

Paldor Base Camp Trek - 10 Days

URL: <https://nepalalternativetreks.com/trip/paldor-base-camp-trek/>

Paldor Base Camp Trek Quick Information

Weather -5°C to 20°C	Duration 10 Days	Difficulty Moderate
Accommodation Lodge/Tented camp/Home Stay	Meals Included Breakfast, Lunch, Dinner	Transportation Bus/Jeep
Daily Activity 06 hours walk	Religion Buddhist/ Christian	Ethnic People Tamang, Gurung, Ghale
Region of Nepal Langtang and Ganesh Himal Region	Max Altitude 4200m./13860ft.	Per Person Cost USD 770
Best Season Sept, Oct, Nov, March, April & May	Geographic Terrain Mountain, Peaks, Villages, Forest, Hills, Rivers	

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 4	USD \$770.00
Group Of 5 - 8	USD \$740.00
Group Of 9 - 12	USD \$710.00
Group Of 13 - 18	USD \$680.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Paldor Base Camp Trek Overview

The majority of the Paldor Base Camp Trekking takes place in Gorkha, and it ends at Paldor Peak's foothill. Hiking in this area offers the chance to experience unspoiled Tamang civilizations, which are descended from Tibetan forebears. During trekking, a beautiful view of the Hindu-sacred Ganga Jamuna Waterfall provides an experience you won't soon forget.

Nepal Alternative Treks and Expedition created the Ganesh Himal Paldor Base Camp Trek in the Ganesh Himal region to provide a distinctive area adventure trek. An independent, physically fit, and healthy person can go trekking in the Ganesh Himal region.

Paldor Peak is one of the best peaks in Nepal. It is equally beautiful as some of the most popular peaks in Nepal. This is for someone who wants less challenging treks in Nepal. Then, the Paldor trek is for you. Paldor Base Camp, located at a height of 4980 meters in the Ganesh Himal range, serves as the base camp for Paldor Peak (5903 meters). A variety of unusual fauna, including endangered species like the Snow Leopard, Red Panda, Wild Yak, Himali Thar, Musk Deer, and Wild Boar, as well as more than 300 different bird species, can be encountered while hiking this trail.

Nearby Locations To Explore During Paldor Base Camp Trek

The [Tripura Sundari Temple](#) is located nearby, and different sacrificed animals are presented to the deity there in order to grant wishes. During the trip, monasteries and chhörtens provide spiritual understanding. Visitors can travel among the communities to learn more about the Tamang, Gurung, Magar, Chhetri, and Brahmin ethnic groups who live in the area. Visitors find the hillside residents' lives and pastimes, which differ from community to settlement, to be interesting.

During the Trip to Paldor Base Camp

Trekking is an incredible journey that offers stunning views of the Ganesh Himal and Langtang National Park. On day 2, you will drive from Kathmandu and begin your trek. As you progress towards day 5, you will be awestruck by the magnificent views of Ganesh Himal and the Langtang range.

Climbing Paldor Peak is one of the major highlights of the trek, and you will stay at high camp to acclimatize and prepare for the climb. The Langtang range, Ganesh Himal, and Manaslu are visible from the high camp, and the view is simply breathtaking.

As you continue your trek towards day 4, you will explore the Ganesh Himal region and witness its stunning beauty. The Ruby Valley, which is located in the Ganesh Himal range, is a must-visit destination during the trek.

On day 12, you will complete your journey, and the memories of the stunning views of Himal Manaslu, Langtang Lirung, and Ganesh Himal will stay with you forever.

During your trek, you will stay overnight in the Tamang village and enjoy delicious breakfast, lunch, and dinner. The Tamang people are known for their hospitality and culture, and their warmth and kindness

will make your stay even more special.

Highlights Of Paldor Base Camp Trek

- One of the most well-known peak climbing locations in the Ganesh Himal region is Paldor Peak (5903m).
- Undiscovered natural beauty, various landscapes, lovely villages, quiet lakes, magnificent Himalayan settings, lovely waterfalls, and productive farming terraces.
- Visit Gatlang's fascinating and culturally diverse Tamang village.
- Ganesh Himal, Mount. Langtang Lirung, Mts. Naya Kanga, Yala, Dorje Lakpa, Mt. Fishtail/Machapuchare, Annapurna Himalayan views, Mt. Shishapangma, and the brown hills of the Tibetan Himalayan range make for stunning Himalayan landscapes.
- At an altitude of 4980 meters, Base Camp of Paldor Peak offers a distinctive camping trek. Experience the unique Buddhist culture of local people.

Weather

Best Season for Paldor Base Camp Trek

Spring (March to May)

Spring is a time of gradual warming on this trek, with temperatures ranging from -1°C to 15°C. Starting from the chillier end in March and rising to more moderate levels by May, this season often features clear skies and the blooming of wildflowers, creating picturesque landscapes of the Annapurna Range. The weather becomes increasingly pleasant, making it one of the best times for trekking.

Autumn (September to November)

Autumn on this trek is characterized by stable weather and clear skies, with temperatures cooling down from 17°C to -1°C. Early autumn is relatively warm, but temperatures gradually drop as winter approaches. The crisp air and dry trails provide excellent trekking conditions, and the visibility is superb, offering stunning views of the surrounding peaks, making it an ideal time for trekking.

Winter (December to February)

Winter on this trek is marked by cold temperatures, ranging from -5°C to 7°C, and occasional snowfall. While the days might offer clear skies and some sunshine, the nights are particularly cold. Trekkers should be prepared for chilly conditions and potentially icy trails, making warm clothing essential.

Summer (June to August)

Summer on the Paldor Base Camp brings the warmest temperatures of the year, typically between 8°C and 20°C. However, this season also coincides with the monsoon season, so trekkers can expect rain and humid conditions, which can make the trails muddy and challenging. The increased moisture also means

an abundance of leeches and bugs. Despite these challenges, the valley is lush and vibrant, offering a different kind of beauty.

January

-5°C to 5°C

February

-3°C to 7°C

March

-1°C to 10°C

April

2°C to 12°C

May

5°C to 15°C

June

8°C to 18°C

July

10°C to 20°C

August

10°C to 19°C

September

7°C to 17°C

October

4°C to 13°C

November

-1°C to 9°C

December

-4°C to 6°C

Difficulty

Paldor Base Camp Trek Difficulty

The Paldor Base Camp route is a moderately difficult trekking route characterized by its least developed, off-beat, and rough trails. The high elevations and frequent changes in climate, coupled with the unavailability of major facilities, add to the trek's challenges. The numerous ascents and descents make the journey even tougher. Proper planning and assistance are essential before starting the trek. Altitude sickness is a common issue in the mountains, necessitating acclimatization and rest during the journey to ensure a safe and enjoyable experience.

10 Days Paldor Base Camp Trek Itinerary

Day 1: Drive to Dangochet from Kathmandu

From Kathmandu, you take a drive to Dangochet to begin your Paldor base camp hiking excursion. You'll travel for about 8 to 9 hours and see some stunning scenery along the route. You will have the remainder of the day to unwind and explore the neighborhood once you get to Dangochet.

Destination:

170km./07 hours drive

Accommodation

Teahouse at Dangochet

Altitude:

(1500m./4950ft.)

Meals

Breakfast, Lunch, Dinner

Day 2: Trek to Gongga Kharka

You'll start your hike to Gongga Kharka after a delicious breakfast. You will enjoy breathtaking views of

the Ganesh Himal range as the trek winds through luxuriant woods of rhododendrons and oak trees. You'll spend the night at Gonga Kharka after the approximately 6-7-hour hike.

Destination:	Accommodation	Altitude:
16km./07 hours hike	Tent at Gonga Kharka	(2865m./9454ft.)

Meals

Breakfast, Lunch, Dinner

Day 3: Trek to Machet via Sing La Pass

You travel to Machet today through the Sing La Pass. Although the trek is difficult and steep, the panoramic views of the Himalayas make it worthwhile. You'll travel through little towns and see a bit of how people live there. You'll spend the night in Machet after the 7-8-hour walk.

Destination:	Accommodation	Altitude:
18km./uphill hike 07 hours	Tent at Sing La Pass	(3940m./13002ft.)

Meals

Breakfast, Lunch, Dinner

Day 4: Trek to Pangsang

You'll begin your hike to Pangsang after breakfast. In comparison to the days before, the trek is pretty simple, and you'll get breathtaking vistas of the Langtang and Manaslu ranges. You'll spend the night in Pangsang after the approximately 6-7-hour journey.

Destination:	Accommodation	Altitude:
16km./07 hours hike	Teahouse at Pangsang	(3800m./12540ft.)

Meals

Breakfast, Lunch, Dinner

Day 5: Trek to Somdang

You will reach Somdang on your trip today, a little settlement at the foot of Paldor Mountain. The course is quite simple, and you'll pass through quaint towns and verdant woodlands. Throughout the route, you'll get breathtaking views of the Ganesh Himal mountain range. After a 3-hour journey, you will spend the night in Somdang.

Destination:	Accommodation	Altitude:
12km./Downhill hike /03 hours	Lodge at Somdang	(3270m./10791ft.)

Meals

Breakfast, Lunch, Dinner

Day 6: Trek to Paldor Base Camp

You've made it to Paldor Base Camp after today's climb; here, you'll spend the next several days acclimatizing and getting ready for the summit. Although the trek is difficult and steep, the panoramic views of the Himalayas make it worthwhile. You'll spend the night in the Paldor Base Camp after a 6-7 hour climb.

Destination:

14km./Uphill's hike/06 hours

Accommodation

Tent at Paldor Base Camp

Altitude:

(4200m./13860ft.)

Meals

Breakfast, Lunch, Dinner

Day 7: Excursion to Jaysuli Kunda (Lake)

On this excursion day, you'll travel a short distance to the lovely lake of Jaysuli Kunda, which is close to the base camp. You'll get breathtaking vistas of the Himalayas over the 2- to 3-hour climb.

Destination:

(Average 02 hours Uphill's trekking)

Accommodation

Tent at Paldor Base Camp

Altitude:

(4400m./14520ft.)

Meals

Breakfast, Lunch, Dinner

Day 8: Trek to Pangsang

You'll begin your trip back to Pangsang after breakfast. You'll get breathtaking Himalayan vistas along the relatively simple trail. You'll spend the night in Pangsang after the approximately 6-7-hour journey

Destination:

18km./downhill hike / 07 hours

Accommodation

Lodge in Pangsang

Altitude:

(3800m./12540ft.)

Meals

Breakfast, Lunch, Dinner

Day 9: Trek to Sertung /Chalish Village

Today's trek takes you to Sertung or Chalish Village, depending on the weather and trail conditions. The trail passes through small villages and lush forests, and you'll get stunning views of the Ganesh Himal range along the way. The trek takes around 6-7 hours, and you'll spend the night in either Sertung or Chalish Village.

Destination:

20km. downhill hike to Chalish
(Avg. 07 hrs.)

Accommodation

Homestay at Chalish Village

Altitude:

(1940m./6402ft.)

Meals

Breakfast, Lunch, Dinner

Day 10: Drive to Kathmandu by jeep

Today is the end of your Paldor Base Camp Trekking adventure. You'll drive back to Kathmandu by jeep, passing through small towns and villages along the way. The journey from the road takes around 8-9 hours, and you'll get to enjoy the beautiful landscapes of Nepal one last time before returning to the hustle and bustle of the city.

Destination:

150km. drive to Kathmandu (Avg. 08 hrs.)

Altitude:

(1295m./4273ft.)

Meals

Breakfast, Lunch

What's Included

- Pick Up at Tribhuvan International Airport and Transfer to Hotel in Kathmandu .
- All meals during the trekking (Breakfast, Lunch, Dinner with tea/coffee).
- Accommodation (Tent/Lodge/ Home stay) during the trekking.
- One experienced, well trained, fluent English speaking, friendly, specialized in Ganesh himal/Langtang region and government authorized trekking guide
- 1 Porter per 2 Trekkers and keep luggage weight under 10kg per person.
- Guide and porter's food, accommodation, salary, insurance, transportation and equipments.
- Overland transportation as per mentioned in the itinerary.
- Langtang national park fee and required necessary documents.
- A Trekking map, Water purification, Oxygen saturation check up everyday, duffle bag, company t-shirt, first aid medical and trekking completion certificate etc.
- Assistance for emergency rescue evacuation.
- Government tax and service charge.
- Public Liability Insurance.

What's Not Included

- Hotel accommodation and meals in Kathmandu.
- Hard and soft table drinks such as coke, fanta, mineral water, beer, laundry, phone bill etc.
- Personal Travel insurance.
- International Flight Tickets.
- Nepal Tourist Visa Fee
- Tips for guide and porters.(Highly suggested).

Additional Trip Information

Where is Paldor Peak Located?

The mountain is at the southeastern end of the Ganesh Himal range in the Bagmati zone of Nepal. Standing at 5896 meters high, it is a popular spot for mountain tourists. From the summit, you can see the nearby Ganesh Himal and other mountains, which are 1000 meters taller. Paldor Base Camp, located at an elevation of 4980 meters, serves as the base camp for Paldor Peak in the Ganesh Himal range.

The journey begins with a scenic 5 hour drive by bus or jeep from Kathmandu to Syabrubesi. From there, the trek passes through delightful suspension bridges where you cross rivers like the Trishuli River, Langtang Khola, and Bhotekoshi Rivers. Trekkers will pass through various local villages, including Chawatar, Gatlang, and Somdang. After Somdang, we head to Paldor Peak Base Camp.

Food and Accommodation During Paldor Base Camp Trek

Foods

During the trek, you'll be provided with three-course meals. While the meals are simple, they'll provide you with good energy for the journey. A staple meal is the traditional Nepali dish, Dal Bhat. In more remote areas, options may be limited. For breakfast, you can expect Tibetan bread, bread, tea, boiled eggs, and similar items. Lunch and dinner options are almost the same and include dishes like pasta, noodles, soups, potato dishes, and Dal Bhat. Additionally, it's a good idea to carry some light snacks and chocolate bars with you for extra energy along the way.

Accommodation

Teahouses or guesthouses serve as the primary accommodation during this trek. As it's a rural and less popular trekking area, the facilities they provide are pretty basic, but you'll have access to basic amenities. In the lower regions, you may find attached bathrooms, while room sharing is common during peak seasons and in higher regions. At Paldor Base Camp, tent camps are the accommodation option, and you'll be provided with a warm sleeping bag.

However, there may be extra charges for Wi-Fi, charging electronic devices, hot water buckets, and laundry services. During peak season, it's important to note that accommodations may be limited, as very few hotels are available in the area. It's advisable to book your accommodations in advance, especially if you're traveling during popular trekking seasons.

Required Permit for Paldor Base Camp Trek

For this trek, you'll need three permits: the TIMS Card, Langtang National Park Permit, and Paldor Peak Climbing Permit. These permits are essential for ensuring your safety and compliance with local regulations.

TIMS Card

The TIMS card, which stands for Trekkers Information Management System, is an essential permit for trekkers in Nepal. It costs NPR 2000 for most nationals, but SAARC nationals receive a discounted rate of NPR 1000. You can obtain your TIMS card from the Nepal Tourism Board office or any trekking agency in Nepal. This card helps track trekkers for their safety and provides valuable information to authorities in case of emergencies.

Langtang National Park Permit

The trail passes through the Langtang National Park, so it’s essential to obtain an entry permit for the park. The cost of the entry permit is USD 30 plus 13% VAT. This permit grants access to the protected area of the park and supports conservation efforts aimed at preserving its natural beauty and biodiversity.

Paldor Peak Climbing NMA Permit Cost 2027

The table below provides the updated 2027 Nepal Mountaineering Association (NMA) permit cost for Paldor Peak climbing.

Climbing Season	Months	NMA Permit Cost (Per person)
Spring	March-May	USD 350
Autumn	September-November	USD 175
Winter	December-February	USD 175
Summer	June-August	USD 175

Addressing Acclimatization and Altitude Sickness Issue During Paldor Base Camp Trek

Altitude sickness is a common concern in the mountains of Nepal, especially when hiking up to altitudes around 5000m. The chances of experiencing altitude sickness are high due to several ascents and descents, which can make breathing difficult. Acclimatization is essential for our bodies to adapt to the altitude. If you plan to summit the trek, you’ll have an acclimatization day at the base camp. Otherwise, you’ll spend a rest day at the base camp exploring nearby lakes. This allows your body to adjust gradually to the altitude, reducing the risk of altitude sickness and ensuring a safer trekking experience.

Symptoms may include headache, nausea, fatigue, dizziness, and difficulty sleeping. To prevent altitude sickness, it’s essential to acclimatize gradually, stay hydrated, avoid overexertion, and listen to your body. If symptoms of altitude sickness develop, descending to a lower altitude is the most effective treatment. Always consult with a medical professional before trekking at high altitudes, especially if you have pre-existing health conditions.

Frequently Asked Questions

Do I need any special permits to do the Paldor Base Camp Trek?

Yes, you'll need a climbing permit for Paldor Peak to do the Paldor Base Camp Trek. You can obtain this permit from the Nepal Mountaineering Association (NMA).

Is it possible to do the Paldor Base Camp Trek solo?

It's possible to do the Paldor Base Camp Trek solo, but it's recommended to hire a guide or join a group for safety and support.

Do I need to bring my own equipment for the trek?

You'll need to bring your own personal equipment, including a sleeping bag, a warm jacket, hiking boots, and other essential items. However, most trekking equipment can be rented or purchased in Kathmandu.

Is altitude sickness a concern during the trek?

Yes, altitude sickness can be a concern during the Paldor Base Camp Trek. It's recommended to acclimatize properly and stay hydrated to avoid altitude sickness.

Are there any medical facilities along the trail?

There are basic medical facilities available in some villages along the trail. However, it's recommended to carry a basic first aid kit and any necessary medication with you.

How do I get to the starting point of the Paldor Base Camp Trek?

You'll need to drive from Kathmandu to Dangochet to start the trek. You can hire a private vehicle or take a public bus to reach Dangochet.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals, transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will

be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable***. You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action, wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer's request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred. Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements, but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the authority to make any amendments.

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