

Kanchenjunga Base Camp Trek - 22 Days

URL: <https://nepalalternativetreks.com/trip/kanchenjunga-base-camp-trek/>

Kanchenjunga Base Camp Trek Quick Information

Weather

-10°C to 15°C

Duration

22 Days

Difficulty

Difficult

Accommodation

Lodges

Meals Included

Breakfast, Lunch, Dinner

Transportation

Overland + Flight

Daily Activity

Approx. 5 - 6 hours

Religion

Buddhist, Bon

Ethnic People

Rai, Limbu, Sherpa

Region of Nepal

Kanchanjunga, Taplejung

Max Altitude

5142m./16968ft.

Per Person Cost

USD 1550

Best Season

Sept, Oct, Nov, March, April,
May

Geographic Terrain

Mountain, Forest, Village,
Glacier

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 4	USD \$1,550.00
Group Of 5 - 8	USD \$1,500.00
Group Of 9 - 12	USD \$1,450.00
Group Of 13 - 18	USD \$1,400.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Kanchenjunga Base Camp Trek Overview

The Kanchenjunga Base Camp Trek lets you explore the Gurung, Rai, Limbu, and Sherpa cultures and traditions. You can also try their local cuisines during the trek. To visit the Kanchenjunga region, you need special permits: the Kanchenjunga Conservation Area Project Entry Permit (KCAP) and the Kanchenjunga Restricted Area Permit (RAP).

The best time to trek to Kanchenjunga Base Camp is in autumn (September-November). During this season, the skies are clear, and the temperatures are mild. Spring (March-May) is also a good time because the rhododendrons are in full bloom, and there is little chance of rain. Trekking in winter or the rainy season is more difficult due to slippery paths and cold temperatures.

Why Kanchenjunga Base Camp Is Good For Trekkers With More Than 20 Days?

- Trek to Kanchenjunga Base Camp, where you can view the world's third-highest mountain, Mt. Kanchenjunga.
- Explore the flora and fauna of the Kanchenjunga Conservation Area.
- Explore the culture and tradition of the Rai and Limbu people and try their local cuisine in 22 Days
- Get a panoramic view of Nepal's famous mountains, such as Lhotse (8516m), Everest (8848m), Kanchenjunga (8586m), Makalu (8481m), and many others.
- Trek to Yalung Base Camp, where you can see the famous Yalung glacier and Jannu Himal.
- Cross the Mirgin La Pass at 4500 meters.

Weather

Best Time To Trek Kanchenjunga Base Camp

Spring and Autumn are the best seasons to tour the Kanchenjunga Base Camp. These seasons offer the best conditions to trek in this region. The weather is favorable for trekking. These seasons are also the peak season, during which numerous trekkers trek in this region. During Spring, the forest blooms with wildflowers, making the trails colorful. The weather is clear, and it offers the best views of the mountains of the Kanchenjunga ranges.

Autumn offers another perfect season to trek in this region. The post-monsoon season makes the surroundings fresh and clear as the rain clears the Landscapes. It offers the best views of the Himalayan Landscapes in the Kanchenjunga area. Moreover, you can also enjoy the different Hindu and Buddhist festivals during this time, as it is the festive season in Nepal.

January

-5°C to 5°C

February

-5°C to 5°C

March

-3°C to 7°C

April

0°C to 9°C

May

3°C to 12°C

June

5°C to 14°C

July

7°C to 15°C

August

5°C to 13°C

September

5°C to 13°C

October

2°C to 10°C

November

-2°C to 7°C

December

-4°C to 6°C

Difficulty

Difficulty Level Of Kanchenjunga Base Camp Trek

The Kanchenjunga base camp trekking is one of the most challenging treks in Nepal and one of the least explored trekking trails in Nepal. Hiking up to 5000 meters is always a difficult feat. You must deal with several challenges while hiking to this region. Altitude sickness is a common concern for trekkers. There's a high chance of altitude sickness as this region's oxygen level is very low. Weather is another factor that troubles you in the trek. The weather in the Himalayas is unpredictable. It can rain or receive snowfall at any time. Trekking toward this region is almost impossible because of its weather conditions.

Moreover, it is a long trek, which makes the trekkers feel monotonous. You should be physically fit for this trek. You should focus on your stamina, as hiking for 6-8 hours daily won't be easy. Your mentality plays an important role in this trek. You should be mentally prepared for this trek. You should constantly push yourself ahead, no matter whatever challenges the trek presents you. Acclimatization is very necessary for trekkers to adapt themselves to this condition.

If you're planning to trek the trails of Annapurna Circuit, you should be well prepared for it. You should focus on your food and diet, work on your stamina, and perform regular exercises to prepare for this trek. Prior hiking/trekking experience will ease your hiking as you will be familiar with the conditions.

22 Days Kanchenjunga Base Camp Trek Itinerary

Day 1: Fly to Bhadrapur from Kathmandu - drive to Taplejung

We take an early morning flight to Taplejung, where you can glimpse eastern Nepal's beautiful landscapes and terrains. After landing in Bhadrapur, we will begin our drive to the Limbu village of Taplejung. On the way to Taplejung, we will pass through Illam, Nepal's largest tea plantation area. This is an almost 7-hour drive, and you will reach Taplejung by evening. Overnight stay at Taplejung.

Destination:

30 minutes flight /180km/06 hours drive

Accommodation

The Hotel Mountain or Similar category

Altitude:

(1441m./4755ft.)

Meals

Lunch, Dinner

Day 2: Drive to Ranipul

After breakfast, we drive towards Ranipul by local sharing jeep. This is a straightforward drive, where we drive past grasslands and can see farmers with herds of sheep and cattle grazing along the way. You can reach Ranipul in the afternoon and spend the rest of the day exploring the region or taking some rest. Overnight stay at Ranipul.

Destination:

60km/ 04 hours drive

Accommodation

Hotel Dream & Lodge or
Similar category

Altitude:

(2265m./7474ft.)

Meals

Breakfast, Lunch, Dinner

Day 3: Trek to Kengsra

After breakfast, we make our way to the village of Kengsra. This trail will take us downhill along the river of Phawa, where we cross a massive suspension bridge that brings us to the village of Kunjuri. We will stop for lunch, rest somewhere near Kunjuri, and begin our trek across ridges and some rocky paths before reaching Kengsra. You can start to see a distant image of Kanchenjunga from here.

Destination:

15km./05 hours walk

Accommodation

Kengsra Hotel & Lodge or
Similar category

Altitude:

(2120m./6996ft.)

Meals

Breakfast, Lunch, Dinner

Day 4: Trek to Torangden

Today, we begin our trek to the beautiful Limbu settlement of Torangden. The trail that we will travel today is also called Limbu Cultural Trail. Today's trek takes us across hillsides above the Kabeli Khola, and likewise, past a small village called Anpan, before crossing the Kashawa Khola to reach Torangden. En route, you can explore the culture, traditions, and local cuisine of the Limbu people.

Destination:

14km./05 hours walk

Accommodation

Green View Hotel or Similar
category

Altitude:

(1785m./5890ft.)

Meals

Breakfast, Lunch, Dinner

Day 5: Trek to Cheram

After breakfast, we begin our ascent to Cheram. This trail takes us mainly along the Simbuwa Khola. The sounds of the river and mild sunshine along the way feel tranquil. We will also pass forests of rhododendrons, massive pines, juniper, and oaks to reach Lalung Valley. You can get a beautiful view of

the Yalung Glacier from here, as well as a glimpse of the magnificent Tuplung Peak. A short walk from here takes you to Cheram.

Destination:	Accommodation	Altitude:
14km./05 hours walk	Hotel Blue Ship or Similar category	(3870m./12771ft.)

Meals

Breakfast, Lunch, Dinner

Day 6: Acclimatization / Exploring around Cheram.

Today, we rested one day at Cheram since we had reached a considerable height. We will spend the day acclimatizing ourselves to the environment and take some well-needed rest. You can spend the day exploring the village and watch how rural people survive and thrive in these conditions. Explore the culture and traditions of the Limbu and Rai (collectively known as Kirat) people living in these remote regions.

Destination:	Accommodation	Altitude:
5km./02 hours excursion	Hotel Blue Ship or Similar category	(3870m./12771ft.)

Meals

Breakfast, Lunch, Dinner

Day 7: Trek to Ramchaur/ Ramjer

After breakfast, we begin our trek to Ramchaur or Ramche. Trekkers going to the Yalung Base Camp take this same trail. As you climb uphill, you again come across beautiful forages of rhododendrons, junipers, and pines. Enjoy the fantastic view of mountains like Kabru (7412m), Rathong (6682m), and Kokthang (6148m). Ramchaur is also known as the “hidden stone lodge” because of its beautiful stone houses. Overnight stay at Ramchaur/ Ramjer.

Destination:	Accommodation	Altitude:
05 hours/12km.	Snow Home Hotel or Similar category	(4580m./15114ft.)

Meals

Breakfast, Lunch, Dinner

Day 8: Visit Yalung Base Camp - Retrace to Cheram

After breakfast, we will trek to the famous Yalung Base Camp. Along this trail, you may notice a lot of frozen streams, so you may have to be a bit careful as it can get slippery. After a short walk, we can also visit the Oktang Monastery before finally reaching the Yalung Base Camp. You can glimpse renowned peaks such as Jannu Himal (7710m), Nyukla Lachung, and other mountain vistas. After lunch and resting here, we retrace our steps to Cheram.

Destination:

19km/ 06 hours walk

AccommodationSnow Home Hotel or Similar
Category**Altitude:**

(3870m./12771ft.)

Meals

Breakfast, Lunch, Dinner

Day 9: Trek to Sele La

After breakfast, we begin our trek to Sele La. This is a longer trail than other days as we make our way through four passes today. The first pass we will cross through is Sinelapche Bhanjyang (4645m), after which we make our way to the second pass, the Mirgin La pass (4480m). After a couple of hours of walking through ridges, we reach the third pass, the Sinion La pass. Finally, we ascend to our final pass, the Sele La pass. The total trek lasts for 6 hours today.

Destination:

14km./ 06 hours walk

AccommodationHill Side Lodge or Similar
category**Altitude:**

(4290m./14157ft.)

Meals

Breakfast, Lunch, Dinner

Day 10: Trek to Ghunsa

After breakfast, we begin our trek to Ghunsa. This is a more natural trek day compared to yesterday. Today, we pass through small forests of rhododendrons and pines. We can also see several Buddhist Chortens and prayer flags along the way. Once you reach Ghunsa, you can spend the rest of the day exploring the area. The houses in Ghunsa are unique as they are made of rocks, and the inner walls are made of pines. It is one of the famous towns, where trekkers rest on their way to Kanchenjunga Base Camp. Overnight stay at Ghunsa.

Destination:

14km./ 05 hours walk

AccommodationZonga Family Guest House or
Similar category**Altitude:**

(3595m./11863ft.)

Meals

Breakfast, Lunch, Dinner

Day 11: Trek to Kambachen

Today, we begin our trek towards Kambachen. This trek takes us further up to the northern side as we make our way through beautiful wildflowers and forages of rhododendrons and wild oaks. After walking for a couple of hours, you will come across a suspension bridge over a river at Rampuk Kharkha, where we view waterfalls and landslide sections. Enjoy an alluring view of Jannu Himal from here. Overnight stay at Kambachen.

Destination:

05 hours/12km

AccommodationKanchanjunga White House or
Hotel Shingi Namjong**Altitude:**

(4050m./13365ft.)

Meals

Breakfast, Lunch, Dinner

Day 12: Excursion to Janu (Mt. Kumbakarna) View Point

You will have wonderful day excursion to Mt. Kumbakarna (Mt. Janu). Overnight in Kambachen

Destination:

05 hours round trip

AccommodationKanchanjunga White House or
Hotel Shingi Namjong**Altitude:**

(4050m./13365ft.)

Meals

Breakfast, Lunch, Dinner

Day 13: Trek to Lhonak

After breakfast, we begin our trek to Lhonak. The path in this trail slowly starts getting icy and covered with snow as we make our way uphill. We also make our way past rocky terrains and across riverbanks before we cross a suspension bridge over a river. We can then see the small village of Lhonak. Lhonak is not as developed as the other villages but provides a comfortable stay for the night.

Destination:

14km./ 06 hours walk

AccommodationLonak Guest House or Similar
category**Altitude:**

(4780m./15774ft.)

Meals

Breakfast, Lunch, Dinner

Day 14: Excursion to Kanchenjunga Base Camp - Retrace to Lhonak

Today, we finally make our way to the famous Kanchenjunga Base Camp. Most of the path in this trail is generally grassy, but the strong winds remain the main challenge. As you reach Kanchenjunga Base Camp, you may notice a lot of tents belonging to mountaineers who are starting their expedition to the Kanchenjunga summit. From the base camp, you get a magnanimous view of the third-highest peak of the world, Mt. Kanchenjunga (8586m). We make our way upwards to Pangpema, where you can get a beautiful view of the north face of Kanchenjunga. Overnight stay at Lhonak.

Destination:

10km./ 04 hours walk

AccommodationLonak Guest House or Similar
category**Altitude:**

(5143m./16971ft.)

Meals

Breakfast, Lunch, Dinner

Day 15: Trek to Ghunsa

Today, we retrace our steps to make our way back to where we started. We walk past rocky trails and cross suspension bridges and stop at Kambachen for lunch. We rest for a while here and then continue our way downhill to the village of Ghunsa. Walking past thick forests of rhododendrons and pines, we arrive at Ghunsa. Overnight stay at Ghunsa.

Destination:

15km. / 06 hours walk

Accommodation

Zonga Family Guest House or
Similar category

Altitude:

(3595m./11863ft.)

Meals

Breakfast, Lunch, Dinner

Day 16: Trek to Gyapla

Today, you will walk downhill to Gyapla. It's a short walk but it's wonderful walk through small streams and limbu settlements. Overnight in Gyapla .

Destination:

13km./ 05 hours walk

Accommodation

Hotel Shingi Namjong or
Similar category

Altitude:

(2800m./9240ft.)

Meals

Breakfast, Lunch, Dinner

Day 17: Trek to Amjilosa

After breakfast, we make our way to Amjilosa. Since we are going downhill, the temperature starts getting warmer, and no strong winds are blowing our way. On the way, you can notice a lot of monasteries and small streams before we reach the village of Phale, where we stop for lunch. We cross a suspension bridge over Chhundarangka Khola and pass through little waterfalls and Chortens before reaching Amjilosa.

Destination:

05 hours/14km

Accommodation

Chiring Kpa Hotel or similar
category

Altitude:

(2308m./7616ft.)

Meals

Breakfast, Lunch, Dinner

Day 18: Trek to Sekthum

After breakfast, we make our way to Sekathum. This trail takes us through Ghunsa river and Solima village, where we can also see lush meadows and pasture areas for yaks. On the way, you can also see farms of paddy, millet, barley, and cardamom plantations. Take a last glimpse at the Kanchenjunga Conservation Area as you near its exit as you reach Sekthum. Overnight stay at Sekthum.

Destination:

14km./ 06 hours walk

Accommodation

Lodge in Sekthum

Altitude:

(1270m./4191ft.)

Meals

Breakfast, Lunch, Dinner

Day 19: Trek to Tapethok

After breakfast, you will walk downhill to Tapethok . Overnight in Tapethok.

Destination:

14km./05 hours walk

Accommodation

Lodge in Tapethok

Altitude:

(1322m./4362ft.)

Meals

Breakfast, Lunch, Dinner

Day 20: Drive to Taplejung

After breakfast, we drive local sharing jeep our way back to Taplejung. Today is the final day of the trek. We make your drive way through grazing areas and alpine grasslands. The number of villages increases as you continue on this road. You will come across well-made roads as you descend. You will reach Taplejung by early afternoon, where you can take some rest. Overnight stay at Taplejung.

Destination:

40km. / 04 hours drive

Accommodation

The Hotel Mountain or similar category

Altitude:

(2420m./7986ft.)

Meals

Breakfast, Lunch, Dinner

Day 21: Drive to Bhadrapur/Birtamod

After breakfast, you begin your drive back to Bhadrapur. On the way, you can stop at Ilam. You get to observe a variety of tea leaves that are famous all over Nepal. You will reach Bhadrapur by late afternoon. After resting for a while at the hotel, you can then head out to visit the local market area of the place, overnight in Bhadrapur/Birtamod.

Destination:

180km./ 07 hours drive

Accommodation

Hotel Chandrama Inn or Similar category

Altitude:

(91m./300ft.)

Meals

Breakfast, Lunch, Dinner

Day 22: Fly to Kathmandu - 01 hour flight

After breakfast, you will catch your flight back to Kathmandu. On the flight, catch a final glimpse of the beautiful landscape and hillsides of the eastern region for the last time. Upon reaching Kathmandu, you head to the hotel and relax.

Destination:

01 hour flight to Kathmandu

Altitude:

(1295m./4273ft.)

Meals

Breakfast

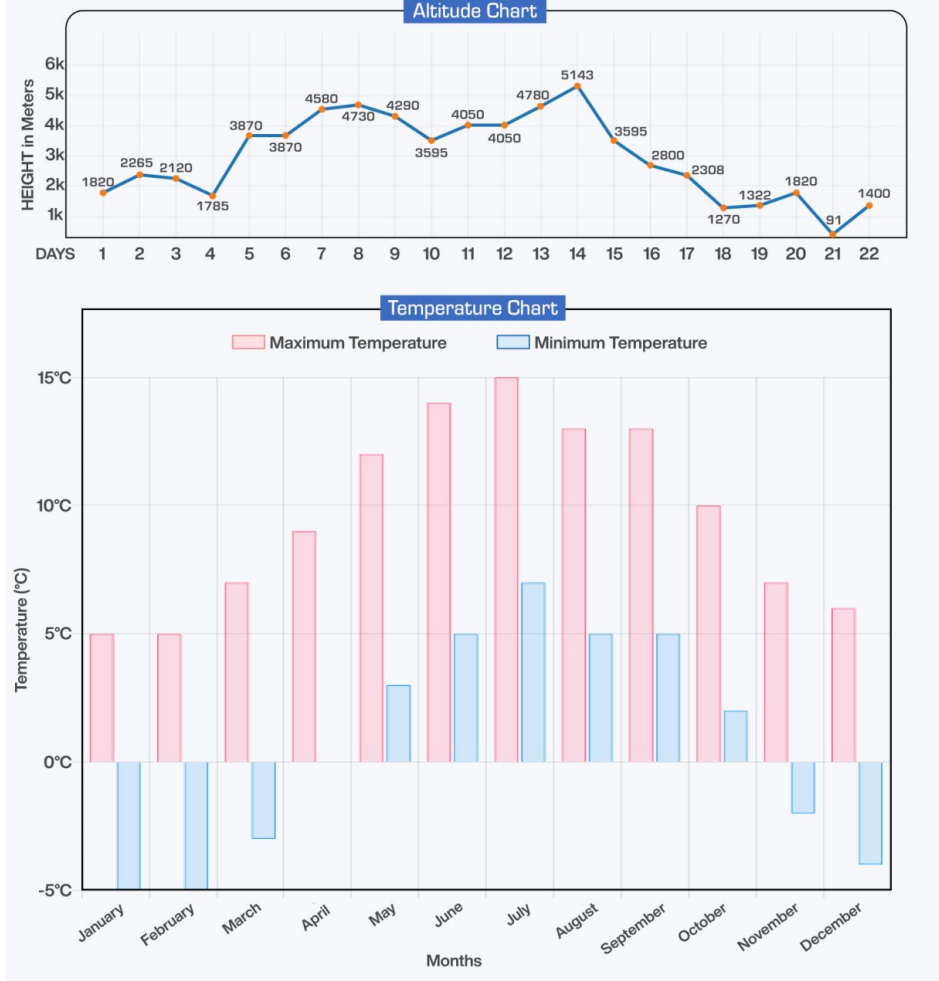
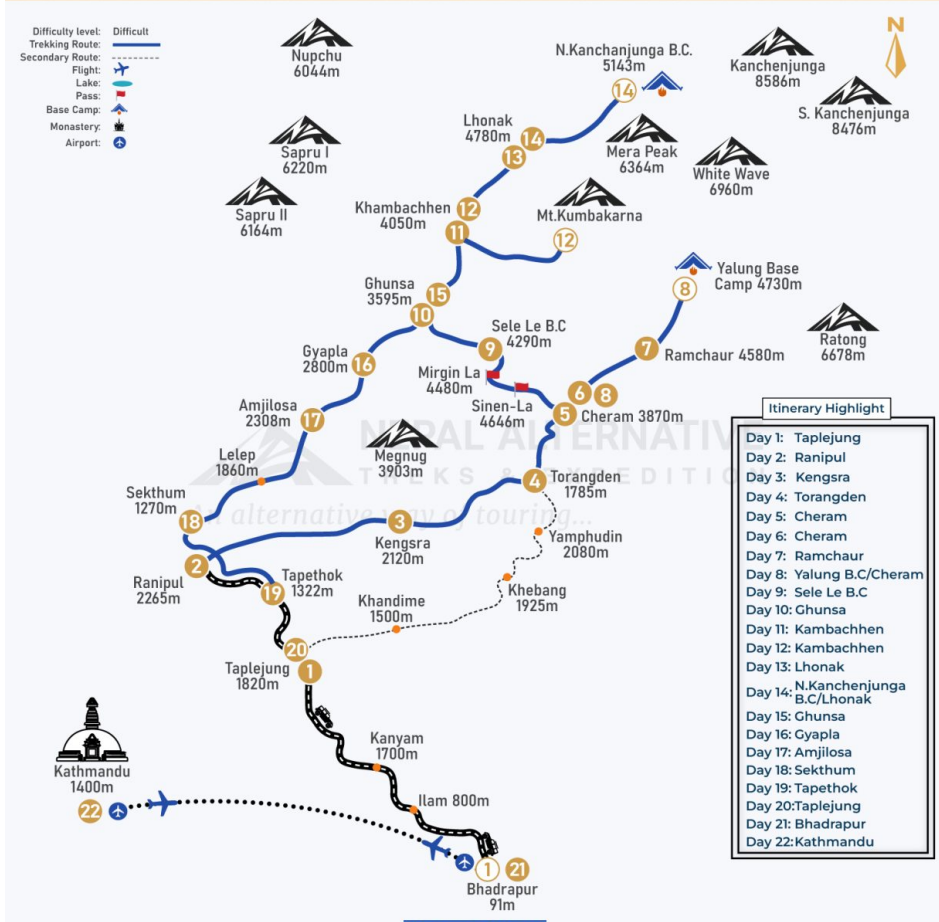
What's Included

- Tribhuwan International Airport Pick Up and Transfer to Hotel in Kathmandu .
- All meals during the trekking (Breakfast, Lunch, Dinner).
- Lodge accommodation (Twin share basis) during the trekking.
- One highly experienced, first aid trained, fluent English speaking, friendly and government authorized trekking guide
- 1 Porter per 2 Trekkers and keep luggage weight under 10kg per person.
- Guide/ Porter's food, accommodation, salary, insurance, transportation and equipments.
- Kanchenjunga special permit and Kanchenjunga Conservation.
- Oxygen saturation check up everyday, water purification, A trekking map, first aid medical, company t-shirt, trekking completion certificate etc.
- Overland transportation as per mentioned in itinerary.
- Kathmandu- Bhadrapur – Kathmandu by flight.
- Assistance for emergency rescue evacuation.
- Government tax and service charge.
- Public Liability Insurance.

What's Not Included

- Hotel accommodation and meals in Kathmandu
- Hard and soft table drinks such as tea/coffee, coke, fanta, mineral water, alcoholic drinks, laundry, phone bill, boiled water, battery charge, desert, hot shower etc.
- Personal Travel insurance.
- International Flight Ticket.
- Nepal Tourist Visa
- Tips for guide and porters.(Highly suggested).

Kanchenjunga Base Camp Trek Route Map



Additional Trip Information

Travel and insurance During Kanchenjunga Base Camp Trekking

Travel Insurance is almost compulsory for trekking in Nepal. You should have your insurance before you book for your trek. There are very few trekking agencies that accept your trek without travel insurance. While booking your travel insurance, ensure that your travel insurance covers injuries, medical expenses, repatriation, rescue missions, and property loss. Most importantly, make sure it doesn't expire. Hiking above 5000 meters is always risky. You cannot simply leave for a trek without any planning. Therefore, we recommend you get good insurance that covers everything during the trek. Having insurance will let you trek freely with peace inside your head, as you don't need to worry about anything.

Meals and Accommodation During Kanchenjunga Base Camp Trek

Your stay in Kathmandu will be in a star hotel, and your room will have all the amenities. All three meals for the day will be at the same hotel in Kathmandu. Similarly, tea houses and lodges are the standard accommodation options once you leave for the trek. The locals often run these Guest houses or Tea houses. They provide you with basic amenities in your rooms. We try to provide the most comfortable tea houses with hot showers, toilets, western food, and private rooms. It depends on the tourist flow in this region. You will have the options for a hot shower, charging, etc., but they will charge you a few extra dollars.

You will have three meals per day. Your breakfast will be at the place where you will be staying. As you will be hiking in the remote areas of Nepal, you won't have multiple options for food. Generally, the tea houses will serve you local food items for your meal. Your breakfast items include Tibetan Bread, Tea, cornflakes, varieties of eggs, etc. Your lunch will be in the middle of your hike, whereas your dinner will be at the place where you are staying. The food items for lunch and dinner are almost similar. Daal Bhaat will be your staple meal during the trek. Other food items include noodles, potato wedges, soup, pasta, Thukpa, Dhindo, Momo, Pizza,

Required Permits for Kanchenjunga Base Camp Trek

You need two permits for the Kanchenjunga Base Camp Trek: **the Kanchenjunga Conservation Area Permit (KCAP) and the Kanchenjunga Restricted Area Permit (RAP)**. *A TIMS card is not required for this trek because the RAP covers the registration and security role that TIMS used to handle in other regions.*

1. Kanchenjunga Conservation Area Permit (KCAP)

- **Who needs it:** All foreign trekkers entering the Kanchenjunga Conservation Area.
- **Cost (2026):** NPR 2,000 per person per entry for all foreigners, including SAARC nationals.
- **Where to get it:** Nepal Tourism Board (NTB) office in Kathmandu or Pokhara, or through your trekking agency. Some checkpoints also issue/verify it at the conservation area entrance.

2. Kanchenjunga Restricted Area Permit (RAP)

This is the main permit for Kanchenjunga. It is issued only through a registered Nepali trekking agency

and requires a licensed guide.

- **Who needs it:** All trekkers entering the restricted wards of Taplejung (Kanchenjunga region).
- **2026 solo rule:** Since March 2026, one person can get a RAP. The old **minimum two trekkers** rule no longer applies, but you still must go with a licensed guide and use a registered agency.
- **Cost (2026):** USD 20 per person per week for the first 4 weeks and USD 25 per person per week after 4 weeks. A “week” means any part of 7 days, so 9 days = 2 weeks, 15 days = 3 weeks, etc.
- **Where to get it:** Only through a registered trekking agency in Nepal. You cannot get a RAP on your own at the trailhead, in Kathmandu, or in Pokhara.

3. TIMS Card - Not Required for Kanchenjunga

For Kanchenjunga, the TIMS card is not compulsory. The Restricted Area Permit (RAP) replaces the TIMS requirement in this region. If an agency still suggests a TIMS card, it is optional and mostly for extra record-keeping, not a legal requirement for Kanchenjunga.

- **TIMS fees (if taken):** Around NPR 2,000 for independent trekkers in regions where it applies, but again, not needed here.

A typical day in Kanchenjunga Base Camp Trek

Generally, your day begins at the place where you stay. You will have breakfast before leaving for your daily hike. After breakfast, our guides will give you a short briefing session about today's hike. You will not waste any time and start your hiking for the day. Our guides will explain to you about different places or any unique things you will encounter. You will stop at several scenic spots to click pictures or soak yourself in the region's beauty. Your lunch for the day will be at a tea house or a local restaurant between your hike. It will generally be around 12-1 pm.

You might get some rest after your lunch, but it depends on the remaining distance that must be covered. However, you will have a short rest of about 10-15 minutes after your lunch. Your hike resumes after your lunch, and you'll head towards your final destination for the day. After hiking, you will be at your accommodation for about 6-8 hours. You will have your dinner here. Your dinner will be around 6-8 pm. You can rest after dinner as you need proper rest for tomorrow's hike.

Frequently Asked Questions

What are the physical fitness and other criteria required for this trek ?

Some days, the trails pass through steep lanes with climbs and ascents, including the Kanchenjunga base camp (5160 m), which can be demanding and tiresome, so it is beneficial for all travelers to exercise daily from a month before their trip. This helps the body get accustomed to the physical work required during the journey. Participants with pre-existing medical conditions such as heart, lung, and blood disease should inform us before booking the trek and are advised to seek medical advice or consent from their doctors before the trek.

How can drinking water be managed in the mountain ?

We recommend you carry your water bottles. You can fill them up with filtered water wherever possible and purify them using chlorine or iodine. We shall provide water, purification drops, and tablets. You can fill up safe drinking water with boiled water.

How long will we have to hike each day ?

An average day of trekking involves around 4 to 6 hours of hiking, including breaks for meals as needed. The average distance covered depends on the terrain and altitude but ranges from 10 to 15 kilometers.

What are the documents that we need to bring for this trek ?

You must email a copy of your passport, passport-sized photos, flight details, and travel insurance covering helicopter rescue and medical evacuation. We need your original passport with a Nepal visa to obtain the Kanchenjunga Base Camp Trekking special permit upon arrival.

What kind of toilet facilities are there? Will we be able to take a shower in Mountain ?

In Kanchenjunga Base Camp trekking, you'll mostly find Indian squat-style toilets, so bring your toilet paper. We usually arrange accommodation with proper shower facilities, but running showers and hot water can be challenging to find at higher altitudes and may cost extra.

Is it possible to recharge batteries and electronics during the trek ?

We recommend you to carry solar chargers as there won't be available electricity to recharge batteries and electronics on almost the whole route. Also, note that the Nepalese plugs are of Type D, and the voltage is about 220-240 V. So, make sure that your devices are chargeable. Otherwise, you shall require adapters and voltage stabilizers.

Is it possible to communicate with friends and family back home while on trek ?

This area has poor communication. You can communicate with your friends and family back home through landlines or satellite phones.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals,

transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable***. You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action, wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer's request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected

during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred. Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements, but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the authority to make any amendments.

Address

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