

Sarangkot Hiking - 1 Day

URL: <https://nepalalternativetreks.com/trip/sarangkot-hiking/>

Sarangkot Hike Quick Information

Weather

5°C to 25°C

Duration

1 Day Days

Difficulty

Easy

Accommodation

Hotels

Meals Included

Breakfast, Lunch

Transportation

Private Overland transport

Daily Activity

Approx. 2 - 3 hours

Religion

Buddhist, Hindu

Ethnic People

Gurung, Magar

Region of Nepal

Annapurna Region, Pokhara

Max Altitude

1600m./5280ft.

Per Person Cost

USD 110

Best Season

Sept, Oct, Nov, Dec, Jan, Feb,
March, April, May

Geographic Terrain

Hills, Village, Mountain

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 4	USD \$80.00
Group Of 5 - 8	USD \$70.00
Group Of 9 - 12	USD \$60.00
Group Of 13 - 18	USD \$50.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Sarangkot Hike Overview

Sarangkot Hike is designed for visitors who either don't have long enough vacation to walk long in the mountain or have a day extra in Pokhara. A day sarangkot hiking offers a best mountain view with scenic local villages of ethnic people of Nepal people. The trip starts from your hotel early morning 5:00 am while guide will meet and take you to Sarangkot by private vehicle then end in Phew Lake after a short hiking.

It offers a spectacular view of the Himalayan ranges including the Anapurna and Machhapuchhare in clear sky from Dhampus. We will see panoramic views of Annapurna (8091m/ 26,545ft), Dhaulagiri (8167m/ 26,795ft), Machhapuchhare (the sacred mountain), Annapurna south(7240m./23892ft.) and Himchuli(6440m./21252ft.) including other 10 peaks over 6000 meter. This area also offers you views of the Pokhara Valley with all its natural beauty. Sarangkot is one of the most popular hills renown for seeing the sunrise over the Himalayas.

It is a beautiful morning walk from Sarangkot hill to Few Lake, about 2 hours. You will pass by local villages, terrace and best pokhara view .

Sarangkot Hiking Highlights

- Panorama of the Annapurna, Fishtail, Dhaulagiri, and Nilgiri ranges
- Experience the nearest village's local culture, traditions, and heritage from Pokhara town
- Explore the natural hike .
- Visit one of the most popular touristic destinations for Sunrise – Sarangkot

Weather

January

5°C to 15°C

February

6°C to 16°C

March

8°C to 18°C

April

10°C to 20°C

May

12°C to 22°C

June

15°C to 25°C

July

16°C to 25°C

August

16°C to 24°C

September

15°C to 23°C

October

12°C to 20°C

November

8°C to 17°C

December

6°C to 16°C

1 Day Sarangkot Hike Itinerary

Day 1: Drive to Sarangkot - hike down to Fewa Lake

Time :	Activities
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05:00 am :	Meet with hiking guide at hotel's lobby and depart to Sarangkot by private vehicle
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05:45 am:	Arrive at Sarangkot, Sun rise and stunning view of Annapurna Himalaya ranges
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06:30 am:	Breakfast at Sarangkot
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07:30 am:	Begin hiking to Fewa lake
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10:30 am:	Arrive at hotel
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Destination:	Altitude:	Meals
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12 km. drive to Sarangkot (	(1600m./5280ft.)	
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Avg. 45 minutes) and 10 km.		Breakfast
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Downhill hike to Pokhara (Avg.		
03 hrs.)		

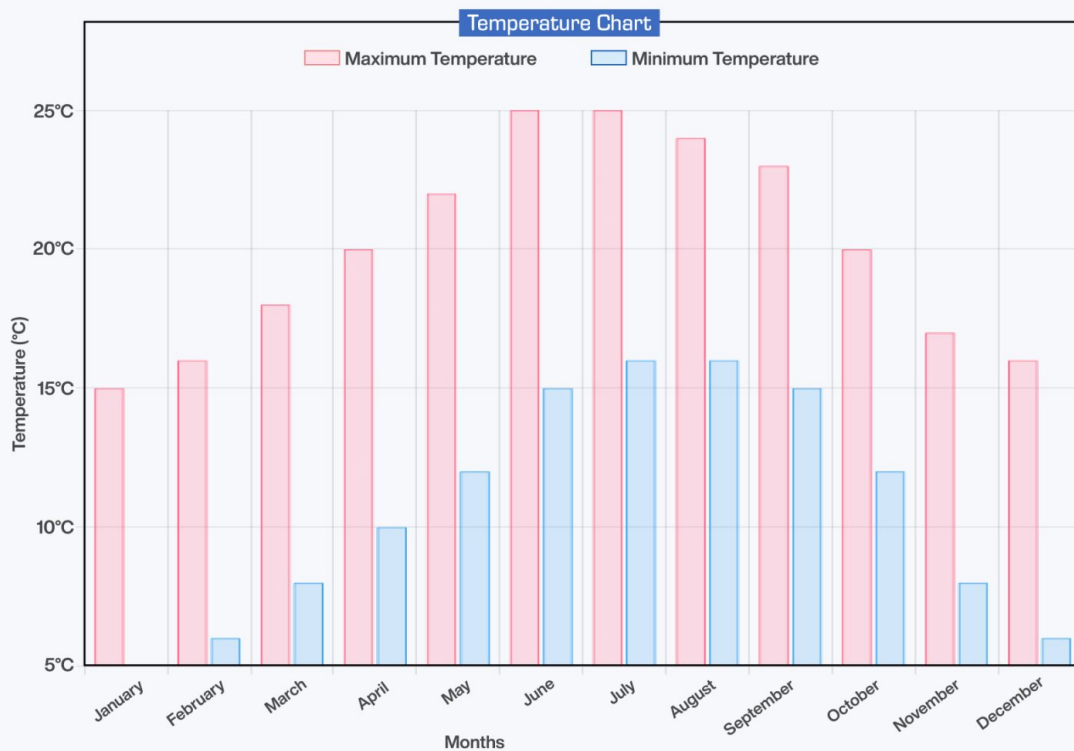
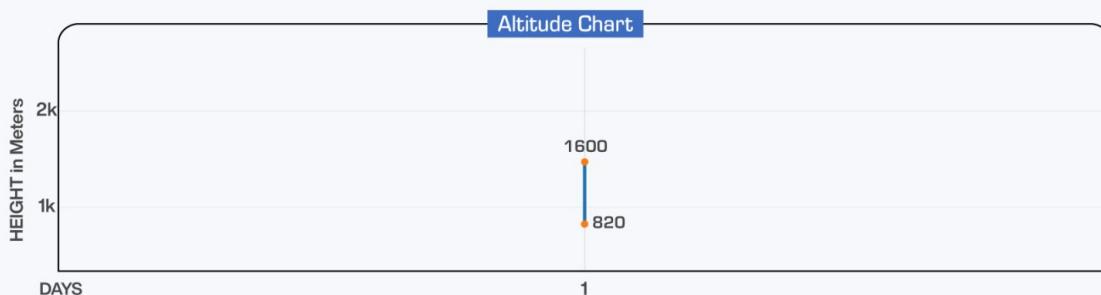
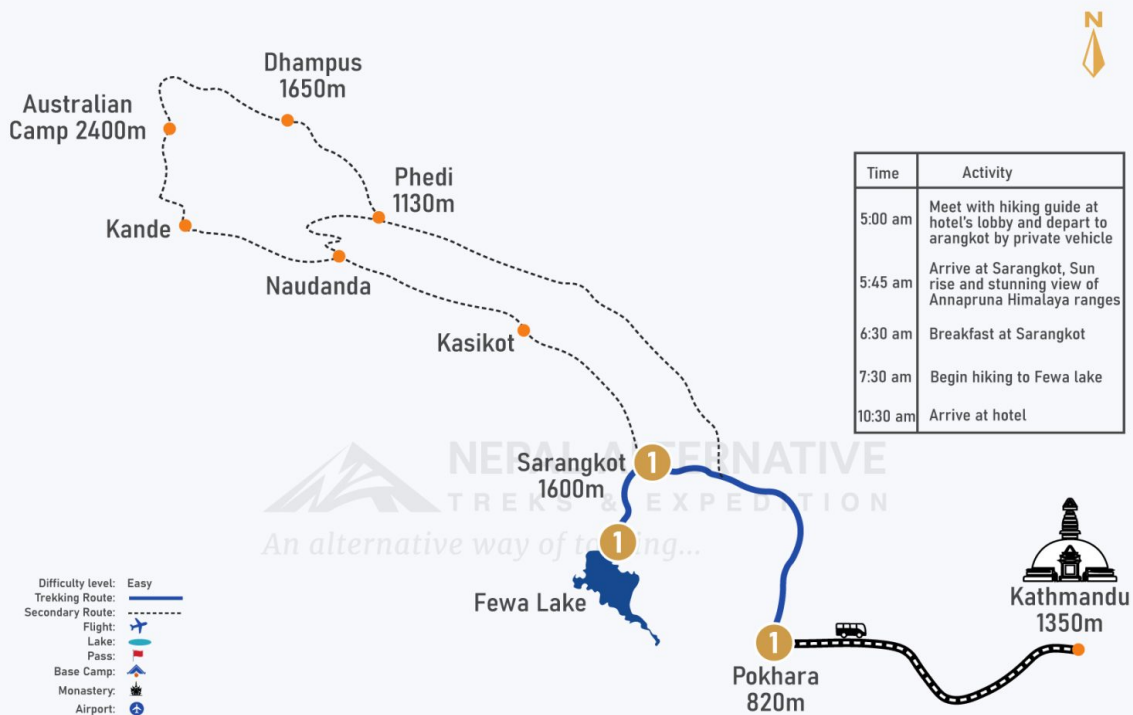
What's Included

- Pick Up and Drop Off at Hotel in Pokhara before/ after Hiking.
- One experienced educated, well trained, fluent English speaking, friendly, government authorized professional hiking guide.
- Guide's food, accommodation, salary, insurance and transportation.
- Sarangkot drop by private vehicle
- Sarangkot entrance fee
- Breakfast at Sarangkot.
- Government tax and service charge.
- Public Liability Insurance.

What's Not included

- Hotel accommodation and meals in Pokhara.
- International Flight Tickets.
- Nepal Tourist Visa Fee
- Tips for hiking guide .(Highly suggested).

Sarangkot Hike Route Map



Traveler Reviews

Best Family Hike To Sarangkot I Will Recommend

“Me and my family were very happy. The agency prepared everything for us. The stuffs including porters were friendly, helpful and willing to help.”

Rating: 5/5

Sbiboribankul

Bangkok, Thailand

We discovered our inner strength with your friendly encouragement

Tej,

Not only beautiful sky and beautiful mountain, we experienced, we discovered our inner strength with your friendly encouragement. We had a good time through a long journey with lots of laughter and fun. We enjoyed each other's companies. Thanks for the friendship and your professionalism. You mingled so well with the Thai even you learned how to do the picture posting. Hope this trip will be a memorable one to you as same as us.

Thanks for everything.

Rating: 5/5

Oessrel (Jang) Chaichum

Malaysia

Additional Trip Information

Clothing Gear Check List For Sarangkot Hike

When you select your personal items, keep in mind the number of days you will be hiking, the time of year and the altitude. We advise our clients to bring these items:

- Lightweight hiking boots or sports shoes “walked” them in prior to arrival in Nepal to avoid blisters or sports shoes.
- Lightweight pants, shirts
- T-shirts.
- Long sleeve shirt, if susceptible to sunburn.
- Water bottle - 2 liters.
- Small daypack - 25 liters.
- Down jacket in winter

What Meals During Sarangkot Hike Feels Like

During hiking, we will serve a delicious breakfast at Sarangkot. You will enjoy it with panoramic mountains and Pokhara city views.

How Fit Must Sarangkot Hikers Be?

Sarangkot hike is easy, suitable for passionate walkers who have the ability to walk at least 2-3 hours with a light rucksack. As we will get the highest elevation of 1600 meters, you won't have to worry about acute mountain sickness (AMS) though you are preferred excellent health with average physical fitness then we can accomplish the trek successfully. Exercising and jogging regularly is a good idea to enhance our strength and stability. Past hiking experience would be an asset but no technical skill is required for this trip. Participants with pre-existing medical conditions such as heart, lung, and blood diseases should inform Nepal of alternative treks before booking the hike.

Climate and weather During Sarangkot Hike

Sarangkot hiking is not a very long hike. The hike ends in a single day. Similarly, the place is open throughout the year. You can visit this place throughout the year. But, you have to avoid rainy days and travel. Therefore the best time to visit this hiking is during monsoon season.

Addressing Sarangkot Hike Safety and security Concerns

It's just a day-long hike. So, you don't have to worry about the belongings being lost. But in case you are worried. Don't worry the concerned authority will take full care of you and your belongings.

Frequently Asked Questions

Is this hike safe for tourists?

Yes, this day hike is safe for tourists. This area has not been affected by the earthquake in 2015. Also, there is no burst of epidemics or viral diseases or covid-19. We also recommend you keep yourself updated with the local news.

The government and other respective bodies are continuously are trying to facilitate accessible communication, comfortable and safe internal travel, proper healthcare facility, and services of restaurants en route for tourists.

What are the physical fitness and other criteria required for this hike ?

Although it is an easy and short hike, the trails pass through the steep down that can be demanding and tiresome, so it is beneficial for all hikers to exercise daily from a month before their trip. This helps the body get accustomed to the physical work required during the journey.

Participants with pre-existing medical conditions such as heart, lung, and blood disease should inform us before booking the trek and are advised to seek medical advice or consent from their doctors before the hike.

When is the best season for this hiking ?

The best season to hike Sarangkot is during autumn (September to November) as the weather is stable,

dry, and clear. Also, the atmosphere is merry during these seasons, as autumn is the major festive season of the country. Another favorable season for trekking is during spring (March to May) as the trails become more vibrant and pleasing with the blooming of different wildflowers and Rhododendrons. The days are clear and perfect for hiking.

December to February is the coldest time of the year. From June to August, the region experiences the summer season. Humidity increases along with the temperature. Hence, the monsoon starts, which makes the skies cloudy, and the roads muddy and slippery. There are chances of flooding and landslides throughout the country as well.

Do you have other dates available that match my timing?

Even though our hiking packages have pre-fixed group departure dates, we can tailor it to accommodate your specific requests and schedule. Please review our designated departure dates, and if they do not suit your timeframe, let us know your preferred timing so that we can manage your itinerary accordingly. We organize this trek as per your wishes and convenience.

As a single trekker, may I join fixed departure group ?

Our group hiking packages are designed in such a way that they suit single travelers too. It is a great way to get to know new people with similar interests, and most people find that group dynamics are very friendly and comforting.

What kind of food will be provided during this hike ?

This hiking package includes breakfast in Sarangkot choosing yourself from MENU. Lunch includes the authentic Nepali Daal-Bhat (rice and lentils) along with seasonal vegetables, spinach, and pickle. If you do not like it, you can choose any item from the wide range of menu offered by the restaurants in Lake Side. There are wide choices of Nepalese, Asian, and Continental food, and even pizzas.

How can drinking water be managed ?

We provide bottled plastic water along the hike. However, we recommend you carry your own water bottles. You can fill them up with water and can carry them with you so that you can drink whenever you are thirsty.

How long will we have to hike ?

Approximately around 6 hours of hiking, including breaks for meals as needed. The distance is 6 km kilometers.

Along the way, you will have many chances for photography and other personal interests such as bird watching and discovering local areas of interest like villages, local people, and even exploring flora and fauna.

What are the documents that we need to bring for this hike ?

You need to submit the following documents that should be sent via email :

- A copy of passport,

Where can we hire hiking gears ?

Yes, there are plenty of shops around Lake side that sell as well as rent all the necessary gear for hiking. These shops have great varieties of goods ranging based on their brand as well as price. We will help you with buying or hiring all the necessary equipment.

What is the weather and temperature like we can expect during the hike ?

The temperature could range around and above 25 degrees Celsius in summers and decrease below 5 degrees Celsius in winters. During autumn and spring, the temperature ranges around 10 to 20 degrees Celsius, making it suitable for hiking purposes.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals, transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable.*** You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action, wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or

refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer's request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred. Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements, but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the

Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the authority to make any amendments.

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