

Short Mera Peak Climbing - 12 Days

URL: <https://nepalalternativetreks.com/trip/short-mera-peak-climbing/>

Short Mera Peak Climbing Quick Information

Weather -2°C to -25°C	Duration 12 Days	Difficulty Strenuous- Alpine Grade PD
Accommodation Hotels/Lodges	Meals Included Breakfast, Lunch, Dinner	Transportation Flight
Daily Activity Trekking and Climbing (5-6hrs daily)	Religion Buddhism	Ethnic People Sherpa, Rai
Region of Nepal Hinku Valley, Khumbu/ Everest Region of Nepal	Max Altitude 6,461 m / 21,197 ft	Per Person Cost USD 1550
Best Season March, April, May, Sept, Oct & Nov	Geographic Terrain Mountain, Glacier, Forest, Village	

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 4	USD \$1,550.00
Group Of 5 - 8	USD \$1,510.00
Group Of 9 - 12	USD \$1,470.00
Group Of 13 - 18	USD \$1,430.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Short Mera Peak Climbing Overview

Are you looking for an adventure that takes you to the summit of Nepal's tallest trekking peak, but you only have less than two weeks? Worry not; we've got you covered. The **12 days Short Mera Peak climbing** is a shortened version of the [classic Mera Peak climb](#). The trip is customized for adventurers who seek the thrill of summiting the peak without getting involved in a long itinerary. Although a short journey, the expedition won't skip the real experience of mountaineering.

The route to Short Mera Peak passes through a part of the **Makalu Barun National Park**, a less-traveled protected area. Thus, the walk leads you through peaceful sections, where you can spot glimpses of wild animals and flowers. The view of mountain peaks is also incredible and something that will accompany you throughout the trip. Standing at the summit of Mera Peak and seeing yourself surrounded by **Mount Everest, Lhotse, Cho Oyu, Makalu, and Kanchenjunga**, along with several other 6,000 m and 7,000 m peaks, provides a profound sense of accomplishment.

Although the expedition is short, it's challenging. The short climb to Mera has one acclimatization day, whereas the longer ones have two to three days. Similarly, the short expedition takes a direct line via *Zatra La Pass*, cutting down the days, which adds to the trip's longer duration. With our experienced guide, you'll complete the climb and leave your footprint on the highest trekking peak in Nepal. Yet, the climb is challenging, requiring proper planning and preparation.

Short Mera Peak Climbing Highlights

- You'll pass a direct ascent route to Zatrwa La Pass (4,610 m) while enjoying a high-altitude view.
- You can summit a trekking peak of Mera within two weeks, making it ideal for adventure in a short time.
- Enjoy the sunrise over the mountain peaks every day, especially from High Camp before summit day.
- You'll pass through a less crowded section of Hinku Valley, offering a peaceful trek.
- Appeal to your eye with one of the best views of Mount Everest, Lhotse, Makalu, Cho Oyu, and Kanchenjunga from the summit of Mera Peak.
- The route provides you with experience that includes walking on snow paths and roped glacier sections.
- Walk through the pristine **Makalu Barun National Park**, a protected area known for raw beauty and rare wildlife.

Weather

January

-26°C to -15°C

February

-24°C to -14°C

March

-21°C to -11°C

April

-18°C to -8°C

May

-15°C to -5°C

June

-12°C to -3°C

July

-11°C to -2°C

August

-11°C to -2°C

September

-13°C to -4°C

October

-18°C to -8°C

November

-21°C to -11°C

December

-24°C to -14°C

Difficulty

What are the difficulties during the Short Mera Peak Climb?

Mera Peak is graded as Alpine Grade PD in difficulty level, which translates to “peu difficile” or “a bit difficult”. No doubt, the climb is challenging and requires absolute training, fitness, and the use of mountain climbing equipment. But the Short Climb still adds to its difficulty, even though the expedition itself is tough. Here are the difficulties climbers face during the Short Mera Peak Climb:

Less Time for Acclimatization

Acclimatization lets your body adjust to higher altitudes and lower oxygen levels. In the short Mera Peak Climb, the itinerary involves only one acclimatization day. Without enough rest days in between, your body can feel weak and not ready for higher climbs. This leads to serious health-related issues like **Acute Mountain Sickness (AMS)**. Thus, climbing high quickly without proper rest and sudden change is the prominent difficulty of the short version of the climb to Mera Peak.

Mental Pressure

The Short Mera Peak Climbing in Nepal can put extra pressure on your mind as there's less time to adjust, train, and rest. You have to keep walking long hours each day, with little time for breaks. This fast-paced plan can make you feel rushed, tired, and mentally stressed. You may worry about reaching the summit on time and about your health, all leading to mental exhaustion and frustration.

Less Time for Training

Climbing to Mera Peak requires the use of mountaineering gear, including crampons, ropes, and a harness. In a short itinerary, you don't get enough time to practice with the equipment. Typically, climbers spend some time at Mera Base Camp and Khare to learn how to walk with crampons on snow or use a rope safely for 2-3 days. However, the short climb only requires one day of training. If you're new to such equipment, it can feel confusing or risky during the actual climb. Additionally, the limited training time can affect your confidence and make the final summit day tough.

Long and Tiring Days

The short route to Mera covers a greater distance in fewer days, requiring a walk of longer hours each day. Some days may feel extra tough due to steep climbs, rocky sections, and the weight of your gear, as well as the limited time for rest. Thus, the short climbing expedition to Mera makes each day feel more challenging. Similarly, the long hours of trekking with excessive physical demands are more tiring than the climb, especially for those who are not used to it.

12 Days Short Mera Peak Climbing Itinerary

Day 1: Fly from Kathmandu to Lukla and trek up to Chutanga

The journey to the short Mera Peak Climb begins with a scenic flight from Kathmandu’s domestic airport to the highest trekking peak in Nepal. The flight marks the beginning of the trip. A **35-minute flight** takes you from Kathmandu to Lukla, offering an aerial view of the transition from the bustling city of Kathmandu to the peaceful Himalayan region. After landing at Lukla, you’ll rest for a while, meet your team, and begin your trek towards Chutanga.

The route from Chutanga follows the southwest part of Lukla, passing through beautiful rhododendrons and pine forests. It is a gentle uphill section, offering a view of small streams and a peaceful natural landscape all around. The trek from Lukla to Chutanga takes about **3 to 4 hours**. Your overnight stay and dinner are at the Chutanga tea house.

Destination:	Accommodation	Altitude:
12 km Uphill hike (Avg 4 hours)	Hotel Mera Lodge or similiar category	(3,020 m./9,966ft.)

Meals
Lunch, Dinner

Day 2: Trek from Chutanga to Thuli Kharka via Zatravala Pass

Day two starts with a hot cup of tea and some snacks. After the morning meal, you’ll leave Chutanga and make your way towards Thuli Kharka. The day’s trek will be quite challenging as you’ll pass Zatravala Pass on the way. The initial phase of the trek takes you across the lush forests and pasturelands. Continuing further, you’ll climb over the **Kalo Himal Ridge**, which will lead you to **Zatravala Pass (4,600 m)**.

Zatravala Pass separates the Hinku and Khumbu Valleys and offers a mesmerizing view of the mountain ranges from its top. Magnificent views of peaks like Kongde Ri, Karyolung, Number Himal, and other nearby peaks are jaw-dropping from the top of the pass. From the pass, your day’s destination is about a **2-hour descent**. It takes **6-7 hours** to get to Thuli Kharka from Chutanga, covering a distance of **8 km**. Your day’s overnight and dinner are at the Thuli Kharka.

Destination:	Accommodation	Altitude:
8 km uphill and downhill trek (Avg. 6-7 hours)	Ed Friendship hotel or Similar category	(3,900 m./12,870ft.)

Meals
Breakfast, Lunch, Dinner

Day 3: Trek from Thuli Kharka to Kothe

From Thuli Kharka, the route takes you along the upper Hinku Valley and winds up towards Kothe. You’ll leave Thuli Kharka after breakfast and make your way towards the day’s destination. The day begins with

a trek through rhododendron and pine forests, witnessing views of Kusum Kanguru, Peak 43, Naulekh, and Mera Peak. Today's trek is a mix of everything, from uphill to downhill and flat tracks.

As you trek further, you'll pass streams and cross wooden bridges. The sound of the rivers makes the walk refreshing. You'll also enjoy the views of green valleys and a mountain peak in the distance. A **6-7 hour** trek from Thuli Kharka takes you to Kothe, covering a distance of **12km**. You'll have dinner and spend the night at Kothe.

Destination:	Accommodation	Altitude:
12 km (Avg. 6-7 hours)	Sherpa Lodge or Similar category	(3,600 m./11,880ft.)

Meals

Breakfast, Lunch, Dinner

Day 4: Trek from Kothe to Thangnak

You'll leave Kothe behind and pursue Thangnak after breakfast on this day. The trek is beautiful and enjoyable through the **Hinku Valley**. The journey begins with a gradual section that follows the river upstream. Along the way, you'll walk through a green valley with pine and juniper trees and a sight of yaks grazing. The sound of the river and the stunning sight of Mera Peak are indeed the highlights of the trek.

Walking for a while, you'll reach *Gondishung*, your lunch point. After lunch, you'll continue your walk and see a centuries-old Buddhist Gompa, *Lungsumgpa Gompa*. From there, within a short trek, you'll reach Thangnak. It takes around **6-7 hours** to get from **Kothe to Thangnak**. Your day's overnight and dinner are at the tea house of Thangnak.

Destination:	Accommodation	Altitude:
12 km Uphill hike (Avg 5 hours)	Hotel Oxygen or Similar category	(4,358 m./14,318ft.)

Meals

Breakfast, Lunch, Dinner

Day 5: Trek from Thangnak to Khare

On the fifth day of the Short Mera Peak expedition, you'll make your way towards Khare. After having a morning meal at Thangnak, you'll leave the village and make your way towards the day's destination. The trek begins through rocky and windy places, following the slow climb up. The path winds through Dig Kharka and passes the Charpat Tal, a glacial lake. Similarly, it traverses the Hinku Nup and Shar Glacier, offering a clear view of **Mera Peak** and Charpati Himal, along with the Kyeshhar Glacier. A direct [3 Mera Peak Climbing from Khare](#) is recommended for one wanting adventure but don't have much time and are not ready for this long trek journey.

Surpassing the moraine and glacier section, you will come across a small upstream in front of a steep hill. Climbing uphill from there, you'll reach Khare, your overnight and dinner point. It takes **5-6 hours** to get to Khare from Thangnak, covering a distance of **5-6 km**.

Destination:	Accommodation	Altitude:
5-6 km uphill trek (Avg. 5-6 hours)	Refugee Mera Lodge or Similar category	(5,045 m./16,648ft.)

Meals

Breakfast, Lunch, Dinner

Day 6: Pre-Climbing /Technical Training

On the seventh day, we start our expedition to Mera Peak. However, before that, you must be well-prepared and learn how to use climbing gear. Similarly, the day is also for your acclimatization, which helps you to adapt to changes in temperature and adjust to your surroundings. After breakfast at Khare, we prepare our gear for the technical ice climbing training above Khare village. In this training, we will provide you with instructions on how to use essential climbing equipment, including crampons, ice axes, climbing harnesses, ascenders, and descenders.

After a few hours of training on a glacier and preparing well, we'll return to Khare for an overnight stay. Before bedtime, make sure your backpack is packed and your climbing gear is well organized.

Destination:	Accommodation	Altitude:
Pre-Climbing	Refugee Mera Lodge	(5,045 m./16,648ft.)

Meals

Breakfast, Lunch, Dinner

Day 7: Ascending from Khare to Mera High Camp

The real adventure of the **Short Mera Peak expedition** begins today. The day begins after breakfast at Khare and then climbs uphill from the village. After an hour of climbing, you'll reach Mera La Pass. From there, you step onto the **Mera Glacier**, where you need to use your crampons and rope up with your climbing team. The route on the glacier is wide but slowly climbs upward. The air is thin, so you must walk slowly while following your guide's steps.

After traversing through the glacier for **2 to 3 hours**, you will get to the Mera Peak Base Camp. From there, you will prepare to scale the Mera Peak to move to the high camp. After about 2 hours of trekking from the **Base Camp of Mera Peak**, you'll reach Mera High Camp, which lies on a rocky platform at an elevation of **5,780 m**. The High Camp offers incredible views of Mount Everest, Makalu, Lhotse, and Cho Oyu. You'll stay in a tented camp on this day and have dinner prepared by our cook.

Destination:	Accommodation	Altitude:
9 km Uphill hike (Avg 6 hours)	Tented Camp	(5,780 m./19,074ft.)

Meals

Breakfast, Lunch, Dinner

Day 8: Climb from Mera High Camp to Mera Summit and descend back to Khare

Day eight is the most awaited day on the Short Mera Peak Climbing. The day begins early at around 2:00 a.m., as it will be a long day, and midday winds at such a high altitude can be harsh for climbing. You will leave High Camp with a headlamp and make your way towards the summit of Mera Peak. Wearing crampons, a harness, and using ropes is necessary on this day as you walk on the glacier. The final climb to the Mera summit involves a technical section, approximately **40-50 meters ahead** of the summit, which requires the use of a fixed rope and a jumar to ascend over the snow dome.

After **5-6 hours** of trek from High Camp, you'll get to the Mera summit. The summit's top offers an astonishing view of five of the world's highest mountains, including **Mount Everest (8,848.86 m)**, **Makalu (8,481 m)**, **Cho Oyu (8,201 m)**, **Lhotse (8,516 m)**, and **Kanchenjunga (8,586 m)**. After soaking in the majesty of Mera Peak Summit from the top of the peak, you will trek down to the Khare for your overnight stay. The overall trek from Mera High Camp to Mera Summit and descending back to Khare takes **9-10 hours**.

Destination:

12 km Climb
(Avg 9-10 hours)

Accommodation

Refugee Mera Lodge

Altitude:

(5,045 m./16,648ft.)

Meals

Breakfast, Lunch, Dinner

Day 9: Trek back from Khare to Kothe

Yes, you've made it to the summit of Mera Peak. From the ninth day, you'll begin your descending journey. After breakfast at Khare, you'll step back on your journey towards Kothe. The route passes through Thangnak, where you'll take a short break for lunch. You'll enjoy walking beside the Hinku River, with stunning views of the surrounding mountains.

As you descend lower, you'll feel your body become more relaxed due to the decrease in altitude. Small streams and green forests will accompany you as you trek down. After walking for **5-6 hours**, you'll reach Kothe. You'll have warm food and comfortable sleep at the tea house of Kothe.

Destination:

14 km Hike
(Avg 6 hours)

Accommodation

Sherpa Lodge or Similar
category

Altitude:

(3,600 m./11,880ft.)

Meals

Breakfast, Lunch, Dinner

Day 10: Trek back from Kothe to Thuli Kharka

The tenth day takes you from Kothe to Thuli Kharka. After a hearty morning meal at Kothe, you'll leave the village and start the day's trek. The route passes through dense rhododendrons and pine forests, offering a chance to spot some birds and mountain animals. The path is mostly uphill but peaceful, offering a view of Hinku Valley and distant snowy peaks.

The walkways pass by beautiful valleys, small streams, and suspension bridges. There are a few resting points along the route, among which you'll stop at one and enjoy lunch. After trekking for about **5-6 hours** from Kothe, you'll arrive at Thuli Kharka, your overnight stop.

Destination:

14 km Hike
(Avg 5-6 hours)

Accommodation

Ed Friendship Lodge or Similar
category

Altitude:

(3,900 m./12,870ft.)

Meals

Breakfast, Lunch, Dinner

Day 11: Trek from Thuli Kharka to Lukla

The trek from Thuli Kharka to Lukla is the final day of the Mera Peak Trek. The day begins after breakfast at Thuli Kharka. The journey starts with a steep climb up to **Zatrwa La Pass**, the highest and most challenging point on this return pathway. Reaching the top of the pass, recall all your memories when you started the trek and make you feel proud of yourself.

After the pass, the route goes downhill for several hours. After about **6 to 7 hours** of trekking, you'll reach the day's destination, Lukla. Enjoy your supper and rest peacefully in Lukla while preparing for your flight back to Kathmandu the next day.

Destination:

25 km Hike
(Avg. 9 hours)

Accommodation

The North Face resort/ Hotel
Ganesh Himal

Altitude:

(2,800 m./9,240ft.)

Meals

Breakfast, Lunch, Dinner

Day 12: Fly back to Kathmandu from Lukla and Sum Up the Expedition

The twelfth day marks the final day of your Short Mera Peak Climb. You'll have an early morning flight from Lukla to Kathmandu. The flight offers stunning aerial views of the Himalayan region one last time. Within **35 minutes of the flight**, you'll land at Tribhuvan International Airport. However, if you are traveling during a peak season, such as spring and Autumn, you may need to take a flight from Lukla to Ramechhap and then drive from Ramechhap to Kathmandu. Your day's overnight will be at Kathmandu's Hotel.

Destination:

35 minutes flight

Altitude:

(1,400 m./4,620ft.)

Meals

Breakfast

What's Included

- Tribhuvan International Airport Pick Up and Transfer to Hotel in Kathmandu.
- All meals during the trek (Breakfast, Lunch, Dinner) .

- Lodge accommodation (twin-share basis) during the trek.
- One experienced, educated, well-trained, fluent English-speaking, friendly, specialized in the Everest region, and government-authorized trekking guide.
- 1 Porter per 2 Trekkers and keep luggage weight under 10kg per person.
- All staff's expenses, such as food, salary, insurance, equipment, accommodation, etc.
- Both-way flight tickets Kathmandu/Lukla/Kathmandu.
- Makalu -Barun National Park fee.
- Mera Peak climbing permit.
- First aid medical kit box, water purification, oxygen saturation check up every day, Temperature check up every day, company t-shirt, A trip map, and a complimentary climbing/trekking certificate.
- Garbage deposit.
- Government tax and service charge, etc.
- Public Liability Insurance.

Climbing Includes:

- A professional climbing guide and all expenses. (1- 4 pax = 1 climbing guide, 6- 10 pax = 2 climbing guides, 10 - 14 pax = 3 climbing guides)
- Assistant Cook & Transportation: Trekking assistant cook & necessary kitchen helper on the basis of the Member, and they carry the camping equipment and the tent from Chukung.
- Camping Equipment Utensils: EPI Gas, gas stove or fuel stove for Cooking, Fuel or Kerosene oil, Cooking pot, Mattress, etc.
- Staff salary and Allowance: All our staff & porters' daily wages/equipment/food/clothing, etc.
- High Altitude Tents: North Face Dome Tent, Space for Two Pax, Wall/Cabin Tent for Dining and Kitchen, etc.
- High Camp Lodging & Fooding Service: Three Meals (Breakfast, Lunch, Dinner) a day for Members and Staff.
- Drinks & Beverages: Tea with Biscuits and Hot drinking water during the climbing Period, and Hot washing water as required.
- Fixing Gear: Fix rope, main rope, snow bar, ice crew, rock pitons, etc.

What's Not Included

- Hotel accommodation and meals in Kathmandu.
- Hard and soft table drinks such as tea/coffee, coke, fanta, mineral water, beer, boiled water, battery charge, laundry, dessert, bar bill, phone bill, etc.
- Personal Travel Insurance.
- Personal climbing gear such as climbing boots, Crampons, Ice axe / Ice hammer, Harness, Jammers, Karabiners, Finger eight / ATC guide, Tap sling, etc. (Possible to hire at Khare)
- International Flight Tickets.
- Nepal Tourist Visa
- Tips for guides and staff.

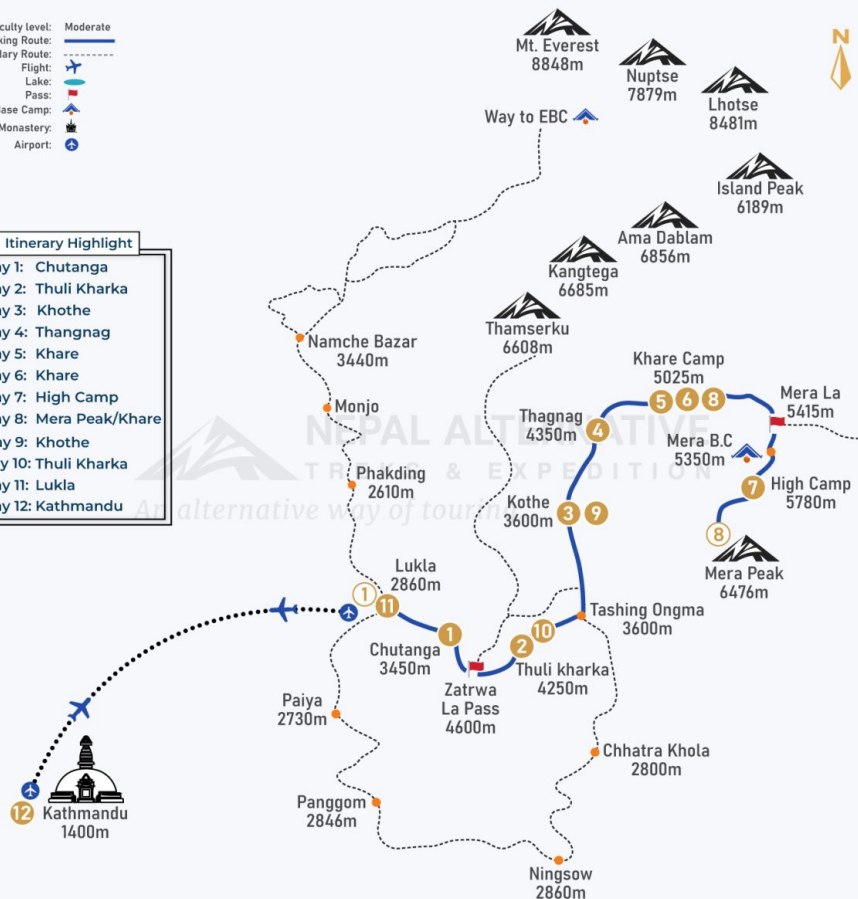
Short Mera Mera Peak Climbing Route Map

SHORT MERA PEAK CLIMBING 12 DAYS

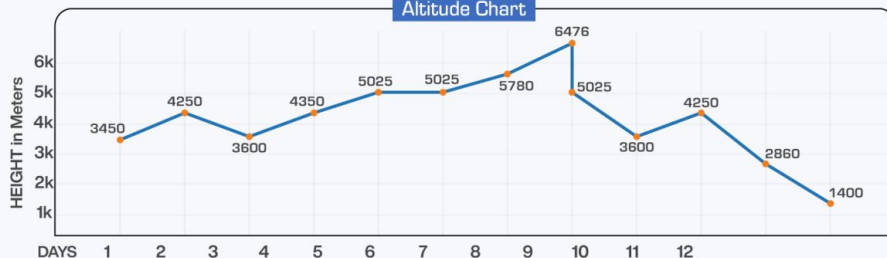
Difficulty level: Moderate
Trekking Route: ---
Secondary Route: ---
Flight: ✈️
Lake: 🌊
Pass: 🏔️
Base Camp: 🏕️
Monastery: 🏛️
Airport: ✈️

Itinerary Highlight

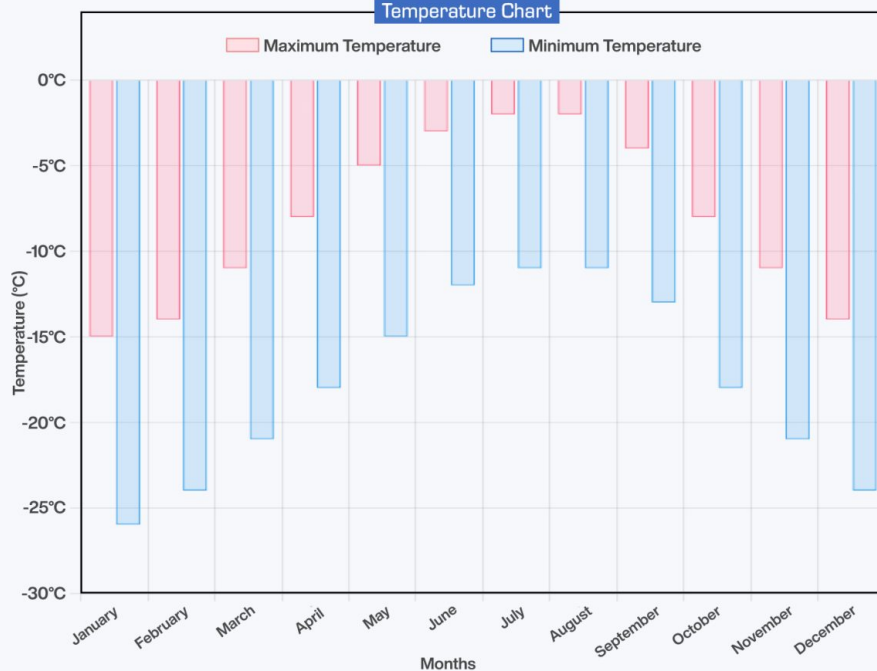
- Day 1: Chutanga
- Day 2: Thuli Kharka
- Day 3: Khothe
- Day 4: Thangnag
- Day 5: Khare
- Day 6: Khare
- Day 7: High Camp
- Day 8: Mera Peak/Khare
- Day 9: Khothe
- Day 10: Thuli Kharka
- Day 11: Lukla
- Day 12: Kathmandu



Altitude Chart



Temperature Chart



Additional Trip Information

Mera Peak NMA Permit Cost 2027

The table below shows the latest 2027 Nepal Mountaineering Association (NMA) permit cost for Mera Peak climbing:

Climbing Season	Months	NMA Permit Cost (Per person)
Spring	March-May	USD 350
Autumn	September-November	USD 175
Winter	December-February	USD 175
Summer	June-August	USD 175

Mera Peak Climbing Cost

No. of persons	Price per person		
	March to May	Sept to Nov	Dec, Jan, Feb, June, July, August
Group of 1 -1	USD \$2,060 p/p	USD \$1,935 p/p	USD \$ 1,880 p/p
	USD \$1,860p/p	USD \$1,735p/p	USD \$ 1,680 p/p
Group of 2-4	USD \$1,610 p/p	USD \$1,485 p/p	USD \$ 1,430 p/p
	USD \$1,410p/p	USD \$1,285p/p	USD \$ 1,230p/p
Group of 5-8	USD \$1,560 p/p	USD \$1,435 p/p	USD \$1,370 p/p
	USD \$1,360p/p	USD \$1,235p/p	USD \$1,170p/p
Group of 9-12	USD \$1,510 p/p	USD \$1,385 p/p	USD \$1,330 p/p
	USD \$1,310p/p	USD \$1,185p/p	USD \$1,130p/p
Group of 13-16	USD \$1,460 p/p	USD \$1,335 p/p	USD \$1,280 p/p
	USD \$1,260p/p	USD \$1,135p/p	USD \$1,080p/p
Group of 17-20	USD \$1,410 p/p	USD \$1,285 p/p	USD \$1,230 p/p
	USD \$1,210p/p	USD \$1,085p/p	USD \$ 1,030 p/p



Equipment Prices and Estimation

You can hire below equipment at Khare for climbing purpose :

Price approximately: USD \$100 to USD \$150 per pax

- Climbing boot,
- Crampons,
- Ice axe / Ice hammer,
- Harness, Jumars,
- Karabiners,
- Finger eight / ATC guide,
- Tap sling,
- Fix / Main Rope,
- Snow Bar,
- Ice Crew / Rock Piktung, etc

Other equipment you can get on hire :

Oxygen cylinder & Max regulator, Gloves, Sun glasses, Sticks, Halmet, High thermos, Hot Bag, Water bottle, Ski Boards, Sleeping bag, Clothing (Water proof trousers & jacket, Down jacket, Socks, etc), Walkee talkee(talk back), Thurya Set light phone and other.

Season-Wise Cost Variation for Short Mera Peak Climbing

Yes, you can tackle a 6,000 m peak without weeks of trekking, but it's not easy and comes with some risks. The 12-day climbing adventure to Mera Peak bypasses the longer trekking routes and takes quicker paths, reducing the trekking time compared to the standard 18-20-day plan. The 12-day journey involves

flying into Lukla and heading directly to Khare via Chutanga, Thuli Kharka, Kothe, and Thangnak rather than following the slower routes. This allows climbers to reach the summit of Mera Peak more quickly, saving time.

If you plan to avoid weeks of trekking and complete the climb in a short duration, you must be prepared for the risks of altitude sickness, physical stress, a reduced chance of appreciating the trekking routes, and mental pressure.

However, experienced and fit trekkers can complete the climb safely and smoothly, even with a tight itinerary plan. Engaging in short training hikes at high altitudes, walking slowly, staying hydrated, and using altitude medication can help reduce the risk of altitude sickness. Similarly, prior trekking experience and being physically fit are key to tackling the 6,000-metre peak of Mera in a short duration rather than weeks of trekking.



Can We Tackle a 6,000 m Peak Without Weeks of Trekking?

Climbing Mera Peak is a truly grand adventure in Nepal's Himalayas, and there are different ways to reach its top. Some adventurers choose a short route to save time, and some take a longer and more relaxed pace. However, taking a shorter route means missing some beautiful parts and may not have enough time to acclimate to the high altitude. Still, it is an ideal option for tight-budget travelers. Let's look at what you gain and what you might miss on the Short Mera Peak Route:

What you Gain

The Short Mera Peak Climb follows a route that takes you directly toward Mera Peak via Zatra La Pass. The route saves time, reducing the total trek duration by 4 to 6 days. This makes it ideal for those with tight schedules or limited vacation time. Likewise, the shorter days result in lower overall expenses, thereby reducing the overall cost. While the longer route to Mera Peak costs start from **\$1,700**, the shorter one costs start from **\$1,200**. For experienced climbers who are comfortable with altitude, the shorter route reduces the physical exertion required. Additionally, what you gain from the short expedition is a lifetime experience within a limited time.



What you Miss

On the short climbing experience of Mera, the foremost thing you'll miss is the acclimatization and slow pace. While the classic route allows trekkers to gain altitude slowly, the short route has a rapid altitude gain. Likewise, the classic route passes through the remote Sherpa villages, such as *Paiya*, *Pangom*, *Ningsow*, and others, offering an opportunity to interact with the local lifestyle. However, the Short climb route misses the chance of such an experience with local Sherpas. Similarly, with more time on the route, the expedition offers a varied landscape, ranging from a glacial lake to a forested area. However, on a short route, you experience alpine terrain with fewer natural transitions.

What Do You Miss and Gain by Choosing a Short Mera Peak Route?

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Frequently Asked Questions

Do I need previous experience with an ice axe and crampons for this short Mera Peak Climbing?

While prior experience with an ice axe and crampons for the Short Mera Peak Climb is not mandatory,

having some basic knowledge or training is highly beneficial. Even if you are a beginner with good physical fitness, strong mental preparation, a willingness to learn, and basic knowledge of mountaineering gear, you can smoothly complete the trek.

What's the biggest mental challenge of climbing Mera on a short plan?

The biggest mental challenges of climbing Mera on a short plan involve coping with altitude quickly, rushing through tough sections, pressure on limited times, and handling the fear of failure. Similarly, starting the summit early in the cold and darkness is also the biggest mental challenge of climbing Mera in a short duration.

What gear matters most on a short Mera climb?

For Short Mera Climb, reliable climbing boots with crampon compatibility matter the most. Similarly, an ice axe, a helmet, and a harness are also crucial for Short Mera Peak Climbing. The items that matter most for walking on icy and snowy terrain are those that provide safety on steep sections and ensure a successful summit attempt.

Where will I stay during the 12-day Short Mera Peak Climbing?

On 12 days, Mera Peak's climbing expenditure itinerary includes staying in basic tea houses and tented camps. From day one to six and eight to eleven, adventurers stay in tea houses along the trek. On the seventh day, climbers stay in a tented camp. Additionally, the trekker's overstay will be at the hotel in Kathmandu on the twelfth day.

What are the required permits for Short Mera Peak Climbing?

For the Short Mera Peak Climbing, a Mera Peak Climbing Permit, a Makalu Barun National Park Permit, and a Khumbu Pasang Lhamu Rural Municipality Permit are required. However, the permit for classic Mera Peak and Short Mera Peak climbing is the same.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals, transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable.*** You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-

recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action, wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer's request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if

required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred. Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements, but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the authority to make any amendments.

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