

Kathmandu World Heritage Tour - 5 Days

URL: <https://nepalalternativetreks.com/trip/kathmandu-world-heritage-tour/>

Kathmandu World Heritage Tour Quick Information

Weather

2°C to 28°C

Duration

5 Days

Difficulty

Moderate

Accommodation

Luxurious Hotel

Meals Included

Breakfast

Transportation

Private overland transport

Daily Activity

5-6 hours City excursion

Religion

Hindu and Buddhist

Ethnic People

Newar

Region of Nepal

Bagmati Province

Max Altitude

1295m./4273ft.

Per Person Cost

USD 1020

Best Season

Sept, Oct, Nov, March, April & May

Geographic Terrain

City

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 3	USD \$1,020.00
Group Of 4 - 8	USD \$980.00
Group Of 9 - 12	USD \$940.00
Group Of 13 - 18	USD \$900.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Kathmandu World Heritage Tour Overview

Planning for your trip to Kathmandu and wondering what the best adventure within the valley can be? The Kathmandu World Heritage Tour is the best option for you. This tour provides the beautiful architectural design of Nepal. It offers you a chance for deep cultural immersion. You can also learn about the historical significance of these places. We offer a 5-day Kathmandu World Heritage Itinerary if you book with us. You can hire a guide for a more in-depth understanding of these places. But what places do you visit for your tour of Kathmandu? You will visit old temples, palaces, and stupas to learn about their history and meaning.

Although you will have a greater chance to experience Nepal, there are certain challenges you can encounter. The first and foremost difficulty for you is navigating the Kathmandu Valley traffic. You must travel from one place to another to reach different UNESCO destinations. Although the distance between each can be relatively short, traffic jams can make travel time challenging. Also, the language barrier is another problem when visiting world heritage sites in Nepal.

Highlights Of Kathmandu World Heritage Tour

- Exploring the seven Heritage Sites
- Learning about the local culture
- Trying local cuisine and exploring restaurants
- Enjoying stunning scenery
- The architecture of Hindu and Buddhist temples and shrines
- Visiting Nagarkot for the best sunrise views

Weather

Kathmandu World Heritage Tour Temperature Overview

Kathmandu has different temperatures in each season. The nights can be very cold in January and February, with temperatures as low as 2°C to 3°C. During the day, it is warmer, between 18°C and 20°C. Similarly, in March and April, as spring arrives, temperatures rise. They range from 6°C at night to 27°C during the day. By May, it gets even hotter, reaching up to 28°C. This marks the start of summer.

In June, July, and August, the summer months, temperatures are steady. They range from 19°C to 28°C. In September, after the monsoon, it starts to cool. The temperatures are between 19°C and 27°C. October and November are autumn months. The skies are clear, and temperatures range from 6°C to 24°C. In December, it gets colder again. Temperatures drop to between 3°C and 19°C, marking the start of winter.

January

2°C to 18°C

February

3°C to 20°C

March

6°C to 24°C

April

10°C to 27°C

May

15°C to 28°C

June

19°C to 28°C

July

20°C to 28°C

August

20°C to 28°C

September

19°C to 27°C

October

13°C to 24°C

November

6°C to 22°C

December

3°C to 19°C

Difficulty

Difficulty Level of Kathmandu World Heritage Tour

The difficulty level is moderate. While the tour involves visiting historical sites and walking through cultural landmarks, it does not typically require extensive physical exertion or specialized skills. Most sites are accessible by foot and involve walking on paved paths and stairs.

However, some considerations include:

Walking and Climbing: Some sites have stairs and uneven paths, such as Swayambhunath Stupa and Bhaktapur Durbar Square. You should prepare yourself for moderate walking and climbing stairs.

Altitude: Kathmandu is moderate (approximately 1,400 meters or 4,600 feet). Thus, there is a low chance you will get altitude sickness. However, if you are sensitive to this, follow some precautions.

Weather Conditions: Depending on the season of your visit, weather conditions in Kathmandu can vary from mild to hot. It's advisable to wear comfortable clothing and carry water to stay hydrated during the tour.

5 Days Kathmandu World Heritage Tour Itinerary

Day 1: Arrival at Kathmandu (Tribhuvan International Airport - TIA)

Upon your arrival in Kathmandu, our tour representative will meet you. We will transfer you to Dwarika's Hotel or Hyatt Regency. It is a five-star accommodation known for its luxury and Nepali hospitality. You will receive a warm welcome from the staff there. After settling in, you can relax and prepare for the exciting journey ahead. You can also attend a brief orientation session where the tour guide will provide an overview of the upcoming tour itinerary and answer any questions.

Destination:

20 minutes transfer to hotel
from airport

Accommodation

Dwarika's hotel

Altitude:

(1295m./4273ft.)

Meals

Breakfast

Day 2: Full Day Kathmandu Valley Sightseeing

Our seven-world heritage day tour of Kathmandu starts from here. After breakfast at our hotel, we will begin our full day of exploring Kathmandu Valley. Our tour guide will pick you up and take you to Pashupatinath Temple. It is one of the oldest Hindu temples and a UNESCO World Heritage Site. You will witness priests and devotees performing rituals. After that, we will visit Boudhanath Stupa, one of the world's largest stupas and a major Tibetan Buddhist center. You will have the opportunity to stroll around and absorb the Tibetan community's ambiance.

Our next stop will be Swayambhunath Stupa, the Monkey Temple. We will climb to the hilltop to enjoy panoramic views of Kathmandu Valley. After lunch, we will explore Kathmandu Durbar Square, an ancient complex of palaces and temples. We will marvel at the Kumari House, the Living Goddess's residence. After a fulfilling day, we will return to Dwarika's Hotel.

Destination:

06 hours city tour

Accommodation

Dwarika's hotel

Altitude:

(1295m./4273ft.)

Meals

Breakfast

Day 3: Excursion to Bhaktapur/Changunarayan - Overnight in Nagarkot

Following breakfast, we will embark on an excursion through the Kathmandu Valley. Our first stop will be Bhaktapur Durbar Square. It is a well-preserved medieval city and a World Heritage Site. We will explore architectural marvels like Nyatapola Temple and the Palace of 55 Windows here.

Continuing our journey, we will visit Changunarayan Temple. It is atop a hill with stunning views of Kathmandu Valley. The temple boasts intricate stone and wood carvings. We will then have lunch. After that, we will drive to Nagarkot. It is a scenic hill town approximately 32 kilometers from Kathmandu. Nagarkot offers breathtaking vistas of the Himalayas, including Mount Everest. We will make our stay at Club Himalaya. Upon reaching there, you can relax and soak in the serene surroundings.

Destination:

28 km/1:30 hours

Accommodation

Club Himalaya

Altitude:

(2,160 m/7,085 ft).

Meals

Breakfast

Day 4: Sunrise at Nagarkot, Patan excursion and return drive to hotel, Kathmandu

We will wake up early and witness the spectacular sunrise over the Himalayas from Nagarkot. We will capture unforgettable views of snow-capped peaks and take some memorable pictures for the future. After having breakfast, we will check out from Club Himalaya and return to Kathmandu.

Our next destination is Patan Durbar Square in Lalitpur. It is another UNESCO World Heritage Site. The Durbar square is famous for its ancient palaces, temples, and shrines. We will immerse ourselves in Newari culture and marvel at the architectural splendor. After returning from there, you will have leisure

time. You can explore the city independently or indulge in some last-minute shopping in bustling Thamel

Destination:

28km../01:30 hours drive

Accommodation

Dwarika's hotel

Altitude:

(1295m./4273ft.)

Meals

Breakfast

Day 5: Transfer to Kathmandu's Tribhuvan International Airport (TIA) for your international departure

After breakfast at Dwarika's Hotel, we will pack our bags and ensure all our essentials are well packed. Our guide will then take you to an International Airport based on your scheduled flights. Our team will assist you with check-in procedures and bid farewell, ensuring your journey concludes smoothly. You will depart Nepal with cherished memories of our cultural and natural heritage tour. Safe flights. Namaste.

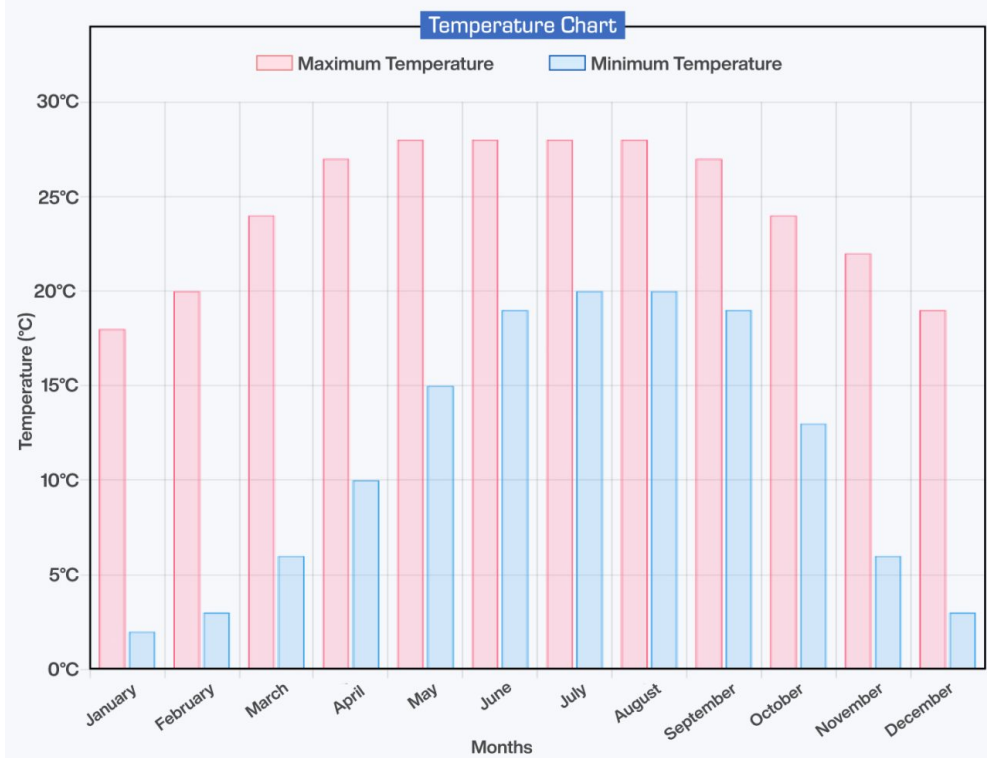
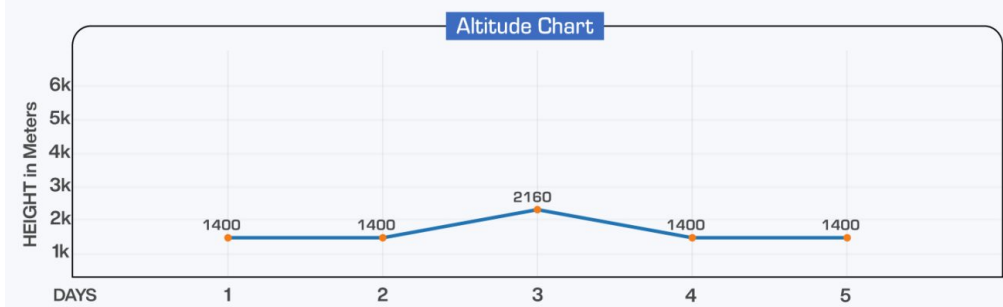
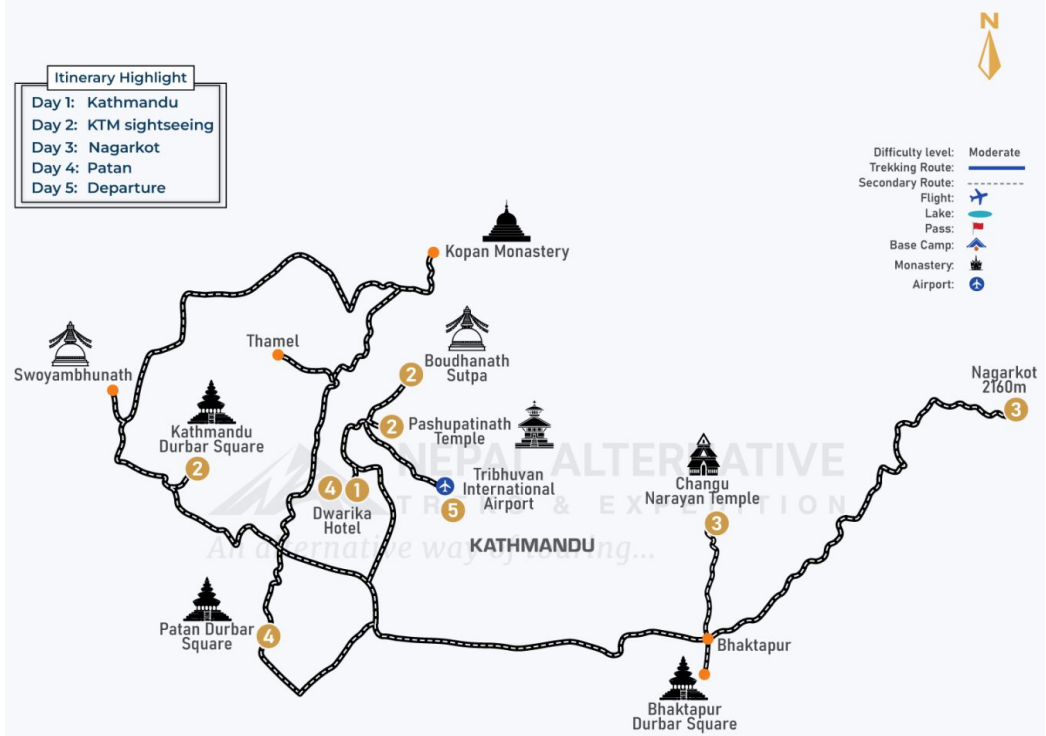
What's Included

- Tribhuvan International Airport Transfer (Airport - Hotel - Airport) in Kathmandu .
- Hotel Accommodation (Twin share basis) in Kathmandu/Nagarkot with breakfast.
- Highly experienced Government licensed tour guide during the trip and his all expenses.
- Private overland transport during tour as per mentioned in itinerary.
- Entrance fees during city tour.

What's Not Included

- Other meals as lunch/dinner during city tour.
- Tips for guide/driver.

Kathmandu World Heritage Tour Route Map



Traveler Reviews

Kathmandu World Heritage Tour Was The Best

"Clean and tidy hotel and it is easy to reach this hotel since the hotel is located in the middle of Thamel, business area."

Rating: 5/5

chris4160

Bangkok, Thailand

Excellent hospitality, great hotels, and seamless planning by Mr. Tej & team. Highly recommended!

Excellent hospitality, great hotels, and seamless planning by Mr. Tej & team. Highly recommended!

Rating: 5/5

Abhishek Mohta

Dubai, United Arab Emirates

Additional Trip Information

Why Take A World Heritage Tour In Nepal?

Taking a 5 Days Kathmandu World Heritage Itinerary is worth it despite the challenges. You will have the chance to fully immerse yourself in the rich cultural and historical heritage of the Kathmandu Valley. Rushing through the sites in one day means you might miss the depth and beauty of each location.

Spending five days on a tour, you can appreciate the heritage site more in detail. You will also have time to understand the historical significance of each site. The more time you invest, the more chances you have of connecting to the local traditions and practices.

Furthermore, on a 5 heritage site tour, you can enjoy the journey without stress. You will have time to navigate the busy streets and deal with unpredictable weather without feeling rushed. Despite the potential challenges, such as language barriers and uneven infrastructure, the enriched experience and deep connection you will gain make a 5-day heritage site of Kathmandu tour a valuable and memorable adventure.

Must Visit World Heritage Attractions in Kathmandu Tours

Swyambhunath Stupa:

Swyambhunath Stupa, also known as the Monkey Temple, is an ancient religious complex located atop a hill in the western part of Kathmandu. It is one of Nepal's most revered Buddhist stupas, built over 2,000 years ago. Surrounding the central stupa are numerous smaller stupas, temples, and shrines, creating a serene and spiritual atmosphere.

Kathmandu Durbar Square:

Kathmandu Durbar Square is in the city's heart. The square is famous for its historical and architectural significance. It was once the royal palace of the Malla kings and later the Shah dynasty rulers. The square is the merge of palaces, courtyards, temples, and statues dating back to the 12th century. The major attractions of this place include Hanuman Dhoka Palace and the residence of the Living Goddess Kumari.

Pashupatinath Temple

The Pashupatinath Temple is one of the most religious sites in Nepal. It is the central religious site for Hindu People. Located on the bank of the Bagmati River, more than 100 people visit this place every year. It is a Lord Shiva Temple. The temple has a historic and old architectural design with gold plated on the top. It includes many small temples, ashrams, and other religious structures.

Boudhanath Stupa

It is one of the biggest stupas in the world. The Boudhanath Stupa is a significant pilgrimage place for Tibetan Buddhists. The stupa has exquisite carvings and vibrant prayer flags, purported to house Kasyapa Buddha's relics. There are numerous Tibetan monasteries and gift shops located close to the stupa.

Patan Durbar Square

You can find another complex of palaces, temples, and courtyards from the 17th century at Patan Durbar Square. The square, now one of the Kathmandu Valley's UNESCO World Heritage Site, was originally the seat of authority for the Malla rulers of Nepal. The Golden Temple, the Krishna Mandir Temple, and the Patan Museum are all part of the complex.

Bhaktapur Durbar Square

Bhaktapur Durbar Square is in the old city of Bhaktapur and is home to various temples, shrines, and courtyards. The square, a UNESCO Heritage Site, is one of Nepal's best-preserved medieval city cores. The Palace of 55 Windows, Nyatapola Temple, and Dattatreya Temple are all part of the complex.

Changunarayan Temple

This temple is one of the oldest Hindu temples in Nepal. It is on a mountaintop to the east of Kathmandu. The Changunarayan temple has beautiful carvings and sculptures devoted to Lord Vishnu. You can find several additional tiny temples and shrines within the temple complex.

Best Time For Kathmandu World Heritage Tour

The best time for a Kathmandu World Heritage tour can be throughout the year. Each season offers its unique charm. Spring (March to May) is an excellent time to visit. The weather is pleasant, with mild temperatures. The blooming flowers, especially the rhododendrons, add vibrant colors to the heritage sites. This season is ideal for exploring historical and cultural landmarks without the extreme heat or cold.

Summer (June to August) brings the monsoon season to Kathmandu. While frequent rain showers can be challenging, they also bring lush greenery and a clean atmosphere to the city. The rain can occasionally cause disruptions, but the reduced number of tourists during this period allows for a more intimate experience of the heritage sites.

Autumn (September to November) and winter (December to February) are also excellent times to visit Kathmandu for a World Heritage tour. Autumn is particularly popular, with clear skies, mild temperatures, and stunning mountain views. This season offers the best conditions for sightseeing and photography. Winter, although cooler with temperatures, provides a quieter atmosphere and the opportunity to explore the heritage sites without the crowds.

Meals and Accommodations During World Heritage Tour

Meals and accommodations during your Kathmandu World Heritage Tour are comfortable and convenient. You will stay in well-appointed hotels in Kathmandu and Nagarkot, with rooms on a twin-share basis. This ensures a restful night's sleep after your day's explorations. The hotel serves breakfast each morning, allowing you to start your day refreshed and energized.

However, it's important to note that certain aspects are not included in the tour package. While breakfast is at the hotel, meals such as lunch and dinner during the city tour will be your responsibility. This allows you to explore local cuisine at your own pace and according to your preferences. Kathmandu offers many dining options, from traditional Nepali dishes to international cuisines. You can try different delightful meals based on your preferences.

Preparation For Kathmandu World Heritage Tour

- Preparing for your Kathmandu World Heritage Tour involves several key considerations to ensure a smooth and enjoyable experience:
- Ensure your passport is valid for at least six months beyond travel dates. Obtain any necessary visas or permits required for entry into Nepal.
- Consult with your healthcare provider to discuss vaccinations or medications recommended for travel to Nepal.
- Pack lightweight and comfortable clothing suitable for Kathmandu's climate, varying from mild to hot, depending on the season.
- Purchase comprehensive travel insurance to cover medical emergencies, trip cancellations, and lost baggage.
- Upon arrival or withdrawal from ATMs in Kathmandu, exchange currency with Nepalese rupees (NPR).
- Familiarize yourself with Nepalese customs and cultural norms, especially when visiting religious sites.
- Learn a few basic phrases in Nepali, such as greetings and polite expressions.
- Carry a list of emergency contacts, including your tour operator, embassy or consulate, and local emergency services.

Benefits of Booking With Us

If you book your Kathmandu World Heritage Tour with us, we will ensure a seamless and enriching experience. We have a team of experienced guides. They provide you with in-depth knowledge of the historical context. We make our itinerary as per the needs and preferences of each individual.

You can quickly and confidently navigate Nepal's cultural treasures, as we have professional guides fluent in English and well-versed in local customs. We prioritize your safety and satisfaction throughout the journey. We handle transportation and logistics to ensure quality services and transparent pricing. We deliver value for your investment. You can expect a memorable and educational journey through Kathmandu's rich heritage by booking with us.

Frequently Asked Questions

How many Unesco World Heritage Sites are there in Kathmandu?

The Kathmandu Valley is one of the oldest capitals globally. It boasts seven UNESCO World Heritage Sites. These sites encompass Nepal's rich cultural and historical monuments spanning many years. Out of seven, 3 are the Durbar Square.

What is Kathmandu famous for?

Kathmandu is particularly well-known for its religious architecture. The city's terrain has several temples, monasteries, and stupas, including the Pashupatinath Temple and the Changu Narayan. They are famous for their magnificent, detailed religious artworks.

Which is the first World Heritage Site in Nepal?

In 1979, the Kathmandu Valley and Sagarmatha National Park were the first two places to meet the criteria for this designation. The fourth location, Lumbini, was on the list in 1997 after the Chitwan National Park quickly followed in 1984.

What is Kathmandu's cultural heritage?

The three main centers are Kathmandu Hanuman Dhoka, Patan Durbar Square, and Bhaktapur Durbar Square. The two most significant Buddhist stupas, Swayambhunath and Boudhanath, and two well-known Hindu sanctuaries make up this valley's UNESCO World Heritage Site.

What is the other name of Kathmandu?

Kathmandu, the capital city of Nepal, is also known as "Kantipur" or "City of Glory." This name reflects its historical and cultural significance as the region's center of trade, art, and learning.

Why should people visit the Kathmandu district?

People should visit the Kathmandu district for its rich cultural heritage. It includes ancient temples, palaces, and monuments. All these places showcase Nepal's history and architecture. The district also offers vibrant markets where you can experience local crafts and cuisine.

What are the seven world heritage sites in Kathmandu?

The 7 World Heritage Sites in Nepal are:

- Swayambunath- The Monkey Temple.
- Boudhanath Stupa
- Pashupatinath Temple
- The Kathmandu Durbar Square
- The Bhaktapur Durbar Square
- The Patan Durbar Square
- Changu Narayan – Kathmandu Valley

What is the old name of Kathmandu?

Its original name was Manju-Patan; the current name refers to a wooden temple (Kath, “wood,” mandir, “temple,” or “edifice”) that was allegedly constructed in 1596 by Raja Lachmina Singh from the wood of a single tree.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals, transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable.*** You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action, wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer's request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred.

Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements, but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the authority to make any amendments.

Address

Nepal Alternative Treks & Expedition

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House, Raniban Marg
136/205, Nagarjun, 01, Kathmandu 44600, Nepal