

Shivapuri Hiking - 1 Day

URL: <https://nepalalternativetreks.com/trip/shivapuri-hiking/>

Duration

1

Per Person Cost

USD 110

Difficulty

Easy

Weather

2°C to 24°C

Accommodation

Hotel

Meals

Lunch

Religion

Hindu

Transportation

Private overland

Max Altitude

2732m./9015ft.

Region of Nepal

Shivapuri National Park,

Ethnic People

Tamang, Newar

Daily Activity

Approx. 5 - 6 hours

Best Seasons

Sept, Oct, Nov, Dec, Jan, Feb, March, April, May

Geographic Terrain

Forest, Hills, Mountain

Highlights

- Explore the green landscape of Shivapuri National Park
- Discover the origin of the Bagmati River
- A pack lunch at the top of the Shivapuri peak while taking in the mountain views around you
- Admire the view down on the Kathmandu Valley

Weather

January

2°C to 12°C

February

3°C to 13°C

March

5°C to 15°C

April

8°C to 19°C

May

12°C to 22°C

June

15°C to 24°C

July	August	September
16°C to 24°C	16°C to 24°C	15°C to 23°C
October	November	December
11°C to 20°C	6°C to 15°C	3°C to 12°C

Trip Overview

Overview

In the morning for Shivapuri hiking, you will be picked up at your hotel by your driver and guide. After 20 minutes of driving, you will arrive at the Budhanilkantha Temple, 5 miles (8 kilometers) north of Kathmandu. This temple is famous for the pond with a large statue of the reclining Vishnu.

From Budhanilkantha, drive uphill to reach the gates of the Shivapuri National Park. This area is a government-protected forest where more than 500 species of animals are found.

Start your hike from the southern boundary of the area. Be ready to climb stairs, as part of the trail consists of stone steps, leading you slowly but gently to the peak. On the way, pass Nagi Gumpa, the only monastery where nuns can practice Buddhism, and a place that foreigners often visit for meditation.

It is a steep uphill hike along narrow trails that gradually lead up to Shivapuri. Continue on to pass by the starting point of the Bagmati River, and your surroundings will beckon you to rest and enjoy the beauty of the forest.

Finally, you will reach the peak, located at an altitude of 8,963 feet (2,732 meters). From here, you can look out over toward the Langtang Mountain Range and enjoy lunch. Stroll around for a short time before taking a shortcut downhill and returning to Kathmandu.

Product description

Take a full-day hike in Shivapuri National Park, located near Kathmandu. On this trip, you will observe the beauty of the area's lush surroundings as you hike to the top of the Shivapuri peak. The Shivapuri National park is located in the northern and north western part of Kathmandu. It is the second highest hill near the Kathmandu valley at altitude of 2563m. and a paradise for bird watchers. The good thing about hiking in Shivapuri area is that there are multiple options - whether to hike for just 2, 3 hours or for an entire day - there are choices. It is ideal for people visiting Nepal who doesn't have time or interest to go for longer treks.

About Us

At **Nepal Alternative Treks and Expedition**, we put our efforts to create and operate trips to various parts of Nepal. We have a great team of skilled guides and porters to assist travelers. Thus, we provide our finest people and services to cater to your needs. Also, we allow you to easily change the itineraries as per your liking.

1 Days Shivapuri Hiking Day-to-day-Itinerary

Day 1: Drive to Budanilkantha - Hike to Shivapuri Hill - Drive to Kathmandu from Sundarijal

Time : Activities

07:30 am : Meet with hiking guide at hotel's lobby and depart to Budanilkantha by private vehicle

08:30 am: Arrive at Budanilkantha, Hike to Nagi Gompa and Shivapuri hill

11:30 am: Arrives at Shivapuri Hilla, take packed lunch

12:00 pm: Walk to Sundarijal

02:00 pm: Arrive at Sundarijal and drive to hotel

03:00 pm: Arrive at Hotel

Destination:

Drive to Budanilkantha
and Hike Shivapuri hill

Altitude:

(2732m./9015ft.)

Meals

Lunch

Trip Includes

- Pick-up and drop off from/to hotel
- Drinking water
- Packed lunch
- Professional guide
- Entrance fees
- Transportation by air-conditioned vehicle
- Public Liability Insurance

Not included

- Tips for guide
- Camera fees

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 1	USD \$160.00 PP USD \$110.00PP
Group Of 2 - 4	USD \$120.00 PP USD \$80.00PP
Group Of 5 - 8	USD \$110.00 PP USD \$70.00PP
Group Of 9 - 12	USD \$100.00 PP USD \$60.00PP
Group Of 13 - 16	USD \$90.00 PP USD \$50.00PP
Group Of 17 - 20	USD \$80.00 PP USD \$40.00PP
Group Of 21 - 24	USD \$70.00 PP USD \$30.00PP

Route Map



[Download Route Map](#)

ESSENTIAL INFO

Shivapuri National Park Fee

It is mandatory to enter Shivapuri hiking as this trip is inside the national park. The fee is fixed NPR 1500 per person for foreigners and NPR 500 per person for SAARC citizens. You are required a passport copy to obtain it. You can pay directly at Budanilkantha check post. We have included it in the package.

Clothing gears checklist

When you select your personal items, keep in mind the number of days you will be trekking, the time of year, and the altitude. We advise our clients to bring these items:

- Lightweight hiking boots or sports shoes “walked” them in prior to arrival in Nepal to avoid blisters or sports shoes.
- Lightweight pants
- T-shirts.
- Long sleeve shirt, if susceptible to sunburn.
- Sun hat - sunburn is severe at rarefied altitudes.
- Water bottle - 2 liters.
- Sunglasses and strap
- Sunscreen, sun block, sun-tan lotion.
- Small daypack - 25 liters.
- Rain jacket - poncho style to cover backpack during monsoon.
- Warm jacket during winter.

Meals

During hiking, We provide lunch on the top of Shivapuri hill.

Physical Condition & Experience Requirements

Shivapuri hiking is an easy level but long hike, suitable for passionate walkers who have the ability to walk at least 5-6 hours with a light day bag pack. As we will get the highest elevation 2743 meters, you won't have to worry about acute mountain sickness (AMS) though you are preferred excellent health with average physical fitness then we can accomplish the trek successfully. Exercising and jogging regularly is a good idea to enhance our strength and stability. Past hiking experience would be an asset but no technical skill is required for this trip. Participants with pre-existing medical conditions such as heart, lung, and blood diseases should inform Nepal of alternative treks before booking the hike.

Climate and weather

Shivapuri hiking is mostly 2-3 hours but it can also be done for an entire day the choice is yours. Similarly, for hiking in Shivapuri you can hike it throughout the year. It is open to anyone at any time of the day. Mostly, for hiking here summer and spring seasons are best. But, it can also be done in the winters.

Safety and security

Shivapuri hike is a short hike. So carrying everything is not necessary. Therefore, carrying a lot of items is not required and the things you carry are protected by the authorities all the time. So, you can enjoy your time there without worrying about anything.

Frequently Asked Questions

Is this hike safe for tourists?

Yes, Shivapuri hike is safe for tourists. This area has not been affected by the earthquake in 2015. Also, there is no burst of epidemics or viral diseases or covid-19. We also recommend you keep yourself updated with the local news.

The government and other respective bodies are continuously are trying to facilitate accessible communication, comfortable and safe internal travel, proper healthcare facility, and services of restaurants en route for tourists.

What are the physical fitness and other criteria required for this hike ?

Although it is an easy and short hike, the trails pass through the steep climb uphill and downhill that can be demanding and tiresome, so it is beneficial for all hikers to exercise daily from a month before their trip. This helps the body get accustomed to the physical work required during the journey.

Participants with pre-existing medical conditions such as heart, lung, and blood disease should inform us before booking the trek and are advised to seek medical advice or consent from their doctors before the hike.

When is the best season for this hiking ?

The best season to hike Shivapuri is during autumn (September to November) as the weather is stable, dry, and clear. Also, the atmosphere is merry during these seasons, as autumn is the major festive season of the country. Another favorable season for trekking is during spring (March to May) as the trails become more vibrant and pleasing with the blooming of different wildflowers and Rhododendrons. The days are clear and perfect for hiking.

December to February is the coldest time of the year. From June to August, the region experiences the summer season. Humidity increases along with the temperature. Hence, the monsoon starts, which makes the skies cloudy, and the roads muddy and slippery. There are chances of flooding and landslides throughout the country as well.

Do you have other dates available that match my timing?

Even though Shivapuri hiking packages have pre-fixed group departure dates, we can tailor them to accommodate your specific requests and schedule. Please review our designated departure dates, and if

they do not suit your timeframe, let us know your preferred timing so that we can manage your itinerary accordingly. We organize this hike as per your wishes and convenience.

As a single trekker, may I join fixed departure group ?

Our group hiking packages are designed in such a way that they suit single travelers too. It is a great way to get to know new people with similar interests, and most people find that group dynamics are very friendly and comforting.

What kind of food will be provided during this hike ?

This hiking package includes packed lunch. We will take your order list in the evening and carry it with us to have it on the top of the Shivapuri hill.

How can drinking water be managed ?

We provide bottled plastic water along the hike. However, we recommend you carry your own water bottles. You can fill them up with water and can carry them with you so that you can drink whenever you are thirsty.

How long will we have to hike ?

Approximately around 6 hours of hiking, including breaks for meals as needed. The distance is 10 km kilometers.

Along the way, you will have many chances for photography and other personal interests such as bird watching and discovering local areas of interest like villages, local people, and even exploring flora and fauna.

What are the documents that we need to bring for this hike ?

You need to submit the following documents that should be sent via email :

- A copy of passport,

Can we hire hiking gears in Kathmandu?

Yes, there are plenty of shops around Thamel that sell as well as rent all the necessary gear for hiking. These shops have great varieties of goods ranging based on their brand as well as price. We will help you with buying or hiring all the necessary equipment.

What is the weather and temperature like we can expect during the hike ?

The temperature could range around and above 30 degrees Celsius in summers and decrease below -5 degrees Celsius in winters. During autumn and spring, the temperature ranges around 10 to 20 degrees Celsius, making it suitable for hiking purposes.

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