

Nagarkot Hiking - 1 Day

URL: <https://nepalalternativetreks.com/trip/nagarkot-hiking/>

Duration

1

Per Person Cost

USD 120

Difficulty

Easy

Weather

16°C to 27°C

Accommodation

Hotel

Meals

Breakfast, Lunch

Religion

Buddhist, Hindu

Transportation

Private overland Transport

Max Altitude

2175m./7177ft.

Region of Nepal

Nagarkot, Kathmandu

Ethnic People

Tamang

Daily Activity

Approx. 3 - 4 hours

Best Seasons

Sept, Oct, Nov, Dec, Jan, Feb, March, April, May

Geographic Terrain

Mountain, Forest, Village

Highlights

- Amazing View of Mt. Everest and many more snowcapped himalaya ranges.
- Beautiful Sun rise with panoramic view .
- Enjoy the hiking trail through Nagarkot - Tilkot - Changunarayan and the nearest remote villages of Kathmandu.
- Visit Historical and hindu temple - Changunarayan .
- Catch the majestic panoramic view of Annapurna (8091m), Manasalu (8165m), Ganesh Himal (7446m) and Lantang Lirung (7245m).

Weather

January

0°C to 15°C

February

2°C to 17°C

March

5°C to 20°C

April	May	June
8°C to 23°C	12°C to 25°C	15°C to 27°C
July	August	September
16°C to 27°C	16°C to 26°C	14°C to 26°C
October	November	December
10°C to 23°C	5°C to 19°C	2°C to 16°C

Trip Overview

Overview

Your hiking guide will come to pick you up at 4:30 am in the morning at your hotel and take you to Nagarkot by private vehicle. You will hike to changunarayan temple through local trail passing local houses and terraces. You may see the Bhaktapur Village very near to you and the beautiful Kathmandu Valley at the far distance from Changunarayan temple and the splendid view of the Himalayas on the way. Changunarayan temple is one of the oldest temples in the valley. It is said to have been built by King Hari Dutta in 323 AD. It has listed in the UNESCO World Heritage Monument List in 1979. After visiting this temple we have lunch and drive back to Kathmandu.

Nagarkot Hiking is specially designed for those visitors who are interested to see sun rise and Mt. Everest with many more snowcapped himalaya range combining with nature walking and local villages. Nagarkot is the one of the nearest and popular hills around Kathmandu valley. This package gives an opportunity to explore the combination of terrace, local village through natural path and stunning view and sun rise with himalaya range from Nagarkot . You will be fully entertained your day in Kathmandu.

At an elevation of 2175m. above the sea level 17 kilometer away one of most popular hill situated east from Kathmandu. It is popular for mountain views particularly at sunrise. From this place some mountains above 6000 meters, Annapurna (8091m), Manasalu (8165m), Ganesh Himal (7446m) and Lantang Lirung (7245m) can be seen. Most attraction is to see the Top of the world Mount Everest (8848 m.) as the tallest brother standing with other snowcapped high mountains.

About Us

Enjoy a tailored tour in Nepal with Nepal Alternative Treks and Expedition. We specialize in full-board hiking and cater to all kinds of tourists. Enjoy the most exquisite services, including domestic transportation, luxury accommodation, permits, experience hiking guide, and porters.

1 Day Nagarkot Hiking Day-to-day-Itinerary

Day 1: Drive to Nagarkot - Hike to Changunarayan Temple - Drive to Kathmandu

Time : Activities

- 04:30 am : Meet with hiking guide at hotel's lobby and depart to Nagarkot by private vehicle
- 05:45 am: Arrive at Nagarkot, Sun rise and stunning view of Himalaya ranges with Everest
- 06:30 am: Breakfast at Nagarkot
- 07:30 am: Begin hiking to Changunarayan Temple
- 10:30 am: Arrive Chanhunarayan temple
- 11:30 am: Visit Temple and Explore around
- 12:00 pm: Lunch
- 01:00 pm: Depart to Kathmandu
- 02:00 pm: Arrive at hotel

Destination:

27 km. Drive to Nagarkot ((2175m./7177ft.)
Avg. 2 hrs.) Hike to
Changunaraya - Drive to
Kathmandu

Altitude:

Meals

Breakfast, Lunch

Trip Includes

- One professional hiking guide and his all expenses as meals, salary and insurance etc.
- Breakfast at Nagarkot and Lunch during hiking.
- Private vehicle with driver as per mentioned in itinerary.
- Public Liability Insurance.
- Government tax and service charge.

Not included

- Entrance fee at Changunarayan temple

- Tips for guide and driver

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 1	USD \$180.00 PP USD \$120.00PP
Group Of 2 - 4	USD \$170.00 PP USD \$110.00PP
Group Of 5 - 8	USD \$160.00 PP USD \$100.00PP
Group Of 9 - 12	USD \$150.00 PP USD \$90.00PP
Group Of 13 - 16	USD \$140.00 PP USD \$80.00PP
Group Of 17 - 20	USD \$130.00 PP USD \$70.00PP
Group Of 21 - 24	USD \$120.00 PP USD \$60.00PP

Route Map



[Download Route Map](#)

ESSENTIAL INFO

Clothing gears checklist

When you select your personal items, keep in mind the number of days you will be hiking, the time of year and the altitude. We advise our clients to bring these items:

- Lightweight hiking boots or sports shoes “walked” them in prior to arrival in Nepal to avoid blisters or sports shoes.
- Lightweight pants, shirts
- T-shirts.
- Long sleeve shirt, if susceptible to sunburn.
- Sun hat - sunburn is severe at rarefied altitudes.
- Vaseline for feet and crutch.
- Water bottle - 2 liters.
- Sunglasses and strap
- Sunscreen, sun block, sun-tan lotion.
- Small daypack - 25 liters.
- Rain jacket - poncho style to cover backpack during monsoon.
- Warm jacket during winter.

Meals

We will arrange breakfast at one of the best restaurants in Nagarkot and delicious lunch at Changuarayan.

Physical Condition & Experience Requirements

It is an easy level of hike, suitable for passionate walkers who have the ability to walk at least 2-3 hours a day with a light rucksack. As we will get the highest elevation 2175 meters, you won't have to worry about acute mountain sickness (AMS) though you are preferred excellent health with average physical fitness then we can accomplish the trek successfully. Exercising and jogging regularly is a good idea to enhance our strength and stability. Past hiking experience would be an asset but no technical skill is required for this trip. Participants with pre-existing medical conditions such as heart, lung, and blood diseases should inform Nepal of alternative treks before booking the hike.

Climate and weather

This hike is not very long. Similarly, this hike is not that difficult either. So, the climate or weather does not affect this that much. But you have to be careful on rainy days. Mostly, the Spring season of March, April, May, and Autumn seasons of September, October, and November would be the best time for this hike.

Safety and security

The authority will take care of your safety and security. They also take full care of your belongings. Similarly, they will make sure that you don't have a problem during your trek. They will do anything for your comfort.

Frequently Asked Questions

Is this hike safe for tourists?

Yes, this day hike is safe for tourists. This area has not been affected by the earthquake in 2015. Also, there is no burst of epidemics or viral diseases or covid-19. We also recommend you keep yourself updated with the local news.

The government and other respective bodies are continuously are trying to facilitate accessible communication, comfortable and safe internal travel, proper healthcare facility, and services of restaurants en route for tourists.

What are the physical fitness and other criteria required for this hike ?

Although it is not a strenuous hike, the trails pass through the down with ascents that can be demanding and tiresome, so it is beneficial for all hikers to exercise daily from a month before their trip. This helps the body get accustomed to the physical work required during the journey.

Participants with pre-existing medical conditions such as heart, lung, and blood disease should inform us before booking the trek and are advised to seek medical advice or consent from their doctors before the hike.

When is the best season for this hiking ?

The best season to hike Nagarkot is during autumn (September to November) as the weather is stable, dry, and clear. Also, the atmosphere is merry during these seasons, as autumn is the major festive season of the country. Another favorable season for trekking is during spring (March to May) as the trails become more vibrant and pleasing with the blooming of different wildflowers and Rhododendrons. The days are clear and perfect for hiking.

December to February is the coldest time of the year. From June to August, the region experiences the summer season. Humidity increases along with the temperature. Hence, the monsoon starts, which makes the skies cloudy, and the roads muddy and slippery. There are chances of flooding and landslides throughout the country as well.

Do you have other dates available that match my timing?

Even though our hiking packages have pre-fixed group departure dates, we can tailor it to accommodate your specific requests and schedule. Please review our designated departure dates, and if they do not suit

your timeframe, let us know your preferred timing so that we can manage your itinerary accordingly. We organize this trek as per your wishes and convenience.

As a single trekker, may I join fixed departure group ?

Our group hiking packages are designed in such a way that they suit single travelers too. It is a great way to get to know new people with similar interests, and most people find that group dynamics are very friendly and comforting.

What kind of food will be provided during this hike ?

This hiking package includes breakfast in Nagarkot choosing yourself from MENU. Lunch include the authentic Nepali Daal-Bhat (rice and lentils) along with seasonal vegetables, spinach, and pickle. If you do not like it, you can choose any item from the wide range of menu offered by the restaurants in Changunarayan. There are wide choices of Nepalese, Asian, and Continental food, and even pizzas.

How can drinking water be managed ?

We provide bottled plastic water along the hike. However, we recommend you carry your own water bottles. You can fill them up with water and can carry them with you so that you can drink whenever you are thirsty.

How long will we have to hike ?

Approximately around 6 hours of hiking, including breaks for meals as needed. The distance is 10 km kilometers.

Along the way, you will have many chances for photography and other personal interests such as bird watching and discovering local areas of interest like villages, local people, and even exploring flora and fauna.

What are the documents that we need to bring for this hike ?

You need to submit the following documents that should be sent via email :

- A copy of passport,
- Flight details,

Can we hire hiking gears in Kathmandu?

Yes, there are plenty of shops around Thamel that sell as well as rent all the necessary gears for hiking. These shops have great varieties of goods ranging based on their brand as well as price. We will help you with buying or hiring all the necessary equipment.

What is the weather and temperature like we can expect during the hike ?

The temperature could range around and above 25 degrees Celsius in summers and decrease below 5 degrees Celsius in winters. During autumn and spring, temperature ranges around 10 to 20 degrees

Celsius, making it suitable for hiking purposes.

Address

Nepal Alternative Treks & Expedition

Post Box No: 8169,
House, Raniban Marg
136/205, Nagarjun, 01, Kathmandu 44600, Nepal