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Khaptad National Park Trek – 9 Days

URL: https://nepalalternativetreks.com/trip/khaptad-national-park-trek/

Khaptad National Park Trek Quick Information

Weather
-3°C to 23°C

Duration
9 Days

Difficulty
moderate

Accommodation
Hotel/ Camping/ Home Saty

Meals Included
Breakfast, Lunch, Dinner

Transportation
Flight/ Overland Transportation

Daily Activity
06 hours walking

Religion
Hindu

Ethnic People
Rokaya, Bote, Sunuwar, Doteli

Region of Nepal
Western Region, Doti

Max Altitude
3414m/11,200 ft

Per Person Cost
USD 980

Best Season
Sept, Oct, Nov, March, April & May

Geographic Terrain
Forest, National Park, Wild Animals, Village, Mountain, Hills

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 – 4	USD $980.00
Group Of 5 – 8	USD $960.00
Group Of 9 – 12	USD $940.00
Group Of 13 – 18	USD $920.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Khaptad National Park Trek Overview

Khaptad National Park Trekking is a popular destination in Nepal's far-western region. At Buditola, which is located in the Doti area, the Khaptad National Park Trekking route begins. Similarly, it is a secluded region of Nepal where you may see indigenous life. You will pass through little villages, lush meadows, and dense forests. You can learn about the regional culture and way of life. Rhododendrons, orchids, Himalayan black bears, leopards, and musk deer are just a few of the various plants and animals found in the Khaptad National Park.

Khaptad National Park Trek Highlights

- You can experience a less crowded and remote trekking trail in the far western region of Nepal.
- Visit one of the best national parks in Nepal.
- The Khaptad National Park Trekking is a great way to explore the natural beauty of Nepal.
- Walk through dense forests, beautiful meadows, and small villages.
- You can see the stunning view of snow-capped Himalayan peaks from Khaptad Danda.
- Interact with the local people and experience their unique traditions.
- You explore the charming villages of Tharu and Baitadi communities and experience their warm hospitality.

Weather

Best Times for Khaptad National Park Trekking

The best time to trek to Khaptad National Park is spring and autumn. The weather is mild in spring (March to May), and the park is full of blooming flowers, especially rhododendrons. The days are warm, and the nights are cool, making it perfect for trekking. You can see the clear skies and stunning views of the mountains and landscapes.

Autumn (September to November) is another ideal time for Khaptad National Park trekking. The weather is stable, and the sky is clear after the monsoon rains. The temperature is comfortable, and the visibility is fantastic, offering breathtaking views. Plus, the festival season adds cultural excitement to your trek.

January
-3°C to 10°C

February
-1°C to 12°C

March
2°C to 15°C

April
5°C to 17°C

May
8°C to 20°C

June
11°C to 22°C

July
12°C to 23°C

August
12°C to 23°C

September
11°C to 22°C

October
7°C to 19°C

November
2°C to 14°C

December
-2°C to 10°C

Difficulty

Khaptad National Park Trekking difficulty

Khaptad National Park trekking is moderate, meaning it can be challenging but not too hard. The trails can be steep and uneven, with rocks and mud in some places, so it's essential to be careful where you step. You must walk for several hours daily, so you have to be in good physical shape. Regular exercise before the trek will make it easier.

The hike takes several days to complete. You must spend a few hours trekking, which can be tiring, especially with a backpack on your shoulder. So, you need to carry essentials like snakes, water, and extra clothes, which can add to the challenge.

While the altitude of Khaptad National Park isn't extremely high, it is higher than most people are used to. You might sometimes feel short of breath, but it's usually not severe. It's important to walk at your pace and take breaks when needed.

9 Days Khaptad National Park Itinerary

Day 1: Kathmandu to Dhangadhi

Take a flight from Kathmandu to Dhangadhi, a city in the Far-Western Region of Nepal. Spend the day exploring the city and preparing for the trek.

Destination:	Accommodation	Altitude:
30 minutes flight to Dhangadi	Hotel in Dhangadhi	(109m./359ft.)

Meals
Lunch, Dinner

Day 2: Drive to Silgadhi

Take a bus or jeep from Dhangadhi to Silgadhi, the starting point of the trek. The journey takes around 8-9 hours

Destination:	Accommodation	Altitude:
190km./09 hours drive	Hotel in Silagdhi	(762m.2,500 ft.)

Meals
Breakfast, Lunch, Dinner

Day 3: Trek to Khaptad National Park

Trek from Silgadhi to the Khaptad National Park entrance gate, where you'll need to register and pay the entrance fee. Continue trekking to Bichpani, a beautiful meadow, and camp there for the night.

Destination:	Accommodation	Altitude:
14km./05 hours walk	Campping at Bichpani	(2743m./9,000 ft.)

Meals
Breakfast, Lunch, Dinner

Day 4: Trek to Upper-Doti

Trek through the beautiful forest of rhododendron and oak to the Upper-Doti region, known for its panoramic views of the Himalayan range.

Destination:	Accommodation	Altitude:
14km./05 hours walk	Campping at Upper Doti	(2743m/9,000 ft)

Day 5: Trek to Khaptad Lake

Trek to Khaptad Lake, a sacred site for both Hindus and Buddhists. The lake is surrounded by beautiful meadows and forests.

Destination:	Accommodation	Altitude:
15km./05 hours walk	Homestay at Khaptad lake	(3414m/11,200 ft)

Meals
Breakfast, Lunch, Dinner

Day 6: Trek to Saunthala

Trek to Saunthala, a village located on the southern side of Khaptad National Park. The village is known for its ancient temple of Lord Shiva and the panoramic views of the Himalayas.

Destination:	Accommodation	Altitude:
16km./06 hours walk	Campping at Saunthala	(2,987m/9,800 ft)

Meals
Breakfast, Lunch, Dinner

Day 7: Trek to Jhigrana

Trek from Saunthala to Jhigrana, a beautiful village located on the western side of Khaptad National Park. The village is known for its traditional culture and hospitality.

Destination:	Accommodation	Altitude:
14km./05 hours walk	Homestay at Jhigrana	(2,530m/8,300 ft)

Meals
Breakfast, Lunch, Dinner

Day 8: Trek to Silgadhi

Trek from Jhigrana to Silgadhi, where you'll spend the night before returning to Dhangadhi the next day.

Destination:	Accommodation	Altitude:
15km./05 hours walk	Lodge in Silgadhi	(1310m./4323ft.)

Meals
Breakfast, Lunch, Dinner

Day 9: Drive to Dhangadhi – Fly back to Kathmandu

You will drive to Dhangadhi bus/jeep and fly to Kathmandu.

Destination:	Altitude:	Meals
06 hours drive to Dhangadi – 30 minutes flight to Kathmandu	(1295m./4273ft.)	Breakfast, Lunch

What's Included

- Pick Up at Tribhuwan International Airport and Transfer to Hotel in Kathmandu .
- All meals (Breakfast, Lunch, Dinner with tea/coffee) during the trip.
- All camping gear and kitchen utensils during the trek
- One experienced, first aid trained, fluent English speaking, local language speaking, friendly and government authorized trekking guide, a cook, kitchen helpers and porters to carry all the food and trekking gear.
- 1 Porter per 2 Trekkers and keep luggage weight under 10kg per person.
- Kathmandu – Dhangadhi and return flights with airport taxes.
- All necessary Khaptad national park permits.
- Guide and staff's food, accommodation, salary and insurance etc .
- Government tax, vat and office service charges.
- Public liability insurance etc.

What's Not included

- Hotel accommodation and meals in Kathmandu.
- Hard and soft table drinks such as tea/coffee, coke, fanta, mineral water, beer, desert, hot shower, hot water, battery charge, laundry, phone bill, bar bill etc.
- Personal Travel insurance.
- International Flight Tickets.
- Nepal Tourist Visa
- Tips for guide and porters .(Highly suggested).

Trekking Gear List

Packing List For Khaptad National Park Trek

- Trekking boots
- Trekking trousers
- Waterproof pants
- Waterproof jackets
- Thermal tops and bottoms
- Warm shirts and t-shirts
- Down jacket
- Trekking pole
- Raincoats
- Sleeping bags
- Backpack
- Torch lights
- First aid kit
- Sunglasses
- Sunscreens
- Toiletries
- Power banks
- Water bottles and water purifiers
- Hand sanitizers
- Charger/adapters
- Beanies and gloves
- Map and Compass
- Trekking towels
- Cash

Khaptad National Park Trek Route Map

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KHAPTAD NATIONAL PARK TREK — 9 DAYS

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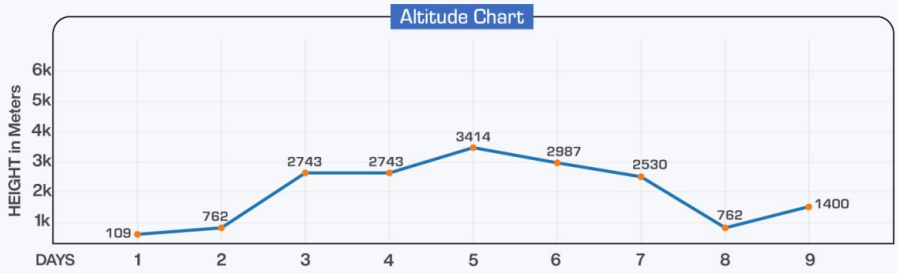

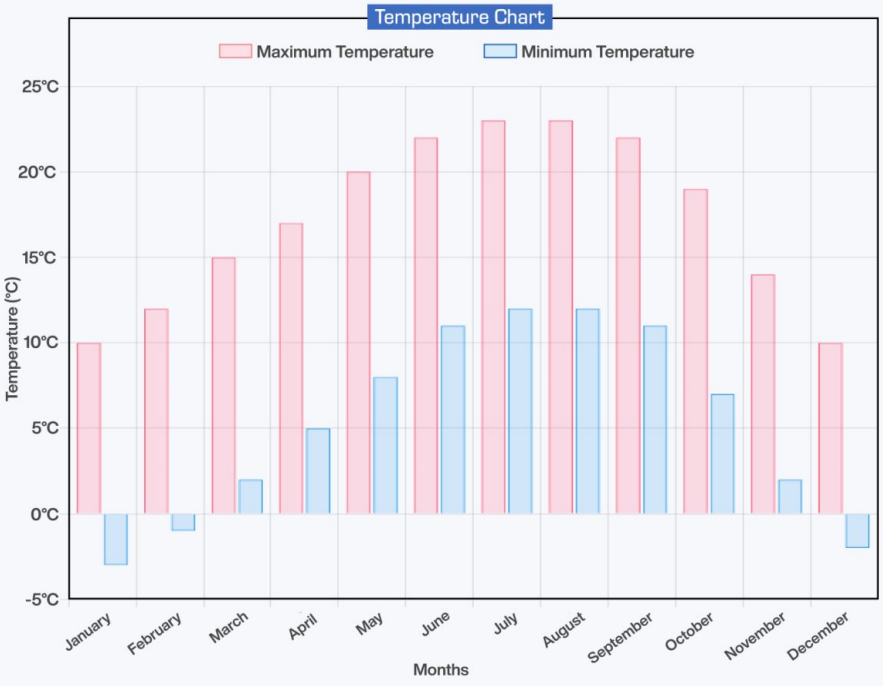

Additional Trip Information

Flora and Fauna at Khaptad National Park

Khaptad National Park is located in the far-western region of Nepal and is known for its unique flora and fauna. Here are some of the species you can find at Khaptad National Park:

Flora

- Rhododendron: Khaptad is home to over 23 rhododendron species, including the national flower of Nepal, Rhododendron arboreum.
- Oak: Several species of oak trees are found in Khaptad, including the Quercus lanata and Quercus semecarpifolia.
- Pine: The park also has several species of pine trees, including Pinus roxburghii and Pinus wallichiana.
- Fir: Khaptad has a good population of fir trees, including Abies spectabilis and Abies pindrow.

Fauna

- Himalayan black bear: Khaptad is home to the Himalayan black bear, a critically endangered species.
- Barking deer: The park has a good population of barking deer, also known as muntjacs.
- Wild boar: Wild boars are found in Khaptad and can be seen grazing in the meadows.
- Leopard cat: The leopard cat is a small wild cat in the park.
- Musk deer: The park is also home to the Himalayan musk deer, an endangered species.
- Red panda: Although rare, the red panda is occasionally spotted in Khaptad National Park.
- The park also has a rich birdlife, including species like the imperial pheasant, white-throated laughing thrush, and Himalayan monal.

Khaptad National Park Route Option

The small and attractive Khaptad National Park is located at the crossroads of four districts: Bajhang, Doti, Achham, and Bajura. The Park covers a huge plateau inside the pahar, close to the south of the Great Himalayas. Trails connect the area to the isolated districts of Darchula, the Saipal and Api Himals, Rara Lake, and dozens of sites throughout the mid-hills.

From Kathmandu, you may drive or fly to Nepalgunj. Then, it’s a 6-hour trip to the roadhead village of Silgadhi, where the main route leads to the Park headquarters. Alternatively, you might take a flight to Chainpur (Bajura District), Dipayal (Doti District), Kolti (Bajura District), or Sanphebagar (Accham District) and take one of the several minor trails to the park. This route begins in Silagadhi and ends in Sanphebagar, but the most popular route is to return to Silagadhi via the same trail.

Read More For Travel Information

Frequently Asked Questions

What is the highest altitude reached during the Khaptad National Park Trekking?

The highest altitude reached during the Khaptad National Park Trekking is around 3,200 meters at Khaptad Daha.

What kind of accommodation is available during the trek?

There are basic lodges and tea houses available in the villages along the trekking route. However, it's advisable to bring your own camping gear if you prefer camping.

Is it necessary to hire a guide for the Khaptad National Park Trekking?

Hiring a guide is not mandatory for the Khaptad National Park Trekking, but it's highly recommended, especially if you are not familiar with the area or do not speak the local language. A guide can also help with navigation, accommodation, and provide information about the local culture and customs.

How do I get to Khaptad National Park?

How to go to Khaptad National Park in the most effective manner. Via Air: Visitors can fly directly to the Dhangadhi Airport in Nepal and then take a local taxi from there to Bajhang. Starting at Bajhang, the route to the national park begins.

In which district does Khaptad National Park lie?

In Nepal's Far-Western Region, a protected area called Khaptad National Park was established in 1984. It is 225 km2 (87 sq mi) in size and has a height range of 1,400 m (4,600 ft) to 3,300 m. Four districts make up this area: Bajhang, Bajura, Achham, and Doti (10,800 ft).

Why is Khaptad famous?

Khaptad is one of the best places to visit during one's visit to Nepal. The main attraction of the Khaptad is the Khaptad National Park. Annually, a lot of visitors come to visit the Khaptad National Park. Because it is home to some of the most endangered species in Nepal, some of the most endangered species at the Khaptad National Park are The imperial pheasant (danphe), cuckoos, white-rumped vulture, peregrine falcon, bulbuls, and other birds that live in Khaptad National Park are well-known. Because of the abundance of these species, the national park has become a popular destination for birdwatchers.

What are the vegetation found in the Khaptad National Park?

224 kinds of medicinal herbs; grasslands and woods with subtropical, temperate, and subalpine vegetation

What are some of the added attraction of Khaptad National Park?

Khaptad Lake, Sahashra Linga (at 3,200 m, the highest point of the park), Tribeni, Ganesh Temple, Nagdhunga, and Kedardhunga are among the attractions.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals, transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable.*** You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action, wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer’s request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred. Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements, but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the authority to make any amendments.

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