-base-camp-trek-via-ramechhap/>

A Faster, Less Crowded Approach to Reach Lukla- Where the Trek Begins!

Weather

-15°C to 18°C

Duration

12 Days

Difficulty

Moderate

Accommodation

Hotels, Lodges, Resorts

Meals Included

Breakfast, Lunch, Dinner

Transportation

Flight and Drive

Daily Activity

Approx. 5 - 6 Hours hike

Religion

Buddhism

Ethnic People

Sherpa, Rai

Region of Nepal

Everest Region, Khumbu

Max Altitude

5364 m./17701 ft.

Per Person Cost

USD 1250

Best Season

Sept, Oct, Nov, March, April & May

Geographic Terrain

Mountain, Forest, Village, Glacier

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 4	USD \$1,250.00
Group Of 5 - 8	USD \$1,230.00
Group Of 9 - 12	USD \$1,210.00
Group Of 13 - 18	USD \$1,190.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Overview for Everest Base Camp Trek Via Ramechhap

Everest Base Camp Trek via Ramechhap is a distinct yet reliable and unique route to reach the gateway to the Everest region, Lukla. The journey begins with a drive from Kathmandu to Ramechhap's Manthali Airport, from which the flight to Lukla is shorter and more convenient. This small change in the itinerary makes a big difference, taking you through the hills, rivers, and small rural settlements, offering an authentic taste of rural Nepal before the mountain adventure begins.

Once you land in Lukla, the trekking route to Everest Base Camp is the same through Phakding, Namche Bazaar, Tengboche, Dingboche, and the ultimate destination. The highlight of the trek includes awe-inspiring views of snow-capped peaks, including the world's highest peak, **Mount Everest (8,848.86 m)**. Along with Mt. Everest, the trek offers a view of Lhotse, Nuptse, Ama Dablam, Thamserku, Kangtega, Pumori, and Cho Oyu. And, Kalapatthar is the ideal vantage point for the views.

The **trek to Everest Base Camp via Ramechhap** combines natural beauty, adventure, and Sherpa culture, making an unforgettable adventure in Nepal's Himalayas. Additionally, the package is also known as an alternative flight access point to EBC, which helps reduce flight delays and cancellations due to unforeseen situations.

About Ramechhap/ Manthali Airport

The Ramechhap Airport, also known as **Manthali Airport**, is an alternative airstrip for reaching Lukla, a gateway to the **Khumbu region**. It is the domestic airport serving the municipality of Manthali in the *Tamakoshi River valley* of Nepal. It was opened in **October 1979**, closed for 13 months for renovation in **2015**, and reopened in August **2016**. The Ramechhap airport is situated at an elevation of **474 meters** and features one runway measuring **530 meters (1,739 feet)** in length. Additionally, since 2019, and more consistently from 2022 onward, the Civil Aviation Authority of Nepal has directed that flights to Lukla operate from Manthali Airport during peak trekking seasons (spring and autumn) to reduce air traffic at Kathmandu Airport.

EBC Via Ramechhap Highlights

- You'll get a quieter and less crowded experience at Ramechhap Manthali Airport.
- Drive from Kathmandu to Ramechhap, passing through terraced farmlands and experiencing the morning mist over the mid-hills.
- You'll have the opportunity to visit the administrative hub of Manthali town, located on the riverbank, and experience an authentic taste of life in central-eastern Nepal.
- You'll catch beautiful sunrise views over misty river valleys along the drive to Ramechhap.
- You'll see the drastic change from the countryside of Ramechhap to the glacier-carved terrain of the Everest region.
- The route immerses you in Sherpa Culture with visits to Namche Bazaar, Tengboche monastery, and other Sherpa villages.
- Witness the beauty of Mount Everest and its surrounding peaks, including Nuptse, Cho Oyu, and Ama Dablam.

Weather

January

-15°C to 18°C

February

-15°C to -5°C

March

-10°C to 0°C

April

-5°C to 5°C

May

0°C to 10°C

June

5°C to 15°C

July

7°C to 18°C

August

7°C to 18°C

September

5°C to 14°C

October

-5°C to 5°C

November

-10°C to 0°C

December

-15°C to -5°C

Everest Base Camp Trek Via Ramechhap Itinerary

Day 1: Drive to Ramechhap - Fly to Lukla - Trek to Phakding

The **journey to the EBC trek** begins with a morning ride from Kathmandu to Ramechhap. As you must catch your plane early in the morning, your drive to Ramechhap begins at 2:00 a.m. As you get to **Manthali airport in Ramechhap**, you'll board the flight to **Lukla**. It takes only 15 minutes to get to Lukla from Manthali, offering an aerial view of the traditional villages from Ramechhap to the Everest region.

After landing at **Tenzing Hillary Airport of Lukla**, you'll meet our crew members and start your Everest trek with a hike to Phakding. The route passes through the Sherpa villages of *Chheplung* and *Ghat* and involves crossing suspension bridges over the *Dudh Koshi River*. Pine forest, Mani walls, and a view of distant mountains will accompany you throughout your journey. About **3-4 hours** of trek from Lukla, you'll get to your day's destination, **Phakding**. Your day's overnight and dinner are at Phakding.

Destination:

15 minutes Flight
8 km Uphill hike
(Avg. 4 hours hike + 4 hours
drive to Ramechhap)

Accommodation

Khumbu Traveler's Guest
House or Hotel Sherpa

Altitude:

(2640 m./8745 ft.)

Meals

Lunch, Dinner

Day 2: Trek to Namche Bazaar

The day's trek follows the Dudh Koshi River through villages such as Toktok and Benkar to Monjo. On the way, you'll check into the Sagarmatha National Park and continue trekking towards Jhorsalle, a lunch stop. After Jorsalle, the route crosses a series of suspension bridges, including the high bridge at Larja Dobhan. Afterward, the trek follows a zigzag forested route to the day's destination, Namche

Bazaar—overnight at Khumbu lodge or similar category.

Destination:

14 km Uphill hike
(Avg. 5 hours)

Accommodation

Sun Shower Hotel or Khumbu
Lodge

Altitude:

(3440 m./11352 ft.)

Meals

Breakfast, Lunch, Dinner

Day 3: Acclimatization At Namche

Acclimatization at Namche Bazaar on the third day helps your body adjust to the changing temperature while remaining gently active. On the day, you'll be involved in a short hike to the Everest View Hotel, Khumjung, and Khunde village. In the afternoon, we returned to sleep in Namche, following the principle of "climb high, sleep low."

Destination:

Excursion around

Accommodation

Sun Shower Hotel or Khumbu
Lodge

Altitude:

(3440 m./11352 ft.)

Meals

Breakfast, Lunch, Dinner

Day 4: Trek to Tyangboche

Another day on the EBC Trek via Ramechhap takes you to Tyangboche from Namche Bazaar. After leaving Namche, we walk along a trail that offers superb views of Everest, Lhotse, and Ama Dablam. Afterward, the route slowly descends through forest and small settlements like Kyangjuma and Sanasa to the Dudh Koshi at Phunki Tenga. At Phunki Tenga, we can have lunch while enjoying the river view. After lunch, the route crosses a suspension bridge, climbs through pine and rhododendron forests, and reaches Tengboche. Our day's overnight stay and dinner are at Hotel Tashidelek or Hotel Himalaya at Tengboche.

Destination:

10 km Uphill trek (Avg. 6
hours)

Accommodation

Tyangboche Guest House or
Hotel Tashidelek

Altitude:

(3867 m./12687 ft.)

Meals

Breakfast, Lunch, Dinner

Day 5: Trek to Dingboche

The day starts with a visit to Tengboche Monastery, then continues towards the day's destination. Leaving Dingboche, that pathway drops through the forest to Deboche and Pangboche village, crossing a bridge over Imja Khola. Then the route goes up slowly via Shomare to the open Imja Valley with a stunning view of Ama Dablam and other peaks. The path gets drier and rockier near Dingboche, where you stay overnight.

Destination:

14 km Uphill hike
(Avg. 5 hours)

Accommodation

Hotel Good Luck or Similiar
category

Altitude:

(4350 m./14355 ft.)

Meals

Breakfast, Lunch, Dinner

Day 6: Acclimatization At Dingboche

An acclimatization day at Dingboche is a “rest but active” day that helps the body adjust to the thinner air before going to a higher elevation. On the day, you’ll hike to Nangkartshang (Nagarjun) Hill, then get back down to sleep in Dingboche. The Nagarjun viewpoint offers views of Ama Dablam, Lhotse, Makalu, and the Imja Valley. In the afternoon, you can walk around Dingboche village and relax in the teahouses. Day’s overnight stay in Dingboche.

Destination:

Nangkartshang hike

Accommodation

Hotel Good Luck or Similiar
category

Altitude:

(4350 m./14355 ft.)

Meals

Breakfast, Lunch, Dinner

Day 7: Trek to Lobuche

The day starts with a gentle walk above the Dingboche village. Soon, the trek heads toward Thukla, where you stop for tea or lunch before a steep zigzag climb to the memorial area at Thukla Pass. At Thukla Pass, you can witness many cairns for climbers who died on Everest. After the pass, the route eases into a rocky, glacial valley that follows moraine beside the Khumbu Glacier until Lobuche. Overnight and dinner are at the New EBC Lodge or the National Park Hotel of Lobuche.

Destination:

6 km Uphill hike
(Avg. 4 hours)

Accommodation

National Park Hotel or Similiar
category

Altitude:

(4900 m./16170 ft.)

Meals

Breakfast, Lunch, Dinner

Day 8: Trek to Gorakshep - EBC excursion - Gorakshep overnight

From Lobuche, you’ll start after an early breakfast and follow the rocky moraine trail beside the Khumbu Glacier to Gorakshep. After checking into a lodge and having lunch, you’ll leave your big bag and walk with a light daypack toward Everest Base Camp. The route follows a rough, up-and-down path along the glacier. At EBC, we can see Mt. Lhotse, Nuptse, Pumori, Ama Dablam, Makalu, Thamserku, and Kangtega. After spending some time at EBC, you’ll return to Gorakshep for an overnight stay.

Destination:

3-4 km trek (Avg. 5 hours)

Accommodation

Himalayan Inn or Similiar

Altitude:

(5100 m./16830 ft.)

round trip)

category

Meals

Breakfast, Lunch, Dinner

Day 9: Sunrise Hike to Kallapathar - Retrace to Pheriche

Early morning, we'll hike towards Kala Patthar for first light on Everest and the surrounding peaks. The route to the viewpoint is steep yet short. After reaching the top of the Kala Patthar, you'll be mesmerized by the sunrise over the mountain peaks of Mount Everest's summit, Nuptse, Lhotse, Pumori, and other surrounding peaks. After taking photos and enjoying the views, you return to Gorakshep, have breakfast, and then begin the long descent back down to Pheriche. Overnight and dinner at Pheriche's Everest Trekker's Kitchen.

Destination:

12 km Downhill hike (Avg. 4 hours)

Accommodation

Everest Trekker's Kitchen or
Similar category

Altitude:

(4250 m./14025 ft.)

Meals

Breakfast, Lunch, Dinner

Day 10: Trek to Namche

The day consists mostly of a downhill walk, with some sections on an uphill path. From Pheriche, the route descends via Pangboche and Deboche, then climbs back up to Tengboche. Afterward, the route descends to the river and then zigzags uphill to rejoin the path to Namche. Overnight stay at Khumbu Lodge or a similar category.

Destination:

15 km Downhill hike (Avg. 6 hours)

Accommodation

Sun Shower Hotel or Khumbu
Lodge

Altitude:

(3440 m./11352 ft.)

Meals

Breakfast, Lunch, Dinner

Day 11: Trek to Lukla

The trek from Namche Bazaar back to Lukla is a long final day to EBC via Ramechhap. The route first descends from Namche to the high suspension bridge over the Dudh Koshi. Then, the pathway follows the river through Jorsalle, Monjo, Benkar, and Phakding. After Phakding, the trail continues with gentle ups and downs before a final steady climb into Lukla. You'll stay at Lukla for the last day in the Khumbu and prepare for the flight out the next morning.

Destination:

20 km Downhill hike (Avg. 8 hours)

Accommodation

Hotel Ganesh Himal or Similiar
category

Altitude:

(2800 m./9240 ft.)

Meals

Breakfast, Lunch, Dinner

Day 12: Fly to Ramechhap - Drive to Kathmandu

After a pleasant and never-to-be-forgotten experience in the Everest Base Camp Trek, it's time to return. You'll catch an early morning flight to Ramechhap from Lukla Airport. You'll say goodbye to the Khumbu region and board the Ramechhap flight. While flying back, your journey memories will hit you and make you quite emotional. You'll witness the last thrilling aerial view of the Himalayas and get to Ramechhap within 15 minutes.

Once you get to Ramechhap, our representative will pick you up and drive you back to Kathmandu in a private vehicle. The view and road are the same, but your feelings are vastly different en route. You'll have lunch on the way. A 4-5 hour drive takes you to Kathmandu, where you'll stay overnight.

Note: The route from Phakding to Everest Base Camp and return is the same as the classical route to Everest Base Camp. Thus, you can look for the [12-day Everest Base Camp trek](#) for a detailed itinerary.

Destination:

15 minutes Flight

8 km Uphill hike

(Avg. 4 hours trek + 4 hours
drive to Ramechhap)

Altitude:

(1400 m./4593 ft.)

Meals

Breakfast

What's Included

- Tribhuvan International Airport Pick Up and Transfer to Hotel in Kathmandu.
- Lodge (Twin share base) accommodation during the trek.
- All meals (Breakfast, Lunch, Dinner) during the trek.
- One experienced, well-trained, fluent English-speaking, friendly, specialized in the Everest region, and government-authorized trekking guide and required porters (One porter for two persons).
- Guide and porter's food, accommodation, salary, insurance, and transportation, etc.
- Ramechhap/ Lukla/Ramechhap round trip by flight.
- Sagarmatha National Park fee and Pashang Lhamu Rural Municipality Entry fee.
- Overland transportation as per the itinerary.
- A trekking map, duffel bag, first aid kit box, Oxygen saturation check up every day, water purification, a company T-shirt, and a trekking completion certificate.
Assistance for emergency rescue evacuation.
- All kinds of service charges and government taxes.
- Public Liability Insurance.

What's Not included

- Hotel accommodation and meals in Kathmandu.
- Hard and soft drinks, such as tea/coffee, Coke, Fanta, mineral water, beer, hot shower, hot water, laundry, and phone bill, etc.
- Personal Travel Insurance.
- International Flight Tickets.
- Nepal Tourist Visa Fee (<https://www.immigration.gov.np/en/post/visa-fee-and-documents-1>)
- Tips for guides and porters.

Trip route map

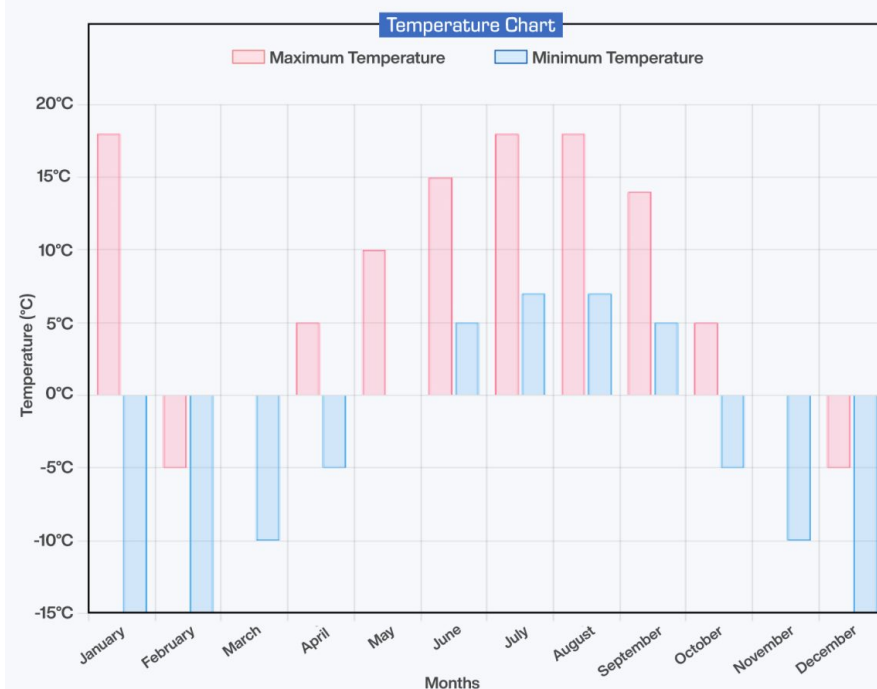
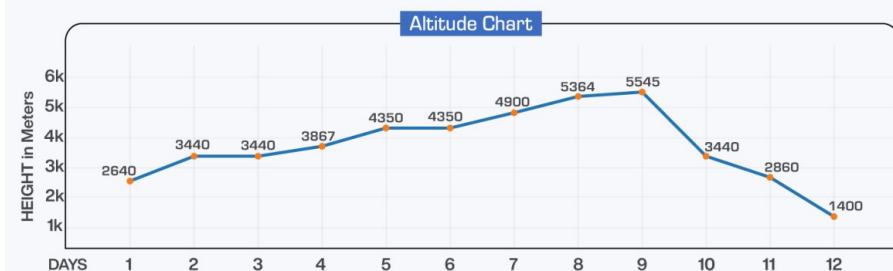
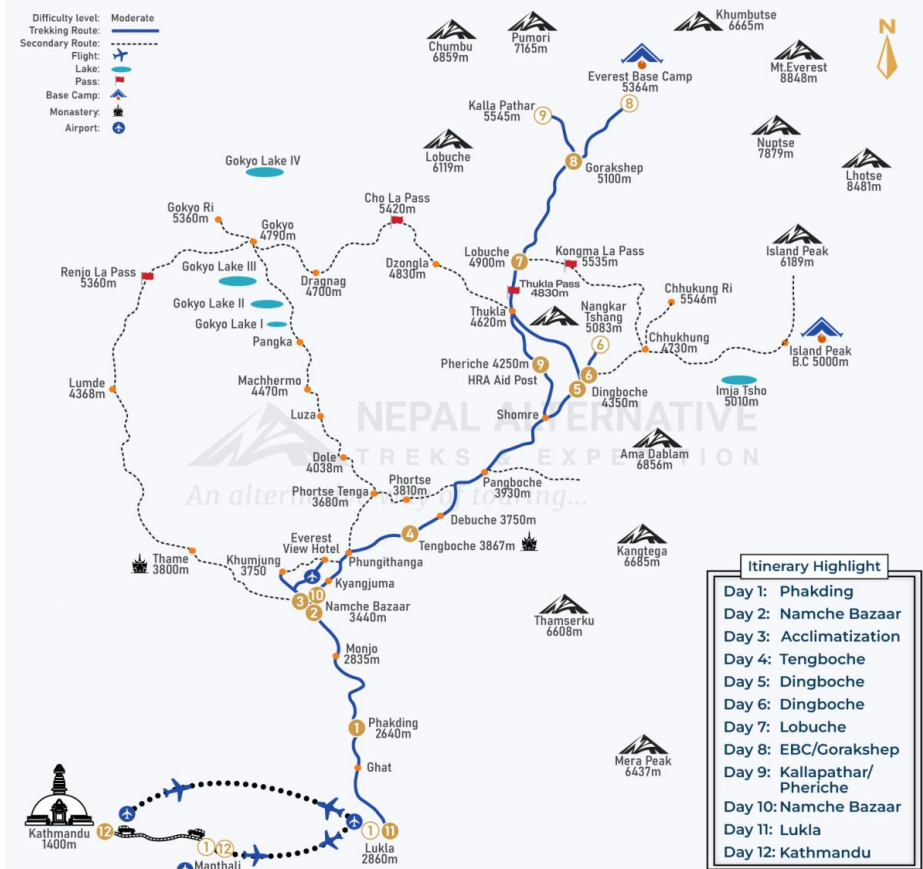


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EVEREST BASE CAMP

12

TREK VIA RAMECHHAP DAYS



Additional Trip Information

Ramechhap Flight Season for EBC Trekkers

The flight from Ramechhap to Lukla is seasonal, typically occurring during the peak seasons, such as **spring (March to May) and Autumn (September to November)**. The reason for diverting the flight from Kathmandu’s domestic airport to **Manthali Airport in Ramechhap** is due to the air traffic congestion at Tribhuvan International Airport. Thus, the government and airlines decided to move Lukla flights to avoid delays and congestion since 2019, and continue during peak trekking months.

However, during the off-season, such as summer and winter, flights to Lukla are operated from Kathmandu. Still, for those preferring to travel from Ramechhap, it is also an option. Yet, the Ramechhap flight season for EBC is a smart way Nepal handles high tourist traffic. It may feel inconvenient and time-consuming at first, but it helps to ensure the flight to Lukla is smooth and on time.

Why Ramechhap to Lukla?

The primary reason for the **Lukla flight from Ramechhap** instead of Kathmandu is that Tribhuvan International Airport is the busiest international airport in Nepal. The airport also handles most of the domestic flights. During the peak season, thousands of tourists visit Nepal, and the airport becomes overcrowded, resulting in delays and long wait times. Thus, to manage the flight time of Lukla and reduce the pressure on Kathmandu Airport, travelers must fly to Lukla from Ramechhap in peak season.

Another reason why Ramechhap to Lukla is due to Lukla’s flight time being sensitive. Lukla lies at a high altitude with unpredictable weather and strong winds. At Lukla Airport, planes can only land or take off when the weather is clear. If flights from Kathmandu are delayed, it is unsafe to fly later in the day. In this situation, Ramechhap is closer to Lukla, which saves time and reduces the likelihood of weather-related cancellations.

Additionally, if the Lukla flights were operated from Kathmandu, the air traffic would cause many delays and cancellations. With the Ramechhap flight, planes take off on time, and fewer flights are canceled, which means travelers have a better chance of reaching Lukla as planned without any delays.

Ramechhap vs. Kathmandu: Which is Better for Flying to Lukla?

Heading to Lukla for an adventure to Everest, we need either a flight from Kathmandu or Ramechhap. But which one is better? Here is the comparison table that informs you about both:

Feature	Ramechhap (Manthali) Airport	Kathmandu (Domestic) Airport
Flight Reliability	More reliable and fewer delays.	Frequent delays and cancellations during peak times.
Distance to Lukla	Closer with just a 15-20 minute flight.	Quiter farther, taking 30-35 minutes of flight.
Airport Traffic	Less crowded and more Lukla-focused.	Very busy with both domestic and international flights.

Feature	Ramechhap (Manthali) Airport	Kathmandu (Domestic) Airport
Travel Time to Airport	4-5 hours by road from Kathmandu.	Easily accessible and lies within Kathmandu city.
Weather Impact	Departure occurs early in the morning, when the weather is best and the chance of cancellation is lower.	Flights often get delayed due to Kathmandu's weather and traffic.
Best For	Spring and Autumn (peak season)	Winter and Summer (Off-season)

Overall

If you are traveling to the Everest region during the peak season, Ramechhap is a better option for reliable and timely flights to Lukla. Similarly, it's also a part of the system designed to manage air traffic efficiency. However, if you are traveling in the off-season, flying to Kathmandu is more convenient and comfortable.

Frequently Asked Questions

What if the road to Ramechhap is blocked or delayed? Will I miss my flight?

If the road to Ramechhap is blocked or delayed, there's an alternative route to reach Ramechhap, which is slightly longer, but it's stable. Still, if you are delayed for the flight, you can wait until the next day to fly to Lukla. Alternatively, if you are on a tight budget, you can opt for a helicopter flight, but that costs extra.

Is the Ramechhap airport safe for flying to Lukla?

Yes, the Ramechhap Airport is generally safe for flying to Lukla. The highly trained pilot and flight operations in good weather make it one of the safest airports. Additionally, your safety is our top priority, and flights will be canceled if conditions are unsafe and the weather is unclear.

Can I stay overnight in Ramechhap instead of driving early morning from Kathmandu?

Yes, you can stay overnight in Ramechhap instead of driving early in the morning from Kathmandu. In fact, it's a good idea for a more relaxed and less stressful travel experience. However, the accommodation in Ramechhap is basic, and you will need to pay for it.

Do I need to arrange my own transport to Ramechhap, or is it included in the trek package?

No, you don't need to arrange your own transport to Ramechhap from Kathmandu, as it is included in the trek package. However, if you choose a transportation option not included in the package, you will need to pay an additional fee. Otherwise, your package covers comfortable overland transportation for your comfort.

Are permits for EBC via Ramechhap the same, or do I need extra?

Yes, the permits for the EBC via the Ramechhap route are the same as those for the classic Everest Base Camp Trek, and no additional permits are required. The Sagarmatha National Park Permit and the Khumbu Pasang Lhamu Rural Municipality permit are two permits needed for the trek.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals, transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable.*** You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action, wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer's request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred. Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements, but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the

authority to make any amendments.

Address

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