

Makalu Base Camp Trek - 13 Days

URL: <https://nepalalternativetreks.com/trip/makalu-base-camp-trek/>

Makalu Base Camp Trek Quick Information

Weather

-15°C to 15°C

Duration

13 Days

Difficulty

Moderate

Accommodation

Lodge

Meals Included

Breakfast, Lunch, Dinner

Transportation

Overland + Flight

Daily Activity

Approx. 5 - 6 hours

Religion

Buddhism

Ethnic People

Rai, Limbu

Region of Nepal

Makalu -Barun Region

Max Altitude

5000m./16500ft.

Per Person Cost

USD 1000

Best Season

Sept, Oct, Nov, March, April,
May

Geographic Terrain

Mountain, Forest, Village,
Hills, Terrace

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 4	USD \$1,000.00
Group Of 5 - 8	USD \$970.00
Group Of 9 - 12	USD \$940.00
Group Of 13 - 18	USD \$910.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Makalu Base Camp Trek Overview

Makalu base camp trekking starts after a fifty-minute flight from Kathmandu to Tumlingtar, followed by a short drive to Chichila. From Chichila, the trail winds up along the Barun River via Num and Seduwa. You'll trek through the protected areas of Makalu Barun National Park, beautiful settlements, and terraced fields of buckwheat, corn, and potato. Trek past the Sherpa village of Tashigaon, and then you will stop at Khongma for acclimatization. Conquer the tough and challenging trek through Shipton La Pass to reach Dobato. Finally, you'll make your way to Makalu Base camp via Yangri Kharka and Merek.

This is a challenging high altitude trek that requires a good level of physical fitness. The trek requires two types of permits that include Makalu Barun National Park area permit and Makalu Rural Municipality entry permit. Accommodation includes basic facilities along the trekking trail. At places, you'll also enjoy the homestay service with warm hospitality. The best seasons to do this trek is during spring and autumn as the temperature is moderate with clear skies.

Makalu Base Camp Trek Highlights

- Explore high altitude lakes, hanging glaciers, waterfalls, and beautiful landscapes of the Makalu region.
- Panoramic view of some of the highest mountain peaks in the world, including Makalu, Everest, and Lhotse.
- Peek in the lifestyle of the Sherpa, Rai, and Gurung people.
- Enjoy the trek through the verdant forests of Makalu Barun National Park and green pastures of the Barun Valley.
- Enjoy a homestay at several spots of the trek with warm hospitality.

Weather

January

-25°C to -15°C

February

-25°C to -15°C

March

-20°C to -10°C

April

-15°C to -5°C

May

-18°C to 0°C

June

-5°C to 5°C

July

-2°C to 8°C

August

-2°C to 8°C

September

-8°C to 2°C

October

-15°C to -5°C

November

-20°C to -10°C

December

-25°C to -15°C

13 Days Makalu Base Camp Trek Itinerary

Day 1: Fly to Tumlingtar - Drive to Sedhuwa

Your journey starts with a fifty minutes flight from Kathmandu to Tumlingtar in Sankhuwasabha district. This early morning scenic flight offers you a glorious view of mountains and beautiful landscapes of Eastern Nepal. After you arrive in Tumlingtar, our staff will help you with your luggage. Tumlingtar is the deepest valley in Nepal between the Arun and Sabha River. It is the gateway to Makalu Barun National Park and Makalu Base Camp. From Tumlingtar, you'll drive to Sedhuwa, a beautiful Gurung village. Overnight stay in a lodge at Sedhuwa.

Destination:	Accommodation	Altitude:
30mins Flight to Tumlingtar - 160km Drive to Sedhuwa (Avg 7hrs)	Lodge in Sedhuwa	(1,540m/5051 ft.)

Meals

Breakfast, Lunch, Dinner

Day 2: Trek to Tashigaon

Today, you'll follow the trail along the Kasuwa Khola (stream) and climb to Gyang. From there, you'll walk past the villages of Hindrungma and Rupisa. Throughout your way, you'll encounter terraced fields of maize (corn), buckwheat, and potato that give you some glimpses of the rural agrarian lifestyle. During the five hours trek, you'll cross several streams and bridges to stop at Tashigaon finally. This beautiful Sherpa village will offer you homestay with warm hospitality.

Destination:	Accommodation	Altitude:
12km Uphill hike (Avg 4hrs)	Lodge in Tashigaon	(2,070m/6790 ft.)

Meals

Breakfast, Lunch, Dinner

Day 3: Trek to Khongma

As you climb higher from Tashigaon, you'll walk through steep slopes and rocky trails that make the trek a little challenging. You'll encounter herds of Yaks and sheep grazing in the beautiful Himalayan pastures. At Unshisa, you'll again enter the protected areas of Makalu Barun National Park. After six hours walk through the green meadows, dense forest, and stony trails, you'll arrive at Khongma for an overnight stay. You'll relish the warm hospitality of local people.

Destination:	Accommodation	Altitude:
14km Uphill hike (Avg 6hrs)	Lodge in Khongma	(3,560m/11,676 ft.)

Meals

Breakfast, Lunch, Dinner

Day 4: Acclimatization day/Exploring around.

As this a high altitude trek, acclimatization is necessary to cope with the thin air and to adapt oneself to the environment. Today, you'll get a chance to interact with the local people and peek into their culture and tradition. A visit to the Buddhist monasteries around the village will offer an opportunity to learn about Buddhist traditions. Overnight stay at Khongma Danda.

Destination:

Excursion around

Accommodation

Lodge in Khongma Danda

Altitude:

(3,560m/11,676 ft.)

Meals

Breakfast, Lunch, Dinner

Day 5: Head to Dobato

The trek to Dobato from Khongma is a strenuous trek through four physically demanding passes. First, you'll climb to Kauma La Pass (3603 m) and then gear up to Keke Le Pass (4127 m). Finally, you will climb the Shipton La Pass (4170 m), from where you can enjoy the exotic view of Mt. Chamlang, Peak 7, and other stunning mountain peaks. You'll come across the beautiful Kalo Pokhari Lake (meaning Black Pond in English) near Shipton Pass. After gaining an elevation of 520 m from Khongma (3560 m) to Shipton La Pass (4170 m), you'll follow a descending trail to Dobato (3650 m). Overnight stay in a lodge at Dobato.

Destination:

14km Hike
(Avg 6hrs)

Accommodation

Lodge in Dobato

Altitude:

(3,650m/11,972 ft.)

Meals

Breakfast, Lunch, Dinner

Day 6: Trek to Yangri Kharka

After Breakfast, you'll hit the trail to Yangri Kharka. The trail threads through dense pine and rhododendron forest. The new flush of trees and rhododendron bloom make a heavenly view during spring in this trail. The caravan of yaks along the way and some of them grazing on the pasture is also equally impressive to watch. After walking for about six hours walk, you'll reach Yangri Kharka. Overnight stay in a lodge at Yangri Kharka.

Destination:

12km Hike
(Avg 5hrs)

Accommodation

Lodge in Yangri Kharka

Altitude:

(3,600m/11,808 ft.)

Meals

Breakfast, Lunch, Dinner

Day 7: Trek to Merek

Today, you will trek through the forested hills of pine, birch, and rhododendron. You'll cross several streams and wooden bridges along the way. The beautiful view of the mountain peaks to your north will make you forget your tiredness. After a five hours walk, you'll reach Merek, another beautiful village in the Makalu region that will welcome you warmly. Homestay at Merek.

Destination:

12km Hike
(Avg 5hrs)

Accommodation

Lodge in Merek

Altitude:

(4,500m/14,760 ft.)

Meals

Breakfast, Lunch, Dinner

Day 8: Trek to Makalu base camp

From Merek, you'll follow the trail northward along the Barun River. You'll cross a bridge and enter into the beautiful Barun valley and climb up to Ripok Kharka. As you climb higher, rhododendron and pine trees start getting replaced by sparse tundra vegetation. On the way, you'll see an excellent view of Pyramid Peak, Peak 4, Peak 3, and Peak 5. Walking through the icy glaciers and ridges, you'll finally reach Shershong, from where Mt. Makalu is visible. From Makalu, you'll continue to reach Makalu Base Camp. Overnight stay in a camp at Makalu Base Camp.

Destination:

12km Hike
(Avg 5hrs)

Accommodation

Lodge at Makalu Base Camp

Altitude:

(4870m. /16071ft.)

Meals

Breakfast, Lunch, Dinner

Day 9: Trek to Yangri Kharka

Enjoy the panoramic view of Mt. Makalu (8481 m), Mt. Everest (8848 m), Mt. Lhotse (8516), and other mountain peaks in the Mahalangur mountain range. The serene and pristine environment around the base camp will spellbind you with its beauty. A short hike to Barun glacier and Barun Pokhari will make your trip even more exciting. After spending some quality time at the base camp, you'll start your return trek to Yangri Kharka, walking through the rocky trail as you enjoy the brownish landscape. Overnight stay in a lodge at Yangri Kharka.

Destination:

14km Hike
(Avg 6hrs)

Accommodation

Lodge in Yangri Kharka

Altitude:

(3600m. /11808ft.)

Meals

Breakfast, Lunch, Dinner

Day 10: Trek to Khongma

After Breakfast, you'll follow the downstream trail along the beautiful Barun River. Walking through the stony trail and ridges, you will cross a few streams to arrive at Dobato. From Dobato, you'll ascend to Shipton La Pass and continue your trek to Ke La pass and Kauma La Pass. Finally, you'll descend to Khongma Danda. Overnight stay in a lodge at Khongma Danda.

Destination:

14km Hike
(Avg 6hrs)

Accommodation

Lodge in Khongma

Altitude:

(3760m. /12408ft.)

Meals

Breakfast, Lunch, Dinner

Day 11: Trek to Tashigaon

Today, you'll make a steep descent from Khongma (3760 m) to Tashigaon (2090 m) with an elevation change of 1670 meters. Throughout this descending trail, you'll encounter some small and beautiful lakes, enjoy the greenery and beauty of Makalu Barun before exiting. After a trek of five hours along the forest, ridges, and hills, you'll reach Tashigaon. Overnight stay in a lodge at Tashigaon.

Destination:

12km Hike
(Avg 5hrs)

Accommodation

Lodge in Tashigaon

Altitude:

(2090m. /6790ft.)

Meals

Breakfast, Lunch, Dinner

Day 12: Trek to Sedhuwa village and drive to Tumlingtar

Today, you'll cross several streams- Isuwa Khola, Hingsa Khola, Kasuwa Khola, just to name a few. You'll also walk past several settlements, including the village of Seduwa. You will then drive towards Tumlingtar .

Destination:

14km Hike
(Avg 6hrs)

Accommodation

Lodge in Tumlingtar

Altitude:

(518m./1700ft.)

Meals

Breakfast, lunch, Dinner

Day 13: Fly to Kathmandu from Tumlingtar

You'll fly back to Kathmandu from Tumlingtar, which is around 30 minutes of flight from where you can enjoy the scenic view & mountain. If you arrive early in the morning, you can visit a sightseeing destination in Kathmandu; otherwise, you can take a rest & roam around the Thamel Area once you arrive in Kathmandu.

Destination:

30min Flight

Altitude:

(1295m./4273ft.)

Meals

Breakfast

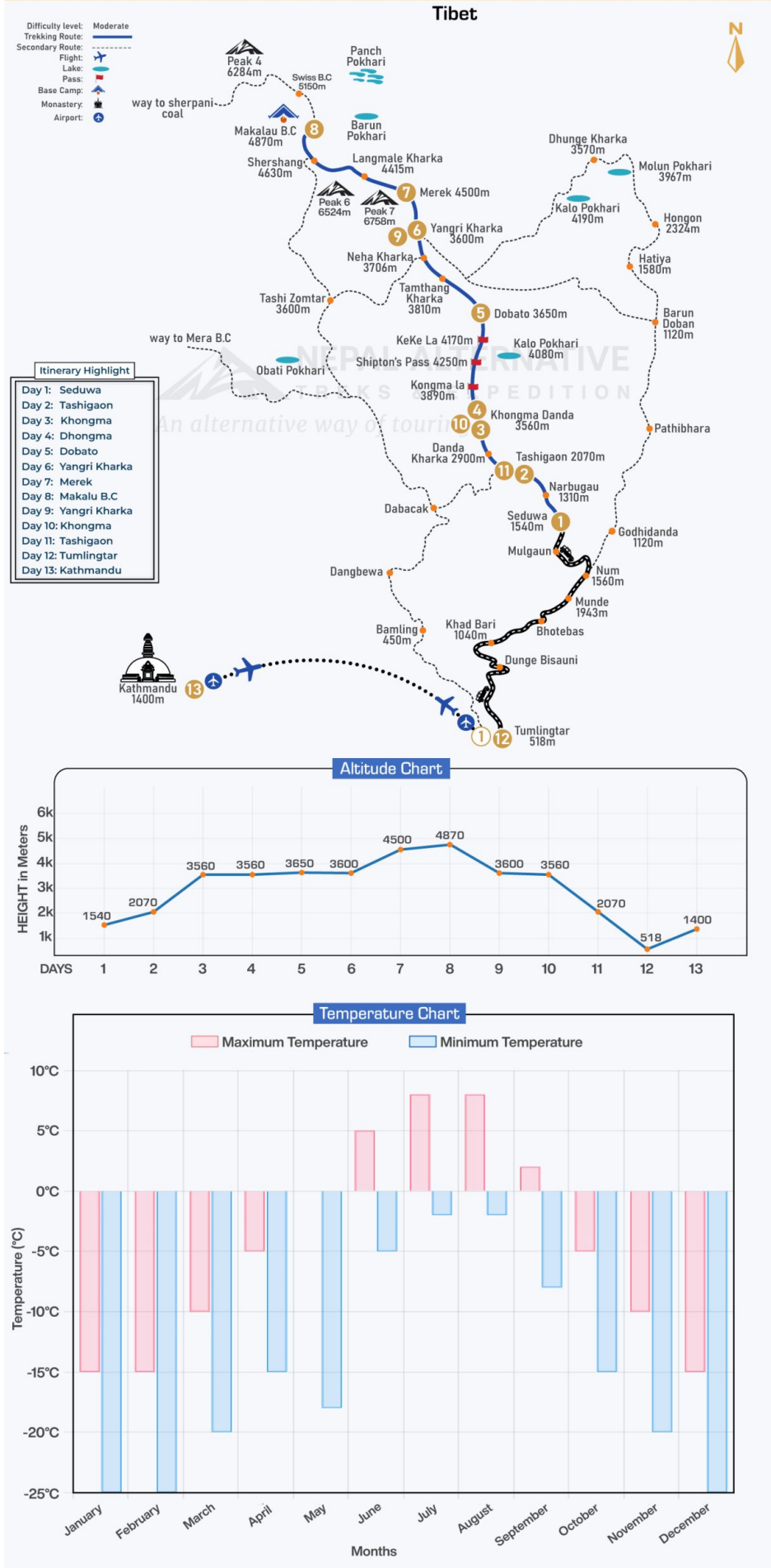
What's Included

- Pick Up at Tribhuvan International Airport and Transfer to Hotel in Kathmandu.
- All meals during the trekking (Breakfast, Lunch, Dinner).
- Lodge accommodation (twin share basis) during the trekking.
- One experienced, well trained, fluent English speaking, friendly, government authorized and specialized in Makalu region trekking guide
- 1 Porter per 2 Trekkers and keep luggage weight under 10kg per person.
- Guide and porter's food, accommodation, salary, flight, insurance, transportation and equipments.
- Overland transportation as per mentioned in itinerary.
- Both way flight tickets Kathmandu/Tumlingtar/Kathmandu.
- Makalu-Barun national park fee and necessary permits .
- A trekking map, first aid medical, oxygen saturation check up everyday, water purification, company t-shirt, trekking completion certificate and duffle bag.
- Assistance for emergency rescue evacuation.
- Government tax and service charge.
- Public Liability Insurance.

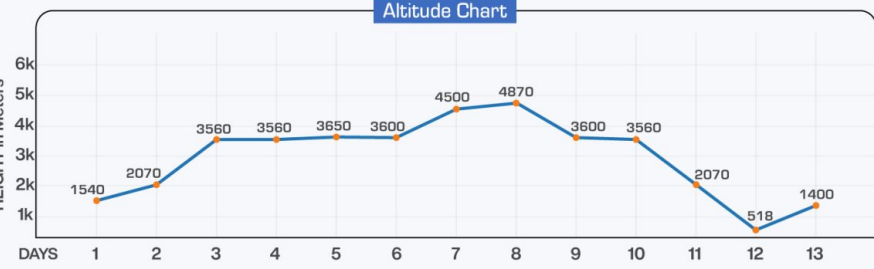
What's Not included

- Hotel accommodation and meals in Kathmandu.
- Hard and soft table drinks such as tea/coffee, coke, fanta, mineral water, beer, desert, laundry, phone bill, hot shower, hot water etc.
- Personal Travel insurance.
- International Flight Tickets.
- Nepal Tourist Visa
- Tips for guide and porters.(Highly suggested).

Makalu Base Camp Trek Route Map

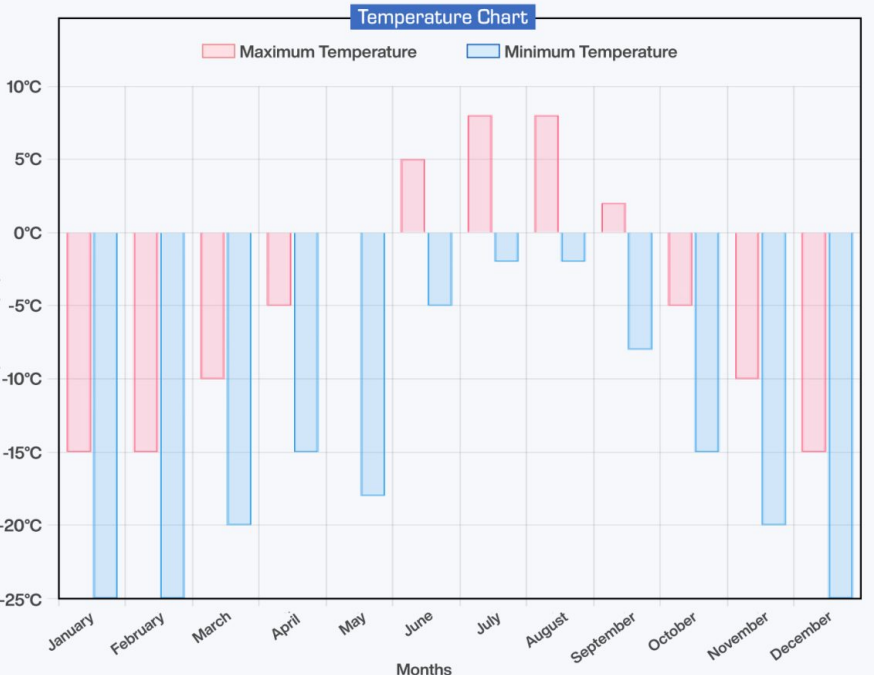


Altitude Chart



Days	Altitude (meters)
1	1540
2	2070
3	3560
4	3560
5	3650
6	3600
7	4500
8	4870
9	3600
10	3560
11	2070
12	518
13	1400

Temperature Chart



Days	Maximum Temperature (°C)	Minimum Temperature (°C)
1	-15	-25
2	-15	-25
3	-10	-20
4	-5	-15
5	0	-10
6	5	-5
7	8	-2
8	8	-2
9	2	-8
10	-5	-15
11	-10	-20
12	-15	-25
13	-15	-25

Additional Trip Information

The difficulty of Makalu Base Camp Trek

This trek is a very difficult trek for everyone whether you are a rookie or an experienced trekker you need to be mentally and physically fit and strong. Similarly, you should walk some rough roads and suspension bridges. So, overall this trek is very difficult. Not everyone can do it.

Best time for Makalu Base Camp Trek

Makalu Base Camp Trekking is a 13-day trek. So, you should be very careful choosing the time for the trek. Therefore, the best time for the trek is during Spring and Autumn seasons.

Travel insurance For Makalu Base Camp Trek

Your travel insurance is very important for this trek. Your insurance company should have insurance for 4000m plus trekking. If this is not covered then it would be difficult for us to take you for this trek.

Makalu Base Camp Trek Meals and accommodation

We will provide you with all meals during the trekking (Breakfast, Lunch, Dinner) and Lodge accommodation during the trekking. Similarly, we also provide you with traditional Nepali and western food during the trek. So, the food you experience here is unforgettable.

Required Permits For Makalu Base Camp Trek

Makalu Barun National Park Fee : NPR. 3000 for foreigners and NPR 1500 for SAARC.

Note: Child below 10 years are free

Fitness & Experience Requirement For Makalu Base Camp Trek

This is a 13-day trek so, it is obvious that you should be mentally and physically tough for this trek. If you have some health issues (asthma, blood diseases, etc.) then we are afraid that you cannot be a part of this journey. Also, rookie trekkers cannot be part of this trek as well.

Climate and weather During Makalu Base Camp Trek

The climate of Makalu Base Camp is always cold and chilly. But it is suitable throughout the year. So, you can trek here any time. Similarly, you will find perfect weather and climate during the spring and autumn seasons for your trek.

Addressing Safety and Security Concerns For Makalu Base Camp Trek

The safety and security of our people are very important to us. We are very careful in that case. Similarly,

we make sure that our trekkers don't have any problems during their trek. Likewise, we carefully check our trail before our departure to the trek. So, don't worry and fully enjoy your trek.

Frequently Asked Questions

Is this trekking route safe for tourists ?

Yes, Manaslu and Annapurna circuit is safe for tourists. Manaslu area has already recovered from the earthquake in 2015 while Annapurna has not been affected by devastating hit. Also, there is no burst of epidemics or viral diseases, or covid -19 in this region. The government and other respective bodies are continuously trying to facilitate accessible communication, comfortable and safe internal travel, proper healthcare facility, and services of accommodation in different trekking trails for tourists.

What are the physical fitness and other criteria required for this trek ?

Some of the trails pass through the steep uphill and downhill with high passes as Larke La (5160m.) and Thorong la (5416m.) that can be demanding and tiresome, so it is beneficial for all travelers to exercise daily for a month before their trip. This helps the body get accustomed to the physical work required during the journey. Participants with pre-existing medical conditions such as heart, lung, and blood disease should inform us before booking the trek and are advised to seek medical advice or consent from their doctors before the trek.

When is the best season for this trek ?

The best season to trek this route is during autumn (September to November) as the weather is stable, dry, and clear. Also, the atmosphere is merry during these seasons, as autumn is the major festive season of the country. Another favorable season for trekking is during spring (March to May) as the trails become more vibrant and pleasing with the blooming of different wildflowers and Rhododendrons. The days are clear and perfect for trekking.

Is Travel Insurance compulsorily required ? Does your company pay for the Travel Insurance of guides and porters?

While booking a trek with us, we do require you to have travel insurance that must cover medical and emergency helicopter rescue with evacuation expenses at 5500m. high altitude for trekking members. You should provide the insurance documents before you depart for the trek.

If you do not or cannot find an appropriate insurance policy, we will assist you with one. It will help you in potential altitude sickness and unforeseen events due to sudden weather changes.

Yes, we do pay for the insurance policy of our team members. Nepal Alternative Treks fund the expenses for insurance of all of its members along with their meals, salary, lodging, transportation, and other necessary equipment.

What is the role of your guide ?

Our licensed guides speak fluent English, and most of them even speak additional local languages like Tamang and Gurung so that it will be helpful to reveal untold local stories, culture, and costumes. They are extensively trained in handling any crisis and accidents along with managing accommodation and have good experience in the safe operation of treks.

Our guide has ample knowledge about the Himalayas, altitude sickness, geography, local culture, and customs, as well as the biodiversity of the area. Their primary concern is your safety and satisfaction throughout the trek. Therefore, they will make your journey easier, exciting, and enriching.

What is Acute Mountain Sickness? What happens if we fall sick?

As you ascend, the atmospheric pressure decreases. Hence, the amount of oxygen available also decreases. When your body is unable to acclimatize adequately to a rapid decrease in oxygen volume, altitude sickness occurs. Its symptoms are nausea, vomiting, headache, lack of appetite, exhaustion, muscle aches, rapid pulse even at rest (+/- 120 beats per minute), and insomnia.

To avoid AMS, our itineraries include acclimatization days in between. You should walk at a slow and steady pace, eat enough carbohydrates, and drink plenty of water. You could eat chocolates and toffee while walking and avoid alcohol and smoking.

Our guides are well-trained to handle emergencies like AMS and other sicknesses. They know how to use an oxygen meter to monitor blood oxygen saturation levels at high altitudes. They can facilitate you with other medical kits (First Aid) and health check-up as per necessity.

If you happen to have symptoms of AMS or the feeling of being sick, you have to report it to your guide immediately. You must not ascend any further, take rest, and take medicines like acetazolamide or Diamox. If symptoms persist, you must descend to a lower altitude and visit a doctor immediately. If the condition seems to worsen, we shall coordinate with your insurance company for helicopter evacuation.

Can we change money along the trek ? Can we pay by credit card or foreign currency ?

You can change money in Manang and Jomsom but you may not get a good rate as Kathmandu. We recommend changing money at Thamel. Credit cards and foreign currency are not accepted along the route. You will find cash machines (ATM) in Jomsom and Manang but you are better to take enough cash from Kathmandu.

What is the weight limit for porters ?

Usually, we arrange one porter for two trekkers, and one porter carries weights up to 20 kilograms. Hence, each trekker's luggage should weigh only up to 10 kilograms. However, if your essentials weigh more than that, we can provide you a personal porter with some additional costs.

What kind of food will be provided during the trek?

Our package includes three meals per day, breakfast, lunch, and dinner. Dinner and lunch include the

authentic Nepali Daal-Bhat (rice and lentils) along with seasonal vegetables, spinach, and pickle. If you do not like it, you can choose any item from the wide range of menu offered by the lodges.

Teahouses and lodges serve Nepalese, Asian, and Continental food, and even pizzas. The food is prepared hygienically, but the taste of western food might not meet your expectations as there are minimal resources available. We usually suggest eating vegetarian food to avoid falling ill.

How can drinking water be managed in the mountain ?

Bottled plastic water is readily available along route at USD 1 per liter. However, we recommend you carry your own water bottles. You can fill them up with filtered water wherever possible and purify them using chlorine or iodine. We shall provide water, purification drops, and tablets. You can fill up safe drinking water stationed in Annapurna Conservation Area.

How long will we have to hike each day ?

An average day of trekking involves around 4 to 6 hours of hiking, including breaks for meals as needed. The average distance covered depends on the terrain and altitude, but ranges from 10 to 15 kilometers on average.

Along the way, you will have many chances for photography and other personal interests such as bird watching and discovering local areas of interest like natural springs, hot water ponds, and even exploring flora and fauna.

What are the documents that we need to bring for this trek ?

You need to submit the following documents that should be sent via email :

- A copy of passport,
- Passport-sized photos,
- Flight details,
- Copy of travel insurance (it has to cover Heli rescue and medical evacuation) and other documents required to claim it.

Upon Arrival :

- We need an original passport with Nepal visa to obtain Manaslu special permit .

What are the accommodation arrangements during the trek ?

In trekking trails, the accommodation options are teahouses and lodges only. Nepal Alternative Treks generally manages your accommodation in the best available teahouses or lodges that provide single or double rooms, mostly dormitory-style. The bed has a mattress, pillow, and blanket. Very few teahouses offer a room with a heater, and the blanket provided by the teahouse alone will not be enough to withstand the cold. So, it would be better to carry a warm sleeping bag. You can buy or hire one at the rental shops in Kathmandu.

What kind of toilet facilities are there? Will we be able to take a shower in Mountain ?

Lodges and teahouses on the Annapurna Circuit have excellent infrastructure and are likely to have western-style toilets, and sometimes even attached toilets. As you start hiking from Manaslu, you are most likely to find an Indian squat-styled toilet. Finding toilet paper is almost impossible in these areas, so we advise you to carry plenty of your own.

Usually, Nepal Alternative Treks arranges accommodation with proper shower facilities. Please understand that it becomes difficult to arrange running showers and hot water facilities as the altitude increases. So, in remote mountainous regions, showers cost some extra money.

Can we hire trekking gears in Kathmandu ?

Yes, you can. There are plenty of shops around Thamel that sell as well as rent all the necessary gear for trekking. These shops have great varieties of goods ranging based on their brand as well as price. We will help you with buying or hiring all the necessary equipment.

Is it possible to recharge batteries and electronics during the trek ?

Nowadays, all kinds of facilities, including recharging batteries and electronics, are available in Annapurna and Manaslu area. They also have electricity and recharging facilities available for a minimal service charge.

However, to be on the safer side, we do recommend you carry solar chargers. Also, note that the Nepalese plugs are of Type D, and the voltage is about 220-240 V. So, make sure that your devices are chargeable. Otherwise, you shall require adapters and voltage stabilizers.

Is it possible to communicate with friends and family back home while on trek ?

There are mobile networks, internet data, and Wi-Fi available in some places of this route, and you can connect to your friends and family back home.

For mobile network and internet data, you will require a Nepalese SIM-Card. If you wish to buy a Nepalese SIM-Card, we will assist you in getting it. You can buy a SIM-Card from local distributors easily with some fees. We recommend to buy **NAMASTE** sim.

What if the guide/porter leaves alone on the trail?

Guides and porters will always walk together with you, but, sometimes in case if there is no communication available to reserve lodge in advance, your porter may have to go ahead to book a room in an excellent lodge for the night. Our guides /porters will not leave you behind otherwise.

If by any chance such a circumstance occurs, you have to contact us immediately. We will then connect to our guides/porters and get back to you.

What is the weather and temperature like during the trek?

The temperature could range around and above 25 degrees Celsius in summers and decrease below -15 degrees Celsius in winters. During autumn and spring, the temperature ranges around 15 to 20 degrees Celsius, making it suitable for tour purposes.

Do we need to tip our tour guide?

It is not mandatory to tip the guide/porter. It ultimately depends on your choice. As your guide/porter play a big role in the success of your trip, from guiding and carrying your necessities to being mindful of your safety, your tips reflect gratitude towards them. Hence, tipping is a recommended culture for guides/porters in Nepal as a gesture of thankfulness.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals, transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable.*** You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action, wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer's request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred. Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements, but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate

strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the authority to make any amendments.

Address

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