

The Royal Trek - 4 Days

URL: <https://nepalalternativetreks.com/trip/the-royal-trek/>

The Royal Trek Quick Information

Weather

5°C to 26°C

Duration

4 Days

Difficulty

Easy

Accommodation

Lodge/homestay

Meals Included

Breakfast, Lunch, Dinner

Transportation

Bus/Jeep/Car

Daily Activity

05- 06 hours walking

Religion

Buddhist and Hindu

Ethnic People

Gurung, Magar

Region of Nepal

Annapurna Region, Kaski

Max Altitude

1730m./5709ft.

Per Person Cost

USD 340

Best Season

Sept, Oct, Nov, March, April & May

Geographic Terrain

Village, Hills, Lakes, Terrace, Mountain, Rivers

Group Discounts Available

No. of Persons	Price per Person
Group Of 1 - 4	USD \$340.00
Group Of 5 - 8	USD \$320.00
Group Of 9 - 12	USD \$300.00
Group Of 13 - 18	USD \$280.00

Note: Our fixed group departure dates, services and price is guaranteed even if the group numbers are 1 person to maximum 18 persons. We will provide a guide cum porter if there is only 1 person to operate the trek and one more assistant guide if group size is above 10 persons. And of course, guide cum porter will carry 10 kg luggage.

Overview Of Royal Trek

The Royal Trek in Nepal is among the **most luxurious treks** in Nepal. They are one of Nepal's shortest treks that follow the Annapurna region's foothills. Compared to other treks in the Annapurna region, the Royal Trek is relatively short and among the most leisurely treks. The Royal Trek gets its name because **Prince Charles and his 90-person group explored this route in the early 1980s**. This trek offers the chance to have meaningful cultural experiences with this region's diverse mix of people and cultures.

The primary inhabitants of the Annapurna region are Gurungs and Magars. Gurungs typically live high up on the hills, raising maize, millet, and rice. The locals use buffalo, the predominant form of cattle, for herding, grazing, dairy, and meat products. The height of pastures can reach **12,500 feet**. Gurungs practice Buddhism. They are typically short and stocky, with mongoloid features. Gurungs speak their language, but the majority also speak Nepali. Many young individuals work in offices at lower altitudes.

Major Trip Highlights Of The Royal Trek

- Explore the majestic Kathmandu city and visit the UNESCO heritage sites of Kathmandu Durbar Square, Pashupatinath, Swayambhunath, and Boudhanath.
- Following in the footsteps of Prince Charles and Nepal's royal families, Luxurious camping in the tranquil Annapurna region is a chance to learn about the daily lives of the locals, their culture, and their cuisine in their diets and value life in its purest form.
- Breathtaking views of the Himalayas, including the 7th-highest Dhaulagiri, the 55-kilometer-long Annapurna massif, Fishtail, Nilgiri, and Hiunchuli peaks.
- The chance to see and find the rare Himalayan plants and animal species in their natural habitat in the Annapurna Conservation Area.
- Visit the majestic Begnas Lake and take plenty of photos that will last your lifetime.
- Explore many temples, monasteries, Ghumbas, and meditation caves and learn about the culture and tradition being preserved for decades.

Weather

January

5°C to 15°C

February

6°C to 16°C

March

8°C to 17°C

April

10°C to 20°C

May

12°C to 22°C

June

15°C to 25°C

July

16°C to 26°C

August

16°C to 26°C

September

14°C to 24°C

October

12°C to 21°C

November

8°C to 17°C

December

6°C to 16°C

Difficulty

The Royal Trekking Trek Difficulty

The Royal trekking is one of the shortest and easiest treks in the Annapurna region. They are the perfect trek for beginners and those who don't have any prior experience. The highest altitude you will be trekking in this trek is just over 1700m. Hence, the chance of Altitude sickness is almost impossible. The other factors of trek difficulty, like weather and climate, will not affect the trekkers, and if you choose the appropriate time for trekking, then a few more factors are neutralized.

However, one factor can make trekking difficult, especially for the less experienced and beginners. The Royal trekking takes about 4-5 days to complete, and the trek still takes place in rural, remote areas. Hence, the trekkers must be physically fit and have at least some endurance to complete the trek without difficulty. You will walk for 5-6 hours on paths that sometimes go up and down. The paths are not too hard, and you don't need a lot of experience to enjoy this journey.

4 Days Royal Trek Itinerary

Day 1: Drive to Bijayapur Khola from Pokhara - Trek to Kalikasthan

After an early breakfast, drive from Pokhara to Bijayapur Khola, the starting point of the trek. The trail starts with a steep climb through terraced fields and villages, offering spectacular views of the Annapurna range. After a few hours of trekking, reach Kalikasthan, a small town with stunning views of the surrounding mountains. Spend the night in a teahouse and enjoy a warm dinner.

Destination:

35km. drive to Bijayapur Khola
- 12km. trek to Kalikasthan (Avg. 4 hrs walk)

Accommodation

Tea House in Kalikasthan

Altitude:

(1,370m/4,495ft)

Meals

Lunch, Dinner

Day 2: Trek to Syaklung

Wake up early and start trekking towards Syaklung, a small Gurung village located at an altitude of 1730m. The trail passes through dense forests and offers breathtaking views of the Himalayan peaks. Reach Syaklung in the afternoon and explore the village. Spend the night in a teahouse and enjoy a traditional Gurung dinner.

Destination:

12km. uphill hike to Syaklung (05 hrs.)

Accommodation

Tea House in Syaklung

Altitude:

(1,730m/5,676ft)

Meals

Breakfast, Lunch, Dinner

Day 3: Trek to Chisapani

After breakfast, start trekking towards Chisapani, a beautiful village at an altitude of 1550m. The trail passes through forests and small towns and offers stunning views of the Himalayan peaks. Reach Chisapani in the afternoon and explore the city. Spend the night in a teahouse and enjoy a warm dinner.

Destination:

13km downhill hike to
Chisapani (Avg. 05 hrs.)

Accommodation

Teahouse in Chisapani

Altitude:

(1,550m/5,086ft)

Meals

Breakfast, Lunch, Dinner

Day 4: Trek to Begnaslake - Drive to Pokhara

Wake up early and start trekking towards Pokhara, which is the endpoint of the trek. The trail passes through beautiful forests and small villages and offers stunning views of the Annapurna range. Reach Pokhara in the afternoon and check into your hotel. Spend the rest of the day exploring the city and relaxing. In the evening, enjoy a farewell dinner with your guide and team.

Destination:

8km. hike to Beganas Lake -
Drive to Pokhara

Altitude:

(850m./2805ft.)

Meals

Breakfast, Lunch

What's Included

- Pick Up and Drop Off at Hotel in Pokhara before/after Trekking .
- All meals (Breakfast, Lunch, Dinner) during the trekking.
- Lodge accommodation (twin share basis) during the trekking.
- One experienced, well trained, fluent English speaking, friendly, specialized in The Royal trekking route and government authorized trekking guide.
- 1 Porter per 2 Trekkers and keep luggage weight under 10kg per person.
- Guide and porters food, accommodation, salary, insurance and transportation .
- Overland transportation as per mentioned in the itinerary.
- ACAP(Annapurna conservation area project) and necessary permits .
- A trekking map, Duffle bags, company t-shirt, first aid medical and trekking completion certificate etc.
- Assistance for emergency rescue evacuation.
- Government tax and service charge.
- Public Liability Insurance.

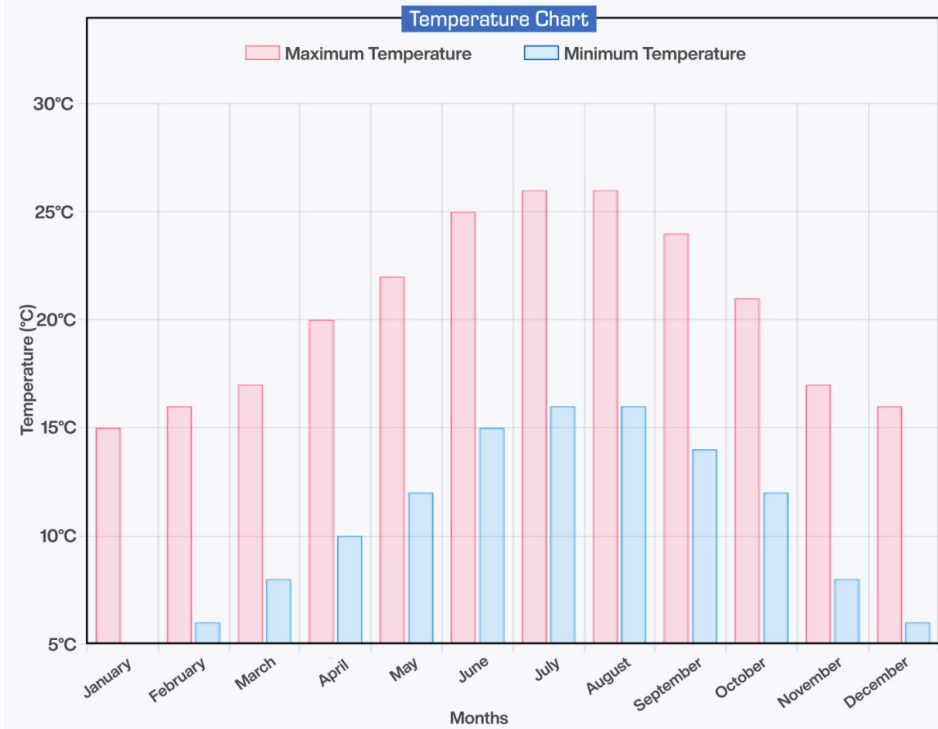
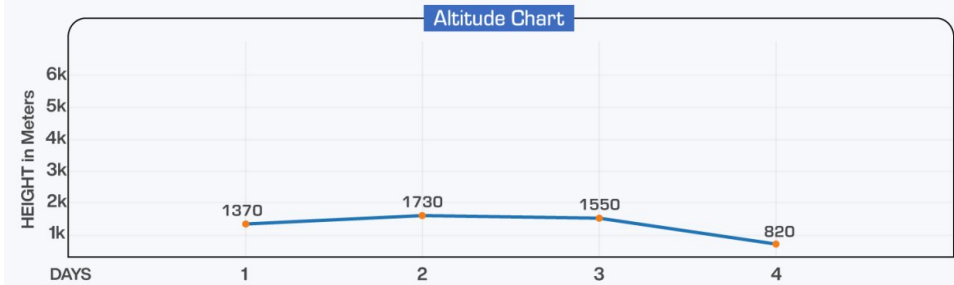
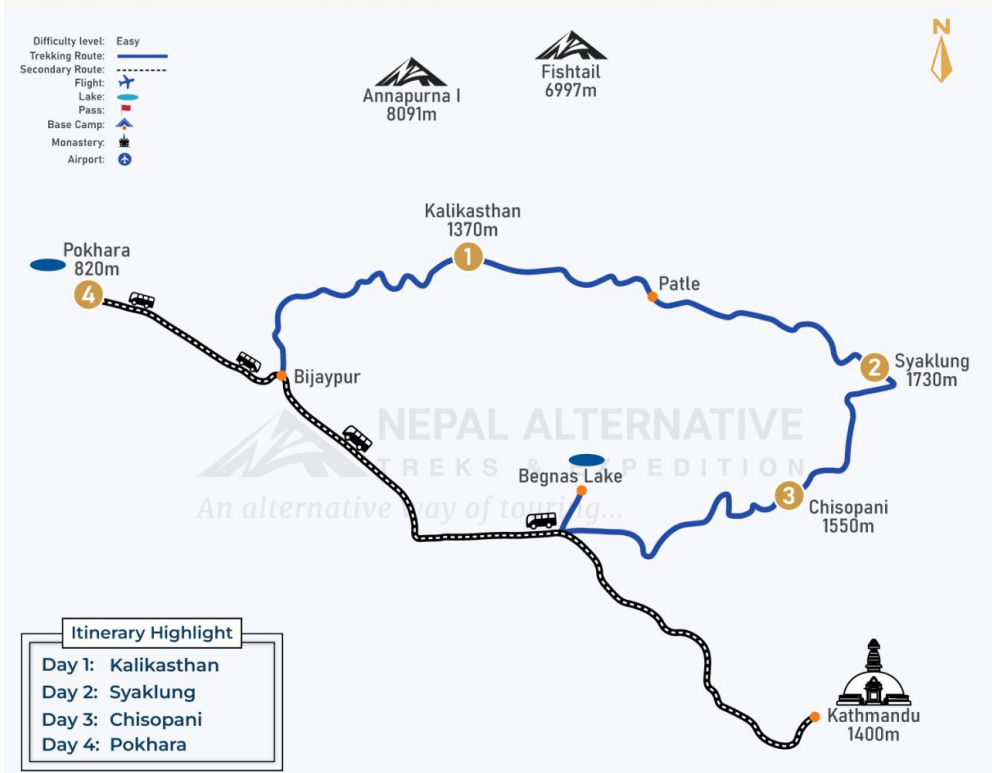
What's Not included

- Hotel accommodation and meals in Kathmandu and Pokhara .
- Hard and soft table drinks such as tea/coffee, coke, fanta, mineral water, alcoholic drinks, laundry,

phone bill etc.

- Personal Travel insurance.
- International Flight Tickets.
- Nepal Tourist Visa Fee
- Tips for guide and porters.(Highly suggested).

The Royal Trek Route Map



Additional Trip Information

What Are The Permits Required For The Royal Trekking

Trekkers in any region in Nepal require permits to trek. Similarly, for royal trekking, the trekkers need one permit, which makes them eligible for trekking. Since The Royal Trekking is located in the Annapurna region, trekkers must issue the **Annapurna Conservation Area Permit or ACAP**.

You can issue the ACAP either at the Nepal Tourism Board in Kathmandu or the tourist center in Pokhara. The cost of the ACAP for anyone visiting the region is around **\$25 or NRS 3,000**.

Lifestyle of local people in The Royal Trekking

The people in this area have a unique way of life that has stayed the same for thousands of years. The Royal Trek is a less crowded trek that lets you get close to nature and the local culture. The paths and bridges are well-maintained, and it's essential to bring warm clothing because the weather can change suddenly.

In addition to the cultural tour & attractions, and scenic mountain views previously mentioned, there are also possibilities of encountering incredible flora and fauna. For instance, in areas characterized by upper sub-alpine steppe, it is possible to observe uncommon animals like **snow leopards and blue sheep**. In certain areas, there are protected birds like the multi-colored impeyan, kokla, and blood pheasant. The Annapurna National Park also protects different species of insects, butterflies, and **over 100 types of orchids**. Furthermore, for the rhododendron lovers, it is the place for the largest rhododendron forest.

Frequently Asked Questions

What is Royal Trekking?

Royal Trekking is a short and easy trekking route that takes you through some of the most beautiful and peaceful landscapes of Pokhara, Nepal. It is called the Royal Trek because Prince Charles of the United Kingdom once trekked this route in the 1980s.

How long is the Royal Trek?

The total distance you will cover in the Royal trek route is about 20-25 km and is among the shortest trek in the Annapurna region. The agency has curated a four- to five-day trekking package for this trek.

What is the difficulty level of the Royal Trek?

The Royal Trek is an easy trek that can be done by anyone with a reasonable level of fitness. The trek involves a few steep ascents and descents, but the trail is well-maintained and not very challenging.

When is the best time to do the Royal Trek?

The best time to do the Royal Trek is from March to May and September to November. During these months, the weather is clear and dry, and Annapurna and Lamjung Valley views are spectacular.

What is the altitude of the Royal Trek?

The highest point of the Royal Trek is 1,730 meters, which is relatively low compared to other trekking routes in Nepal. This makes it an excellent option for those who want to trek without the risk of altitude sickness.

What kind of accommodation is available during the Royal Trek?

During the Royal Trek, you will stay in tea houses or lodges, which offer basic but comfortable accommodation. You can expect a private room with a bed and a shared bathroom.

What kind of food is available during the Royal Trek?

You can expect to find a variety of local and international dishes during the Royal Trek. The most common meals are dal bhat (rice, lentil soup, and vegetables), momos (dumplings), noodles, and fried rice.

Do I need a guide for the Royal Trek?

While it is possible to do the Royal Trek without a guide, we highly recommend hiring one. A guide will ensure your safety and provide valuable information about the local culture and traditions.

What should I pack for the Royal Trek?

You should pack warm clothes, comfortable trekking shoes, a backpack, a sleeping bag, a water bottle, a first aid kit, and sunscreen. Bringing a camera to capture the stunning views is also a good idea.

How much does the Royal Trek cost?

The cost of the Royal Trek varies depending on the number of days and the type of services you opt for. On average, the trek price is around \$500-\$700 per person, including accommodation, meals, and guide fees.

Will I lose weight during the Royal trekking in Nepal?

Yes, you can lose quick weight even before starting your royal trekking by indulging yourself in cardiovascular exercises, such as swimming, exercising, cycling, and hiking in the steep ascents. Since Royal trekking is a quick four to five-day trek, you might lose a few pounds.

How many days does it take to complete the Royal trekking in Nepal?

The Royal Trekking itinerary in Nepal ranges from 4 to 9 days. Remember that the trekking agency has a pre-curated itinerary where you can add or remove the side trekking or activities to increase or decrease the trek duration.

How long does it take to reach Syaklung from Kalikasthan?

On this royal trek in Nepal, you will reach Syaklung on the second day. After the end of the first day, you will begin your trek from Kalikasthan to Syaklung. It takes about 5-6 hours to cover the distance from the two places as they are 187.4 km apart.

Do you need Travel Insurance for the Royal trekking?

Travel insurance is an essential document that protects you from emergency medical bills. Although travel insurance is not mandatory, nor is The Royal Trekking, a very high altitude extreme adventure, it is still wise to issue insurance that will cover you for medical expenses and helicopter rescue if needed.

What is the altitude of Chisapani?

The altitude of Chisapani is 1550m which you will reach in the third day of your itinerary package. You will reach Chisapani from Syaklung in which you will have to decrease some altitude.

Cancellation Policy

We understand that plans can change willy-nilly. However it is our responsibility to ensure fairness and transparency among our customers regarding our cancellation policy. So we kindly request all travelers to carefully review the cancellation and refund policy before confirming their trip.

After your trip starts, we cannot provide a refund for any voluntary withdrawal, cancellation, or early departure by the traveler. This means ***the full amount paid to us will not be refunded after the trip has begun.*** Likewise, if during the trip, any services such as accommodation, sightseeing, meals, transportation, etc. included in the itinerary/trip are not used by the customer, no refunds or reuse will be provided to whatever portion remains unused on the trip.

Also, please note that ***last-minute cancellations are non-refundable.*** You have to understand that many trip arrangements such as accommodation, transportation, permits, guides, and operational logistics are confirmed and pre-booked. Thus, cancellations made at the last minute create non-recoverable costs for the company and so do for our clients. In addition, cancellations made shortly before the departure date or after the trip has started will be considered as last-minute cancellations and will not be eligible for any refund.

Still, the company will use their discretion in setting the conditions for the refunds, therefore, few of the conditions mentioned are subject to change. The company holds every right to cancel the trips booked by the customers before it is guaranteed to run or an official agreement is signed. A trip is guaranteed to run once it has two fully paid travelers unless minimum numbers state otherwise.

Unfortunate circumstances such as unforeseen natural disaster, canceled flights, strike, industrial action, wars, riots, quarantine, government intervention, weather, the deteriorating health condition of a group member, etc. could lead to cancellation of trips. In such cases, the customer can either ask to get back the 90% of the total trip cost paid to the company (13% Government Tax will be deducted) or reuse the cost in an alternative trip with the same price, immediately, in the following season of the same year.

The company will require a written notice in case of any cancellation. Please ensure the date of the trip

cancellation is the date on which the written cancellation is received by the company. If you cancel the trip anytime prior to the departure date of the actual trip, 90% of the total cost is reusable for a year or refund.

Trip Amendment

First and foremost, please note that all the amendment conditions are applied to the trips listed on this site only. Below are a few notes to take about the amendment fees in case of any changes during, while, or after the booking:

If the company receives a request on the booking amendments at least 60 days prior to the trip, a total of USD 50/person is charged to the customer. However, if the customer's request for a booking amendment in less than 60 days before the trip departure, then the charges will be as per the cancellation policy mentioned above. In case of any changes in the price of the trip during the procedure of booking and the amendments, the new cost will be applied to the trips. Please note that these changes might not be applied by the company, but can be levied upon the company by the third parties i.e. the hotels or the service providers working with the company.

Any changes, amendments, or additions in aggregation to the trips you have booked, for example, hotels, transfers, additional days, etc. will account for no additional fee.

Health Conditions

Nepal Alternative Treks places the highest priority on the safety and well-being of all travelers. We need to ensure the traveler's well-being and health condition at the time of booking. While travelers can participate without medical documentation, those with chronic illnesses or long-term medical conditions must obtain a doctor's consent before joining the trip. This is to ensure their health is not badly affected during the adventure and that they can safely enjoy the journey.

The company will not be responsible for any type of mishaps and will not bear the medical and evacuation expenses on behalf of the participant. Therefore, we request our clients to consult their doctors for a thorough checkup and vaccination before booking a trip with us. In addition, clients with specific health needs or concerns should inform the Company in advance. This allows us to provide guidance and, if required, arrange additional services to make the trip safer and more comfortable. If needed, clients may also request additional services related to the length of the trip or stay in the country of travel.

Weather and other unfavorable conditions

Clients should be well aware of the unpredictability of the weather conditions in the mountainous regions. The unfortunate weather conditions, especially in the Everest, Jomsom, and Kanchenjunga regions, can sometimes lead to unfavorable circumstances that include delay or cancellation of flights. The Company will cover the expenses of accommodations and food in the departing location until the arrangement of flights is done. However, the Company holds every right to reroute the original trip or transports which will be in favor of the situation without any addition in the cost. Please note that the company will not be responsible for any missed international flights, losses caused by Altitude Sickness, or any other unpredictable circumstances, and the participants will have to pay all the charges incurred. Nonetheless, the Company will connect and assist you to make the necessary alternative arrangements,

but, the additional charge will be covered by the customers themselves.

Regardless of stating every condition and information about the trips on the website and brochures of the Company, we will not be responsible for the unforeseeable situations that may arise before or during the trips. The Company will, however, try its level best to give prior notice about it and take alternate strategies to deal with it. These booking conditions may only be waived in special circumstances, and in writing, by a letter from the Chief of the Company. Note that all the legal agreements set up and signed between the client and the Company shall be subjected to and governed by the Nepalese law.

Note: All the Terms and Conditions mentioned are prepared as per the laws of the Government of Nepal and is governed by them. Therefore, only the head of the Company gets to intervene and holds the authority to make any amendments.

Address

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