

Short Island Peak Climbing - 11 Days

URL: <https://nepalalternativetreks.com/trip/short-island-peak-climbing/>

Short Island Peak Climbing Quick Information

Weather

-5°C to 18°C

Duration

11 Days

Difficulty

Moderate to Difficult

Accommodation

Lodge / Tent

Meals Included

Breakfast, Lunch, Dinner

Transportation

Flight

Daily Activity

Approx 5 - 6 hours

Religion

Tibetan Buddhism

Ethnic People

Sherpa

Region of Nepal

Everest Region, Khumbu

Max Altitude

6,189 m / 20,305 ft

Per Person Cost

USD 1530

Best Season

Mar, Apr, May, Sep, Oct, Nov

Geographic Terrain

Mountain, Hill, Glacier, Village,
Forest

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 4	USD \$1,530.00
Group Of 5 - 8	USD \$1,500.00
Group Of 9 - 12	USD \$1,470.00
Group Of 13 - 18	USD \$1,440.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Overview of 11 Days Short Island Peak Climbing

We heard you're interested in climbing Island Peak, but your schedule doesn't allow for it. Don't worry anymore. We have brought the **Short Island Peak Climbing package** for you, which takes only 11 days. Unlike our [14 days Island Peak Climb with EBC trek](#), this shorter option lets you enjoy the thrill of peak climbing in less time, without missing the adventure and stunning Himalayan views.

Island Peak is an ideal mountain to start the mountain climbing adventure. Island Peak, also known as **Imja Tse**, stands at **6,189 m / 20,305 ft**. It is one of Nepal's most popular trekking peaks. The location of Island Peak is **right next to the Lhotse mountain range** in the Everest region. The Island Peak Climb route has a special history. **The first recorded ascent of Island Peak was in 1953 by Charles Evans, Alf Gregory, Charles Wylie, and Tenzing Norgay** as part of a training exercise for the British Everest Expedition. Since then, the Island Peak Climbing in Nepal has become one of the most popular peak climbing adventures in Nepal.

The **Short Island Peak Climbing path follows the classic Everest Base Camp trail**. You pass through beautiful villages like **Namche Bazaar, Tengboche, and Dingboche**. This itinerary gives you time to adjust to the high altitude, have enough rest days, and enjoy the culture of the Sherpa people. Throughout the trek, you'll see amazing **mountain views, colorful prayer flags**, and diverse **flora and fauna** of Sagarmatha National Park.

From Dingboche, the Short Island Peak Climbing route splits from the Everest Base Camp trek path and heads to **Chhukung**. From there, the trail takes you to **Island Peak Base Camp**, where you rest and train. At the camp, you learn how to use climbing gear like ropes, crampons, harnesses, and ice axes. The air is cold, and the camp is basic, but it prepares you for the big climb.

The **final push to the summit of Island Peak** is where your real Island Peak Climbing experience begins. Reaching the summit of Island Peak is a big achievement. You see famous mountains like **Lhotse, Ama Dablam, and Makalu**. The thin air and cold wind remind you how far you've come. After the summit, you'll return to Chhukung, then trek back through Namche Bazaar to Lukla. From there, you'll fly back to Kathmandu, concluding your 11 days Island Peak climb journey.

Highlights of Short Island Peak Climbing

- Reach the **summit of Island Peak** (6,189 m / 20,305 ft).
- Enjoy close-up views of the highest mountains like **Mount Everest (8,848.86 m), Lhotse (8,501 m), Nuptse (7,879 m), Makalu (8,475 m), Ama Dablam (6,856 m), Baruntse (7,720m)**, and others.
- Trek along the **Everest Base Camp trail** and then take a **less-traveled Island Peak Climbing route**.
- Walk through several **Sherpa villages** like Phakding, Namche Bazaar, and Dingboche.
- Visit the peaceful and spiritual **Tengboche Monastery**.
- Spot wildlife in Sagarmatha National Park like **Himalayan tahr, musk deer, colorful pheasants**, and, occasionally, even a **snow leopard**. (*The chances are rare*)
- Get to know about the **unique culture and traditions of the local Sherpa people**.
- Experience the **mix of nature, adventure, and culture** in this Island Peak Climbing journey.
- Scenic flight to and from Lukla.

Weather

Best Time for 11 Days Short Island Peak Climbing

The best time to join the Short Island Peak Climbing is in **spring (March-May)** and **autumn (September-November)**. Since this trip is shorter, good weather is important to make the climb safe and enjoyable. These two seasons provide clear skies, stable weather conditions, and a better chance to reach the summit without weather-related delays. In spring, mornings at Chhukung (the base area) can be freezing, around -10°C in March, but gradually warm to -5°C by May. The days are longer, the ice stays firm, and you get brilliant sunrise views of peaks like Makalu and Lhotse. In autumn, temperatures at the base start mild at around 0°C in late September, but drop again as November approaches. The air is crisp, the skies are incredibly clear, and the mountain scenery is at its very best. With solid trails, stable conditions, and breathtaking views, these seasons are the most rewarding times for a short Island Peak adventure.

January

-17°C to 2°C

February

-15°C to 3°C

March

-10°C to 5°C

April

-7°C to 9°C

May

-5°C to 12°C

June

2°C to 17°C

July

2°C to 18°C

August

2°C to 17°C

September

-5°C to 12°C

October

-10°C to 8°C

November

-15°C to 5°C

December

-17°C to 3°C

Difficulty

How Difficult is the 11 Days Short Island Peak Climb?

The 11 days Short Island Peak Climb is considered “*moderate to difficult*” in terms of difficulty. Many people take it as an achievable goal for beginners, but in reality, it’s a challenging, high-altitude climb that demands more than just trekking experience. There are several factors that led to the difficulty of the Short Island Peak climb. First and foremost is the walking path. The journey starts off gently along the Everest Base Camp trail, but things get serious as you approach the summit from Island Base Camp. Climbers must scramble up loose rocky paths in the dark, rope up to cross deep crevasses on the glacier, and then face a steep 300 m ice wall using fixed ropes and jumars.

Further, at over 6,000 m, the thin air, cold temperatures, and unpredictable weather add to the challenge. The summit ridge is narrow and often busy, requiring coordination and confidence to navigate. Also, after sunrise, snow becomes softer and the glacier more unstable. Ladders may loosen, and snow bridges can weaken quickly under the sun, increasing both difficulty and risk. However, with proper gear, acclimatization, and guidance from experienced climbers, it’s absolutely achievable.

11 Days Short Island Peak Climbing Itinerary

Day 1: Fly to Lukla from Kathmandu - Trek to Phakding

The **Short Island Peak Climbing** journey starts with an exciting early morning flight from Kathmandu to Lukla. This 35-minute flight gives us beautiful views of green valleys and snowy peaks as we enter the Everest region. After landing in Lukla, a small mountain town, our trek begins.

The Short Island Peak Climbing route today is gentle, mostly downhill, and flat. We'll follow a peaceful path along the Dudh Koshi River. We will walk past *traditional villages like Chheplung, Thado Koshi, and Ghat*. As we walk through these villages, we get the first look at Sherpa life and local mountain culture. By lunchtime, we'll reach the Phakding village, where we'll spend the night. This quiet village sits beside the river and is a relaxing stop on our Island Peak Climbing trip.

Destination:	Accommodation	Altitude:
35 minutes flight to Lukla – 8 km Uphill hike (Avg 3 hours)	Hotel Sherpa/ Sherpa Guide	(2,640 m / 8,745 ft.)

Meals

Lunch, Dinner

Day 2: Trek to Namche Bazaar

We will reach Namche Bazaar today, the main Sherpa town in the Everest region. We will walk through the peaceful pine forests. Along the way, we'll see yaks carrying supplies, small waterfalls, and our first views of snow-covered peaks. We'll stop at **Monjo** for a brief while, where our guide will handle the entry paperwork for **Sagarmatha National Park**. This gives us time to rest and enjoy the scenery.

After entering the park, the trail becomes steeper. One of the highlights of today's walk is crossing a high suspension bridge before starting a long uphill climb to Namche Ukalo (Namche's steep steps). This part of the Short Island Peak Climbing trail can be tough, but the views are worth it.

As we get closer to Namche Bazaar, we will catch the first glimpse of Mount Everest in the distance. Once we arrive, you'll settle into Khumbu Lodge for the night. Namche is shaped like an amphitheater and is an important stop on the **Island Peak Climbing journey** for acclimatization and rest.

Destination:	Accommodation	Altitude:
14 km Uphill hike (Avg 5 hours)	Khumbu Lodge or Similar category	(3,440 m / 11,352 ft.)

Meals

Breakfast, Lunch, Dinner

Day 3: Acclimatization in Namche Bazaar

On Day 3 of our Short Island Peak Climbing itinerary, we'll stay in Namche Bazaar for a rest and acclimatization day. Taking a rest day helps our body adjust to the higher altitude and *reduces the risk of altitude sickness*. Having said that, even though it's a rest day, we won't just sit around.

We'll take a short hike to the Everest View Hotel, one of the highest hotels in the world. From there, we'll enjoy amazing views of Mount Everest, Lhotse, Ama Dablam, and other tall peaks along the Island Peak Climbing trail. On the way back, we may stop by **Khumjung Village**, home to the Khumjung Monastery, where you can see what locals claim is a yeti scalp.

We'll also visit the *Hillary School*, built by Sir Edmund Hillary to support the Sherpa community. If you prefer another short hike, we can go to Syangboche Airport or visit Khunde village nearby. After the hike, we'll return to Namche Bazaar for the night. This day of gentle activity is important for preparing your body for the higher altitudes ahead on your Island Peak Climbing journey.

Destination:	Accommodation	Altitude:
Excursion around	Khumbu Lodge or Similar category	(3,440 m / 11,352 ft.)

Meals

Breakfast, Lunch, Dinner

Day 4: Trek to Debuche

After a well-deserved rest at Namche Bazaar, on the fourth day after breakfast, we will leave Namche Bazaar for Debuche. We follow the trail along the *Dudh Koshi River*. After a short uphill hike, we'll reach **Khumjung village**. As we continue on the Short Island Peak Climbing trail, we'll see a stunning sight of Ama Dablam, one of the most iconic peaks in the Himalayas.

Soon, we'll arrive at Tengboche village. At Tengboche, we will visit the famous *Tengboche Monastery*, the largest and most sacred monastery in the Khumbu region of Nepal. Built in 1916, this monastery is an important spiritual place for the Sherpa people. If we visit in October, we can see the colorful Mani Rimdu Festival celebrated there. After exploring the monastery and enjoying the views, we'll walk downhill for a short distance to reach Debuche village. We will spend the night at Debuche in Rivendell Lodge.

Destination:	Accommodation	Altitude:
14 km Uphill hike (Avg 5 hours)	Rivendell Lodge or Similar category	(3,750 m / 12,705 ft.)

Meals

Breakfast, Lunch, Dinner

Day 5: Trek to Dingboche

Today, our Short Island Peak Climb journey continues with a scenic trek from Debuche to Dingboche. The distance isn't too long, but the high altitude makes it more challenging, especially as we reach the final uphill stretch into Dingboche. The **Short Island Peak Climbing trail** first goes through the quiet Somare village (4,020 m) and then to Orsho. These areas are less crowded.

Soon after *Orsho*, the trail splits. The left path goes toward Pheriche, but we'll take the right trail, cross a suspension bridge, and climb a steep hill to reach Dingboche. This village is a popular stop for trekkers and climbers and has several good guesthouses. Dingboche is located in a wide, open valley with

beautiful views of the surrounding peaks. It's a key stop on the Short Island Peak Climbing path, where we'll rest at Hotel Good Luck and get ready for the higher sections ahead.

Destination:	Accommodation	Altitude:
14 km Uphill hike (Avg 5 hours)	Hotel Good Luck or Similar category	(4,350 m / 14,355 ft.)

Meals

Breakfast, Lunch, Dinner

Day 6: Trek to Chhukung- Acclimatization

We will leave Dingboche and hike to the Chhukung village, another important stop on the Short Island Peak Climbing route. The trail is short but uphill. It follows the rocky path through **Imja Khola Valley**. We'll walk past stone-walled fields with stunning views of *Ama Dablam* and *Mount Lhotse*. Also, we will often spot yak trains carrying expedition loads to base camp. The wind can be fierce in the afternoon, so we start early to avoid it.

By late morning, we will reach Chhukung. Chhukung serves as the last stop before the climb of Island Peak. It's also a base for those crossing **Kongma La Pass**. After checking in at the Kangri Lodge, our guide will give a full briefing about tomorrow's Island Peak Climbing journey and go over the climbing equipment checklist, like boots, harness, crampons, carabiners, ice axe, and headlamps.

Since it's a short hike today, we'll use the rest of the day for acclimatization and exploring the area. There are several areas to explore, like *Chhukung Monastery*, *Imja Tse Glacier*, and even *Chhukung Valley*. This day helps your body adjust to the high altitude and prepares you for the summit push ahead.

Destination:	Accommodation	Altitude:
5 km Uphill hike (Avg 2 hours)	Kangri Lodge or Similar category	(4,743 m / 15,561 ft.)

Meals

Breakfast, Lunch, Dinner

Day 7: Ascend to Island Peak Base Camp - Pre-Training

Day 7 of our short trek to Island Peak Climbing journey takes us from Chhukung to Island Peak Base Camp. We will trek to Island Peak Base Camp walking northward and follow the rocky path along the edge of the **Lhotse Glacier moraine**. After a short and scenic walk beside a stream, you'll reach a landmark known as "Big Rock." From here, the route to Amphu Lapcha lies to the southeast. We'll take a zigzagging trail through the *Imja and Lhotse glacier moraines*, which finally leads to a wide valley on the southwest side of Island Peak. A final uphill climb of about 45 minutes, we'll arrive at the base camp.

The Island Peak Climbing trail to base camp is short but challenging because of the high altitude. After reaching camp, your team will set up tents for the night. The area is remote, with very basic facilities and cold weather, so it's important to stay warm and prepared.

In the afternoon, our climbing *Sherpa* will provide training on peak climbing techniques and the proper

ways of using climbing gear like crampons, ice axes, harnesses, climbing boots, and ropes. Though you have some climbing skills, this training will help you feel more confident and safe during the summit. We are now just one step away from climbing Island Peak.

Destination:	Accommodation	Altitude:
5 km Uphill hike (Avg 4 hours)	Tent	(5,200 m / 17,050 ft.)

Meals

Breakfast, Lunch, Dinner

Day 8: Summit Island Peak and trek back to Chhukung

This day is the most exciting and challenging day of the Short Island Peak climbing adventure. We will summit Island Peak today. We'll start the summit push early under a sky full of stars. After about *2 to 3 hours of climbing, we'll reach High Camp (5,600 m)*. From here, the real challenge begins. The route becomes steeper as we approach the glacier. At around 5,700 m, we'll put on our crampons and follow fixed ropes, carefully crossing crevasses and ladders. The final push to the summit includes tackling a 300 m headwall, which is a steep, icy slope of nearly 50-55 degrees.

Following this, we traverse a narrow and exposed, but less steep, summit ridge. The summit itself is quite small, with only enough room for a few people to stand safely. Reaching the Island Peak summit is a surreal moment. All our effort pays off as we stand among the world's highest peaks. To the north, massive peaks like **Nuptse, Lhotse, and Lhotse Shar** rise high above the clouds. To the east, you can see the mighty Makalu. And in the south, Baruntse and the beautiful Ama Dablam add to the magical scene. The cold, the altitude, and the exhaustion disappear in the face of such raw natural beauty.

After summiting Island Peak and celebrating our achievement, we'll descend back the same route. Once we return to *Base Camp*, we'll rest briefly and then continue to **Chhukung**. Today will test our strength, but it will also reward us with one of the most memorable days of our lives on the Island Peak expedition.

Destination:	Accommodation	Altitude:
11 km downhill hike (Avg 10 hours)	Kangri Lodge or Similar category	6,189 m / 20,305 ft (Island Peak), 4,743 m / 15,561 ft (Chhukung)

Meals

Breakfast, Lunch, Dinner

Day 9: Trek To Namche

We are still on our descent journey from the Short Island Peak Climbing expedition on day 9. Leaving Chhukung behind, we'll retrace our steps through the Imja Khola valley and walk past peaceful villages, alpine forests, and highland meadows. The path takes us to **Debuche and Tengboche**.

From Tengboche, the trail descends steeply through juniper and alpine bush forests, then enters beautiful pine woods near the Dudh Koshi Gorge. After crossing the suspension bridge, the trail continues past Sansa. Eventually, we will reach the military post that marks the gateway to Namche Bazaar. It's a long and challenging day. The warm *Khumbu lodge* and bustling village life of Namche will

welcome us back with open arms. This part of the **Short Island Peak trekking** path is a beautiful farewell to the high Himalayas.

Destination:	Accommodation	Altitude:
28 km downhill hike (Avg 11 hours)	Khumbu Lodge or Similar category	(3,440 m / 11,352 ft.)

Meals

Breakfast, Lunch, Dinner

Day 10: Trek To Lukla

It is the final trek day of our climbing adventure. After breakfast in **Namche Bazaar**, we will begin our steady descent to Lukla. The path once again takes us through lush forests, suspension bridges, and quiet Sherpa villages like *Monjo*, *Bhenkar*, and *Tok Tok*. Take a moment to reflect on your journey.

As you continue past *Phakding*, the trail climbs through Chaurikharka Village. From there, we will reach Lukla. Our return to Lukla is both a quiet ending and a proud reminder of the challenges we've overcome.

Destination:	Accommodation	Altitude:
20 km downhill hike (Avg 9 hours)	North Face Resort or Similar category	(2,800 m / 9,240 ft.)

Meals

Breakfast, Lunch, Dinner

Day 11: Fly to Kathmandu

This morning, we will say goodbye to the Himalayas. We will board a flight from Lukla to Kathmandu. The short flight offers incredible views of the snowy peaks, deep valleys, and green hills, a perfect way to wrap up your Island Peak adventure.

Once you land at *Tribhuvan International Airport (TIA)* in Kathmandu, our team will pick you up and drop you off at your hotel. You can spend the rest of the day relaxing or exploring the vibrant city. Your *11 days Short Island Peak expedition* officially ends here. Thank you for trekking with Nepal Alternative Treks. We wish you a safe journey and hope to see you again in the future!

Destination:	Altitude:	Meals
35 minutes flight to Kathmandu	(1,295 m / 4,273 ft.)	Breakfast

What's Included

- Tribhuvan International Airport Pick Up and Transfer to Hotel in Kathmandu
- All meals during the trek (Breakfast, Lunch, Dinner)
- Lodge accommodation (Twin share basis) during the trek

- An experienced, educated, well-trained, fluent English-speaking, friendly, and specialized guide in the Everest region, authorized by the government
- 1 Porter per 2 Trekkers and keep luggage weight under 10kg per person.
- All staff's expenses, such as food, salary, insurance, equipment, accommodation, etc.
- Both-way flight tickets Kathmandu – Lukla and Lukla – Kathmandu
- Sagarmatha National Park fee, Khumbu Pasang Lhamu Rural Municipality Entry fee.
- Island Peak climbing permit
- First aid medical kit box, water purification, daily oxygen saturation check-up, and daily temperature check-up
- Company t-shirt, a trip map, and a complimentary climbing/trekking certificate
- Garbage deposit
- Government tax, service charge, etc
- Public Liability Insurance

Climbing includes :

- A professional climbing guide and his all expenses. (1- 4 pax = 1 climbing guide, 6- 10 pax = 2 climbing guides, 10 - 14 pax = 3 climbing guides)
- **Assistant Cook & Transportation:** Trekking assistant cook & necessary kitchen helper on the basis of the Member, and they carry the camping equipment and the tent from Chukung.
- **Camping Equipment Utensils:** EPI Gas, gas stove or fuel stove for Cooking, Fuel or Kerosene oil, Cooking pot, Mattress, etc.
- **Staff salary and Allowance:** All our staffs & porters daily wages/equipment/food/clothing, etc
- **High Altitude Tents:** North Face Dome Tent, Space for Two Pax, Wall/Cabin Tent for Dining and Kitchen, etc
- **High Camp Lodging & Fooding Service:** Three Meals (Breakfast, Lunch, Dinner) a day for Members and Staff.
- **Drinks & Beverage:** Tea with Biscuits and Hot drinking water in the climbing Period and Hot washing water in case required.
- **Fixing Gear:** Fix rope, main rope, snow bar, ice crew, rock pitons, etc

Waht's Not Included

- Hotel accommodation and meals in Kathmandu
- Hard and soft table drinks such as tea/coffee, coke, fanta, mineral water, beer, boiled water, battery charge, laundry, dessert, bar bill, phone bill, etc.
- Personal Travel Insurance
- Personal climbing gear such as Climbing boots, Crampons, Ice axe / Ice hammer, Harness, Jammers, Karabiners, Finger eight / ATC guide, Tap sling, etc. (Possible to hire at Chukung)
- International Flight Tickets.
- Nepal Tourist Visa
- Tips for guides and staff. (Highly suggested).

Trekking Gear List

Packing List for Short Island Peak Climbing

Personal Equipment and Accessories:

- Backpack (main duffel bag & daypack)
- Sunglasses
- Water Bottles
- Water Purification
- Headlamp

Documents:

- Passport
- Permits (National Park, TIMS, Island Peak)
- Passport Photos
- Travel Insurance
- Cash

Health:

- First Aid Kit
- Altitude Sickness Medication
- Toiletries
- Snacks
- Sunscreen and Lip Balm

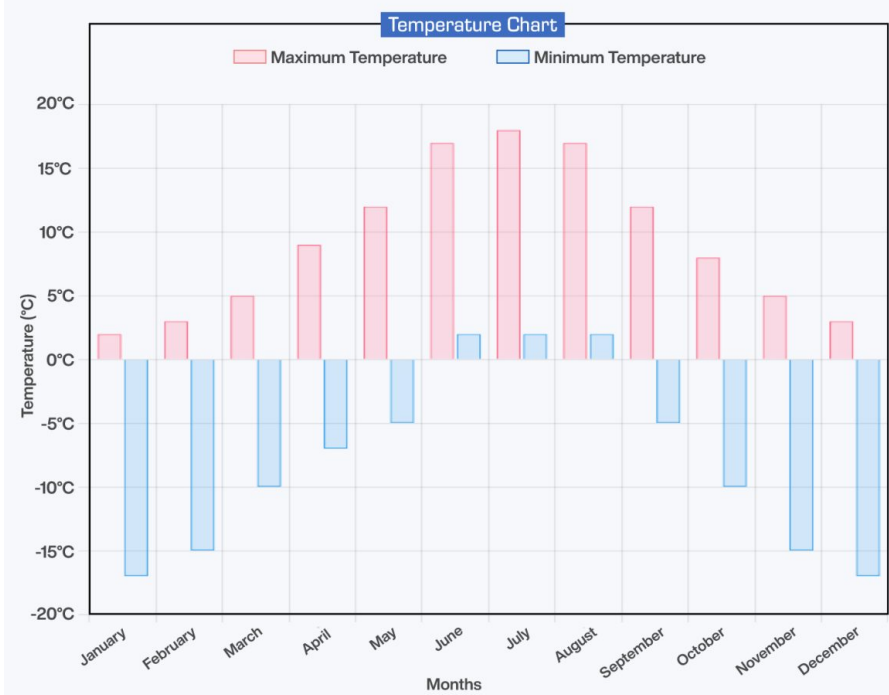
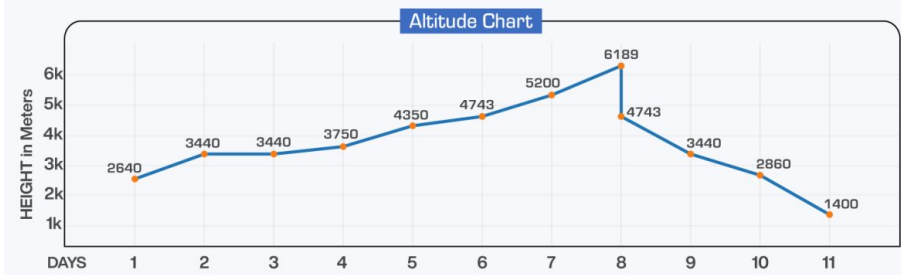
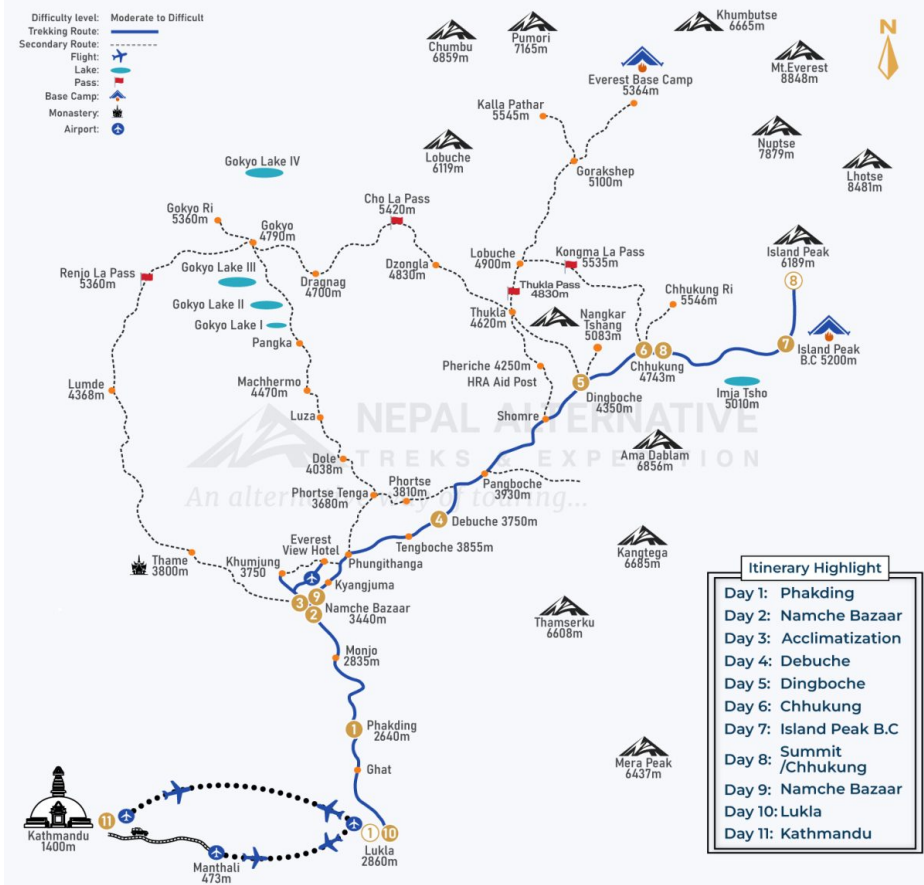
Head, Hands, and Feet:

- **Head:** Warm Hat, Sun Hat, Balaclava
- **Hands:** Liner Gloves, Insulated Gloves, Down Mittens
- **Feet:** Trekking Boots, Mountaineering Boots, Camp Shoes, Trekking Socks

Body and Clothing:

- **Base Layers:** Thermal Tops and Bottoms
- **Mid-Layers:** Fleece Jacket, Lightweight Down Jacket
- **Outer Layers:** Hard Shell Jacket, Hard Shell Pants, Down Parka
- **Trekking Clothing:** Trekking shirts and pants

Short Island Peak Climbing Route Map



Additional Trip Information

How Does the 11-Day Short Island Peak Climb Compare to the 14-Day Climb?

The 11-day short Island Peak Climb is designed for trekkers with limited time who want to experience the thrill of summiting a 6,000 m peak. This itinerary skips Everest Base Camp and Kala Patthar but still provides proper acclimatization, with stops at Namche Bazaar and Chhukung, and a pre-climb training session at Island Peak Base Camp. Along the way, trekkers experience the natural beauty and wildlife of Sagarmatha National Park, walk through forest trails, cross suspension bridges, and explore Sherpa culture and local villages like Namche Bazaar, Debuche, Dingboche,

In contrast, the 14-day Island Peak Climb follows a longer route along the Everest Base Camp trail. While the climbing challenge on Island Peak remains the same, the extra days allow for more sightseeing and cultural experiences, including visits to Everest Base Camp and Kala Patthar. This longer itinerary gives trekkers a more relaxed pace and a chance to fully enjoy both the Himalayan scenery and the region's cultural highlights.

Climbing Experience Needed for Short Island Peak Climbing

Island Peak is a trekking peak in Nepal, but it still requires proper climbing skills, good preparation, and confidence at high altitudes. The following are the climbing experiences needed for this peak:

Basic Winter Climbing Skills Are Required

You need more than trekking experience for Island Peak. Prior winter mountaineering experience is essential. For the ascent of Island Peak, you **must know how to wear crampons and move safely, climb up and down a fixed rope, use a walking or ice axe correctly, manage your own harness, jumar, and descender, and tie into a harness and rope**. Over 95% of successful climbers had prior experience with snow or glacier travel. While our guides help you along the way, it's best to be honest about your skill level upfront.

The Headwall involves Jumar and Descender starting at 6,000 m

At around 6,000 m, you'll reach the icy headwall. To **reach the summit of the Island Peak, you'll ascend using a jumar and karabiner (cow's tail), and descend using a figure-8 descender on a single fixed rope**. Practicing with these tools before the trip is highly recommended, as your guide cannot top-rope you here unless it's an emergency.

Glacier Crevasses and Ladder Crossings Up to Three Ladder Sections

Between High Camp (5,600 m) and the headwall, you'll walk across snow bridges and crevasses. In some cases, there will be metal ladders tied into the snow to cross gaps. These ladders are usually 1.5 to 2 m wide, and crossing them with crampons can feel scary. Some climbers even crawl across for safety.

The Headwall is Steep and Fixed Line Gradient is Around 50-55 degree

From below, the headwall near the summit looks vertical. But once you are on it, it feels more like a 50-55 degree incline with edges to rest. At this point, many try to pull themselves up by the rope, but it's better to use your feet and crampons. Pulling the rope too hard can loosen old snow anchors, especially if more than one climber is attached at the same time. This immediately poses a risk. Also, never trust a snow anchor blindly. Use your crampons and axe to move up whenever possible.

Summit Ridge is Narrow and Exposed

The summit ridge is sharp and snowy, with drop-offs on both sides. It stretches about 300 m to the summit. It offers stunning views of Lhotse, Ama Dablam, Makalu, and Baruntse. Also, wind speeds here can reach over 40 km/h. You'll need balance and confidence with crampons on narrow ridges.

Island Peak Climbing NMA Permit Cost 2027

The table below shows the latest 2027 Nepal Mountaineering Association (NMA) permit cost for Island Peak climbing.

Climbing Season	Months	NMA Permit Cost (Per person)
Spring	March-May	USD 350
Autumn	September-November	USD 175
Winter	December-February	USD 175
Summer	June-August	USD 175

Frequently Asked Questions

Is altitude sickness a concern on the Short Island Peak climb?

Yes, altitude sickness is a major concern. At 6,189 m, the summit of the Island Peak is well into the high-altitude zone. Proper acclimatization is absolutely critical for a safe and successful ascent. It is a primary risk that all climbers must take seriously.

What gear do I need for climbing Island Peak?

You will need a mix of trekking and technical climbing gear. Essential items include mountaineering boots, crampons, ice axe, climbing harness, helmet, ascender (jumar), warm layered clothing, a down jacket, and heavy-duty gloves. A sleeping bag and trekking poles are also necessary.

Is previous climbing experience required for Short Island Peak?

Yes, previous climbing experience is required for Short Island Peak. The climb involves technical sections with fixed ropes and glacier travel. While many consider it a "trekking peak," you will need basic

mountaineering skills. Your expedition team will provide training, but some prior experience is a definite advantage.

Can I rent climbing gear at Trekking Trails?

Yes, you can. You can find it at Dingboche or Chhukung. You can find a wide range of climbing equipment, including boots, crampons, ice axes, harnesses, sunglasses, helmets, sleeping bags, and many more at gear shops. Renting is the cost-effective way to get the right gear without buying it.

Is Short Island Peak climbing expensive?

The Short Island Peak climbing cost is relative, but Island Peak climbing is more expensive than a standard trek. Costs typically range from \$1,000 to over \$4,000, depending on the itinerary, group size, and what's included. Generally, the cost covers permits, guides, porters, food, and accommodation.

What's the food and accommodation like during the Short Island Peak Climbing expedition?

During the trek, you'll stay in teahouses with basic rooms and a communal dining area. Food is typically simple but hearty, with options like dal bhat. At Island Peak Base Camp, accommodation is in tents, and a dedicated camp crew prepares meals.

How fit do I have to be for climbing Island Peak?

You need to have a high level of fitness. The summit day is extremely long and physically demanding, lasting up to 12 hours. You should have excellent cardiovascular endurance and stamina, which can be built through regular training like running, cycling, swimming, and hiking.

Can I climb Island Peak?

If you are in good physical condition, have the right gear, have high-altitude trekking experience, and are with an experienced guide, you can attempt the climb. Your success will depend on your fitness, mental strength, and the weather conditions on the mountain.

Can I reach the summit of Island Peak without the use of an oxygen cylinder?

Yes, most climbers successfully summit Island Peak without supplemental oxygen. The peak's altitude (6,189 m) is at the lower end of what is considered high altitude mountaineering. The better way for a successful ascent of Island Peak is to have a proper acclimatization schedule.

Can beginners with previous trekking experience attempt this climb?

Yes, beginners with prior trekking experience can attempt it. You will already have a strong foundation, and the expedition company will provide necessary training on using crampons and fixed ropes. You must be prepared for the technical aspects and a much more strenuous summit day than a trek.

Can I climb Island Peak without a guide?

No, you cannot. According to new regulations, it is mandatory to hire a licensed guide for all trekking and climbing activities in the Everest region. A guide is crucial for safety, navigation, and managing technical sections.

What is the success rate of Island Peak?

The success rate for Island Peak is high (85-95%) for well-organized expeditions. However, this is heavily influenced by factors like weather conditions, individual fitness and acclimatization, and the quality of the guiding team.

What is connectivity like during the trial?

Mobile reception is decent up to Dingboche, patchy in Chhukung, and almost nonexistent at Base Camp. Climbers rely on satellite communicators above Chhukung.

Can I find bottled water along the Island Peak climbing route?

Yes, you can. Teahouses up to Chhukung sell bottled water, but above this point, you'll need to refill from streams or melting ice. Always use purification tablets or filters to make the water safe for drinking.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals, transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable.*** You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action,

wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer's request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the

arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred. Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements, but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the authority to make any amendments.

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